

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
Women 11 Free								
1	2:19.30 L	F	Mykae Forrest	18	FSE KCD	12/11/2022	Baynesfield Open Water KZN	
2	9:06.36 L	F	Emma Carmody	18	SGUL ETH	14/01/2023	Baynesfiels #2 Open Water KZN	
Women 50 Free								
1	26.81 L	F	Tumaini Macdonell	18	ECA BUF	12/04/2023	SA National Aquatic SNR-Champ 202	
2	26.99 L S	P	Hannah Robertson	18	MDOL EKU	08/12/2022	EGA Summer Champs 2022	
3	27.10 L	P	Anieke Helmand	AR	BLOT MAN	16/12/2022	KZNA Premier Provincial Championships	
4	27.43 L	P	Tayla Jonker	18	AGC FSH	12/04/2023	SA National Aquatic SNR-Champ 202	
5	27.64 L	F	Simone Moll	18	BAS EKU	21/10/2022	EGA Summer 2 2022	
6	27.68 L	F	Lise Coetzee	18	TUKS FSH	09/12/2022	NTS Championships 2022	
7	27.85 L S	P	Emma Kuhn	18	VINE CPT	25/06/2022	PEA Winter Gala 2022	
8	27.95 L	F	Leah Christie	18	WCA CPT	21/04/2023	SA Schools Swimming Championship	
9	27.97 L	F	Ambrin Pienaar	18	ACSA ETH	01/07/2022	Prestige Tournament 2022	
10	28.01 L	F	Jolene Cornelius	18	TUKS FSH	02/12/2022	2022 The Tshwane Mayoral Gala	
11	28.21 L	P	Corinna Meyer	18	PSC FSH	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
12	28.30 L	P	Ashley Henegan	18	AGA EKU	12/04/2023	SA National Aquatic SNR-Champ 202	
13	28.38 L	F	Luchelle Oosthuizen	18	KOVS MAN	24/09/2022	Bull-Sharks Gala	
14	28.47 L	F	Hannah Cromhout	18	TUKS FSH	09/12/2022	NTS Championships 2022	
15	28.55 L	F	Chazél Orton	18	POTC KKD	07/12/2022	NWS Championships 2022/2023	
16	28.74 L	P	Maxine Boyce	18	AGC FSH	12/04/2023	SA National Aquatic SNR-Champ 202	
17	28.81 L S	F	Savannah Voigt	18	SAAW CPT	25/06/2022	PEA Winter Gala 2022	
18	28.93 L	P	Jessica Meter	18	SEAL UMD	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
19	28.98 L S	P	Emma Michell	18	LALE CED	09/12/2022	Western Cape LC-A Championship 20	
20	29.10 L	P	Tiana Köpplinger	18	TUKS FSH	09/12/2022	NTS Championships 2022	
21	29.12 L	F	Anandi Botha	18	BLNE MAN	06/12/2022	Free State Champs 2022	
22	29.20 L	P	Sime Bekker	18	KZNA ETH	12/04/2023	SA National Aquatic SNR-Champ 202	
23	29.26 L	F	Tara Uys	18	TYGE CPT	03/09/2022	CTA Qualifying Meet #4	
24	29.35 L	F	Bernelee Doster	18	MDOL EKU	06/01/2023	2023 Grand Prix Invitation Swimming I	
25	29.50 L	F	Kara Fourie	18	LAD UTD	31/03/2023	SA Level 3 Regional Age Group Chan	
26	29.59 L	F	Erin Daffarn	18	VINE CPT	31/03/2023	SA Level 3 Regional Age Group Chan	
27	29.63 L	P	Lisa Kleyn	18	TUKS FSH	09/12/2022	NTS Championships 2022	
28	29.67 L	F	Kate Tinley	18	ROA EDD	10/02/2023	Infinity Gala 2023	
29	30.01 L	P	Zara Kleinhans	18	AQDO CPT	24/02/2023	Western Cape Elite Gala	
30	30.10 L	P	Amori Potgieter	18	POTC KKD	07/12/2022	NWS Championships 2022/2023	
31	30.11 L	P	Kiara Bester	18	TUKS FSH	09/12/2022	NTS Championships 2022	
32	30.17 L	P	Kiannah Clarke	18	RFA FSH	09/12/2022	NTS Championships 2022	
33	30.25 L	F	Caylin Gous	18	FAAC FBD	03/02/2023	NCASA SPRINTS - 3 & 4 FEBRUARY	
34	30.30 L	F	Jenna Renecke	18	VINE CPT	28/01/2023	Winelands SL Final	
35	30.40 L	F	Alex Truter	18	BEAV ETH	16/12/2022	KZNA Premier Provincial Championsh	
36	30.49 L	F	Chanel Fourie	18	AA JHB	08/10/2022	NTS Sprint Gala	
37	30.54 L S	P	Ashleë Pretorius	18	SSISA CPT	09/12/2022	Western Cape LC-A Championship 20	
38	30.55 L	P	Yvonne Botha	18	LP CC	21/04/2023	SA Schools Swimming Championship	
39	30.58 L	F	Gabriella de Beer	18	MATL KKD	07/12/2022	NWS Championships 2022/2023	
40	30.63 L S	P	Kerryn Benade	18	SSISA CPT	09/12/2022	Western Cape LC-A Championship 20	
41	30.64 L	P	Zaria Fourie	18	LP CC	21/04/2023	SA Schools Swimming Championship	
42	30.65 L S	P	Rachel O' Grady	18	CA EKU	08/12/2022	EGA Summer Champs 2022	
43	30.66 L	F	Haylee Vd Merwe	18	QUIC CPT	04/11/2022	CTA CHAMPS 2022	
44	30.68 L	F	Kayla Gouws	18	TUKS FSH	28/10/2022	NTS October SARJ+ Age Group Gala	
45	30.84 L	F	Aimee Langenhoven	18	AACTA CPT	07/10/2022	41st Freda Barnard Invitational Gala	
46	30.85 L	F	Kelsey Chiang	18	CYBE CPT	07/10/2022	41st Freda Barnard Invitational Gala	
47	30.89 L	F	Emmanuella Ambrosio	18	SEAL UMD	25/11/2022	WSC & Seals Summer LC Champs 20	
48	31.06 L	F	Anneke van Eeden	18	HREF BPD	07/12/2022	NWS Championships 2022/2023	
49	31.09 L	P	Megan Bulose	18	QUIC CPT	24/02/2023	Western Cape Elite Gala	
50	31.15 L	P	Megan Cronje	18	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202	
51	x31.15 L	P	Amani Ismail	18	ATLA JHB	02/03/2023	SA Level 2 Regional Age Group Cham	
52	31.20 L S	P	Erin Haslehurst	18	PGAC EKU	08/12/2022	EGA Summer Champs 2022	
53	31.28 L	P	Ayanda Tshabalala	18	HPS FSH	02/03/2023	SA Level 2 Regional Age Group Cham	
54	31.36 L	F	Cherise Swartz	18	TONAU CCD	08/09/2022	Limpopo Interhoer (Capricorn Distrik)	

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 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
55	31.50 L	F	Megan Africa	18	MARL CPT	18/02/2023	Swartland Invitational Gala 2023
56	31.56 L	F	Megan Adams	18	SOUL EKU	21/10/2022	EGA Summer 2 2022
57	31.64 L	F	Cheney Le Roux	18	KTS	07/12/2022	NCASA CHAMPS 2022
58	31.75 L	F	Scarlett Botes	18	AACTA CPT	18/02/2023	Swartland Invitational Gala 2023
59	31.78 L	P	Anika Rossouw	18	POTC KKD	07/12/2022	NWS Championships 2022/2023
60	31.95 L	P	Enrika Lubbe	18	BS LLD	06/12/2022	Free State Champs 2022
61	32.03 L	P	Cherna' Fouche	18	BETH FDD	06/12/2022	Free State Champs 2022
62	32.10 L	F	Milche Mulder	18	NHS EZD	22/02/2023	EHLANZENI INTER HIGH GALA 22 FI
63*	32.17 L	F	Kayla O'Connor	18	AWIN TSH	08/10/2022	NTS Sprint Gala
63*	32.17 L S	P	Santana Van Der Zandt	18	SOUL EKU	08/12/2022	EGA Summer Champs 2022
65	32.19 L	F	Joanica Kriegler	18	WCA CPT	19/03/2023	2023 TOYOTA SASAPD CHAMPIONS
66	32.30 L	F	Amy-Lee Drake	18	BCA BUF	28/01/2023	NMBA Intra-District Championship
67	32.34 L	F	Donia Smit	18	SS MPD	02/12/2022	Limpopo Champs
68	32.38 L	P	Gabriella Benjamin	18	SEAL UMD	31/03/2023	SA Level 3 Regional Age Group Chan
69	32.41 L	F	Liandri De Bruin	18	HBV MPD	15/10/2022	Limpopo Top 10 - High Schools
70	32.56 L	F	Noxolo Dzanibe	18	TLAC BPD	07/12/2022	NWS Championships 2022/2023
71	32.60 L	F	Zarah Abrahams	18	SSISA CPT	24/09/2022	CTA Qualifying Meet #5
72	32.71 L	F	Anastasia Sommer	18	HPHS BUF	25/02/2023	Eastern Cape Schools Swimming Trial
73	32.73 L	F	Caitlin De Beer	18	MDOL EKU	20/01/2023	EGA Last Chance Galal
74	32.78 L	P	Emma Gordon	18	SEAL UMD	01/07/2022	Prestige Tournament 2022
75	33.04 L	F	Caitlin Cunningham	18	TUKS TSH	02/12/2022	2022 The Tshwane Mayoral Gala
76	33.36 L	F	Jancke Potgieter	18	FISH EDD	07/10/2022	41st Freda Barnard Invitational Gala
77*	33.60 L	P	Jessica Lazarou	18	AWSC JHB	02/03/2023	SA Level 2 Regional Age Group Cham
77*	33.60 L S	P	Zanté Beyers	18	CA EKU	08/12/2022	EGA Summer Champs 2022
79	33.61 L	F	Corlia Van Zyl	18	UPSK	05/11/2022	AGE GROUP 2 UPINGTON 2022
80	33.65 L	F	Amelia Booth	18	SS MPD	02/12/2022	Limpopo Champs
81	33.74 L S	P	Danieka Bekker	18	JAQ EKU	08/12/2022	EGA Summer Champs 2022
82	33.83 L	F	Sienna Pellizzon	18	BAS EKU	21/10/2022	EGA Summer 2 2022
83	33.94 L	F	Amore Viljoen	18	HFDT MPD	15/10/2022	Limpopo Top 10 - High Schools
84	34.08 L	F	Ra-eesa Jephta	18	MANT CPT	03/09/2022	CTA Qualifying Meet #4
85	34.17 L	F	Minke Janse Van Rensburg	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202
86	34.27 L	F	Shannon Carr	18	MANT CPT	21/01/2023	CTA Qualifying Meet #7
87	34.54 L	F	Emmerentia Botha	18	HPP BUF	15/10/2022	Limpopo Top 10 - High Schools
88	34.65 L	F	Antionette Malherbe	18	SWAR WCD	11/11/2022	Swartland Prestige Gala 2022
89	34.94 L	F	Rivkah Van der Merwe	18	ROA EDD	05/11/2022	EDEN 3rd A-League Gala 2022
90	35.01 L	F	Surélma Greeff	18	HARB BPD	26/11/2022	NWS Age Group 3 2022/23
91	35.26 L	F	Alisha Stanfley	18	FAAC FBD	07/12/2022	NCASA CHAMPS 2022
92	35.35 L	F	Courtney Badenhorst	18	MARL CPT	24/09/2022	CTA Qualifying Meet #5
93	35.80 L	F	Famke Zeeman	18	MANT CPT	12/11/2022	CTA B CHAMPS
94	37.01 L	F	Natalia Minichiello	18	FSE KCD	10/12/2022	KCDA December Age Goup Gala 2022
95	38.04 L	F	Erin Carter	18	EVO CPT	24/09/2022	CTA Qualifying Meet #5
96	38.25 L	F	Robyn Bruton	18	PENC EZD	22/02/2023	EHLANZENI INTER HIGH GALA 22 FI
97	38.54 L	P	Abigajil Wilson	18	EXA EZD	02/12/2022	Mpumalanga Championships 2022
98	39.22 L	F	Ketso Mohapi	18	COSM JHB	02/10/2022	2022 AG Swim Stars 14&Over
99	39.33 L	F	Aaliyah Desai	18	MSC NGD	11/03/2023	SSA LEVEL 1 REGIONAL CHAMPS 2
100	42.02 L	F	Isabelle Ferreira	CR	ROB EZD	14/10/2022	MP AGE GROUP 2 GALA 14-15 OCT
101	45.34 L	F	Cailyn Frazer	18	ELSC JHB	02/10/2022	2022 AG Swim Stars 14&Over
102	45.38 L	F	Lesego Mela	18	ONYX EKU	31/03/2023	SA Level 3 Regional Age Group Chan
Women 100 Free							
1	57.95 L	F	Hannah Robertson	18	MDOL EKU	01/07/2022	Prestige Tournament 2022
2	58.95 L	F	Emma Kuhn	18	VINE CPT	03/03/2023	2023 Grand Prix 2 Invitational Meet - K
3	59.09 L	P	Tumaini Macdonell	18	ECA BUF	12/04/2023	SA National Aquatic SNR-Champ 202
4	59.40 L	F	Luchelle Oosthuizen	18	KOVA MAN	16/12/2022	KZNA Premier Provincial Championshi
5	59.61 L	F	Lise Coetzee	18	TUKS TSH	09/12/2022	NTS Championships 2022
6	1:00.07 L	F	Ambrin Pienaar	18	ACSA ETH	16/12/2022	KZNA Premier Provincial Championshi
7	1:00.66 L	F	Anieke Helmand	AR	BLOT MAN	22/10/2022	Otters Prestige Gala 2022
8	1:00.70 L S	F	Chazél Orton	18	POTC KKD	03/10/2022	Sasolburg Swim Club Invitational Gala
9	1:00.82 L	F	Tayla Jonker	18	PSC TSH	09/12/2022	NTS Championships 2022
10	1:01.10 L	F	Catherine Van Rensburg	18	TUKS TSH	03/02/2023	NTS January Lev 3+ Age Group Gala :

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Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
11	1:01.12	L	F	Hannah Cromhout	18	TUKS	FSH	09/12/2022 NTS Championships 2022
12	1:01.44	L	P	Simeï Bekker	18	KLOO	ETH	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
13	1:01.90	L	P	Maxine Boyce	18	AGC	FSH	12/04/2023 SA National Aquatic SNR-Champ 202
14	1:01.99	L	P	Jolene Cornelius	18	AGC	FSH	12/04/2023 SA National Aquatic SNR-Champ 202
15	1:02.09	L	P	Leah Christie	18	CUDU	CPT	24/02/2023 Western Cape Elite Gala
16	1:02.11	L	P	Corinna Meyer	18	PSC	FSH	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
17	1:02.20	L	P	Bernelee Doster	18	AGA	EKU	12/04/2023 SA National Aquatic SNR-Champ 202
18	1:02.22	L	F	Tara Uys	18	TYGE	CPT	09/12/2022 Western Cape LC-A Championship 20
19	1:02.23	L	F	Leigh McMorrán	18	AA	JHB	25/02/2023 CGA Level 3+ Last Chance gala
20	1:02.28	L	P	Savannah Voigt	18	SAAW	CPT	25/06/2022 PEA Winter Gala 2022
21	1:02.34	L	P	Ashley Henegan	18	AGA	EKU	12/04/2023 SA National Aquatic SNR-Champ 202
22	1:02.43	L	P	Simone Moll	18	BAS	EKU	08/12/2022 EGA Summer Champs 2022
23	1:02.48	L	F	Mykae Forrest	18	ACSA	ETH	01/07/2022 Prestige Tournament 2022
24	1:02.49	L	P	Jessica Meter	18	SEAL	UMD	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
25	1:02.61	L	F	Chanel Fourie	18	AA	JHB	25/02/2023 CGA Level 3+ Last Chance gala
26	1:02.79	L	P	Emma Michell	18	WCA	CPT	12/04/2023 SA National Aquatic SNR-Champ 202
27	1:03.55	L	F	Zara Kleinhans	18	AQDO	CPT	09/12/2022 Western Cape LC-A Championship 20
28	1:03.87	L	P	Erin Daffarn	18	VINE	CPT	31/03/2023 SA Level 3 Regional Age Group Chan
29	1:03.91	L	F	Jordan Buffel	18	TRAZ	FSH	31/03/2023 SA Level 3 Regional Age Group Chan
30	1:04.14	L	P	Lisa Kleyn	18	TUKS	FSH	09/12/2022 NTS Championships 2022
31	1:04.22	L	F	Hannah Neilson	18	MATI	CED	09/12/2022 Western Cape LC-A Championship 20
32	1:04.81	L	F	Caylin Gous	18	FAAC	FBD	03/02/2023 NCASA SPRINTS - 3 & 4 FEBRUARY
33	1:04.90	L	P	Lezanne De Villiers	18	WCA	CPT	12/04/2023 SA National Aquatic SNR-Champ 202
34	1:05.22	L	F	Kayla Gouws	18	TUKS	FSH	28/10/2022 NTS October SARJ+ Age Group Gala
35	1:05.33	L	P	Kate Tinley	18	ROA	EDD	09/12/2022 Western Cape LC-A Championship 20
36	1:05.36	L	F	Gabriella de Beer	18	MATL	KKD	07/12/2022 NWS Championships 2022/2023
37	1:05.59	L	F	Amori Potgieter	18	POTC	KKD	31/03/2023 SA Level 3 Regional Age Group Chan
38	1:05.66	L	F	Ashleë Pretorius	18	SSISA	CPT	04/11/2022 CTA A CHAMPS 2022
39	1:05.76	L	F	Alex Truter	18	BEAV	ETH	31/03/2023 SA Level 3 Regional Age Group Chan
40	1:06.46	L	F	Anandi Botha	18	BLNE	MAN	21/01/2023 PELICAN NEPTUNE GALA
41	1:06.52	L	F	Jenna Renecke	18	VINE	CPT	31/03/2023 SA Level 3 Regional Age Group Chan
42	1:06.60	L	F	Kara Fourie	18	LAD	UTD	04/02/2023 Uthukela District Age Group Gal 4 Feb
43	1:06.76	L	P	Haylee Vd Merwe	18	QUIC	CPT	31/03/2023 SA Level 3 Regional Age Group Chan
44	1:07.05	L	F	Kelsey Chiang	18	CYBE	CPT	07/10/2022 41st Freda Barnard Invitational Gala
45	x1:07.13	L	P	Amani Ismail	18	ATLA	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
46	1:07.74	L	P	Megan Cronje	18	WATR	JHB	01/12/2022 CGA LC Summer Championships Leve
47	1:07.78	L	F	Rachel O' Grady	18	CA	EKU	20/01/2023 EGA Last Chance Galal
48	1:07.79	L	F	Zaria Fourie	18	TKS	WBD	02/12/2022 Limpopo Champs
49	1:07.88	L	P	Kiannah Clarke	18	RFA	FSH	09/12/2022 NTS Championships 2022
50	1:08.09	L	F	Kara Cilliers	18	QSAW	CED	24/09/2022 CTA Qualifying Meet #5
51	1:08.15	L	F	Madison Mayos	18	TRAZ	FSH	02/12/2022 2022 The Tshwane Mayoral Gala
52	1:08.17	L	P	Kerryn Benade	18	SSISA	CPT	09/12/2022 Western Cape LC-A Championship 20
53	1:08.29	L	F	Yvonne Botha	18	SS	MPD	02/12/2022 Limpopo Champs
54	1:08.44	L	P	Erin Haslehurst	18	PGAC	EKU	08/12/2022 EGA Summer Champs 2022
55	1:08.85	L	F	Caitlin De Beer	18	MDOL	EKU	20/01/2023 EGA Last Chance Galal
56	1:09.35	L	F	Aimee Langenhoven	18	AACTA	CPT	07/10/2022 41st Freda Barnard Invitational Gala
57	1:09.45	L	F	Cheney Le Roux	18	KTS		03/02/2023 NCASA SPRINTS - 3 & 4 FEBRUARY
58	1:09.50	L	F	Joanica Kriegler	18	WCA	CPT	12/04/2023 SA National Aquatic SNR-Champ 202
59	1:09.56	L	P	Santana Van Der Zandt	18	SOUL	EKU	31/03/2023 SA Level 3 Regional Age Group Chan
60	1:09.63	L	F	Anneke van Eeden	18	HREF	BPD	07/12/2022 NWS Championships 2022/2023
61	1:09.66	L	P	Megan Bulose	18	QUIC	CPT	24/02/2023 Western Cape Elite Gala
62	1:09.76	L	F	Zarah Abrahams	18	SSISA	CPT	24/09/2022 CTA Qualifying Meet #5
63	1:09.98	L	F	Cherise Swartz	18	ACAQ	CCD	02/12/2022 Limpopo Champs
64	1:10.18	L	F	Anika Rossouw	18	POTC	KKD	07/12/2022 NWS Championships 2022/2023
65	1:10.22	L	P	Megan Adams	18	SOUL	EKU	08/12/2022 EGA Summer Champs 2022
66	1:10.89	L	F	Emmanuella Ambrosio	18	SEAL	UMD	25/11/2022 WSC & Seals Summer LC Champs 20
67	1:11.16	L	P	Milche Mulder	18	MP	EZ	21/04/2023 SA Schools Swimming Championship
68	1:11.18	L	F	Cameron Butler	18	SUPE	JHB	01/12/2022 CGA LC Summer Championships Leve
69	1:11.26	L	F	Anastasia Sommer	18	HPHS	BUF	25/02/2023 Eastern Cape Schools Swimming Trial

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
70	1:12.13	L	F	Donia Smit	18	SS MPD	12/11/2022 Limpopo Age Group 5
71	1:12.22	L	F	Noxolo Dzanibe	18	TLAC BPD	03/03/2023 SA Level 2 Regional Age Group Cham
72	1:12.27	L	F	Liandri De Bruin	18	HBV MPD	15/10/2022 Limpopo Top 10 - High Schools
73	1:12.29	L	F	Emma Gordon	18	SEAL UMD	01/07/2022 Prestige Tournament 2022
74	1:12.46	L	F	Antionette Malherbe	18	SWAR WCD	11/11/2022 Swartland Prestige Gala 2022
75	1:13.04	L	P	Danieka Bekker	18	JAQ EKU	08/12/2022 EGA Summer Champs 2022
76	1:13.87	L	F	Alisha Stanfley	18	FAAC FBD	07/10/2022 FLAMINGO GALA OCT 2022
77	1:13.97	L	F	Megan Africa	18	MARL CPT	18/02/2023 Swartland Invitational Gala 2023
78	1:14.06	L	F	Caitlin Cunningham	18	TUKS TSH	27/01/2023 NTS Janaury Lev 1+2 Age Group Gala
79	1:14.51	L	F	Amelia Booth	18	SS MPD	02/12/2022 Limpopo Champs
80	1:14.53	L	F	Enrika Lubbe	18	BS LLD	03/03/2023 SA Level 2 Regional Age Group Cham
81	1:14.69	L	F	Amy-Lee Drake	18	USC BUF	02/12/2022 BCA Long Course Championships 202
82	1:14.75	L	F	Cherna' Fouche	18	BETH FDD	06/12/2022 Free State Champs 2022
83	1:14.81	L	P	Zanté Beyers	18	CA EKU	08/12/2022 EGA Summer Champs 2022
84	1:15.79	L	F	Shannon Carr	18	MANT CPT	21/01/2023 CTA Qualifying Meet #7
85	1:16.00	L S	F	Amy Clarke	18	FLOD JHB	03/10/2022 Sasolburg Swim Club Invitational Gala
86	1:16.34	L	F	Iona Neethling	18	WOAQ CED	03/09/2022 CTA Qualifying Meet #4
87	1:16.57	L	F	Corlia Van Zyl	18	UPSK	15/10/2022 AGE GROUP 1 UPINGTON 2022
88	1:16.67	L	F	Ayanda Tshabalala	18	HPS TSH	21/10/2022 NTS October Lev 3 Age Group Gala 21
89	1:17.08	L	F	Ra-eesa Jephtha	18	MANT CPT	04/11/2022 CTA A CHAMPS 2022
90	1:17.39	L	F	Kay-Lee Hall	18	WELA LLD	29/10/2022 Neptune Gala
91	1:17.60	L	P	Surëlma Greeff	18	HARB BPD	07/12/2022 NWS Championships 2022/2023
92	1:17.61	L	F	Minke Janse Van Rensburg	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
93	1:18.11	L	F	Amore Viljoen	18	HFDT MPD	15/10/2022 Limpopo Top 10 - High Schools
94	1:22.39	L	F	Rivkah Van der Merwe	18	ROA EDD	05/11/2022 EDEN 3rd A-League Gala 2022
95	1:22.48	L	P	Sienna Pellizzon	18	BAS EKU	08/12/2022 EGA Summer Champs 2022
96	1:22.98	L	F	Famke Zeeman	18	MANT CPT	12/11/2022 CTA B CHAMPS
97	1:24.35	L	F	Zoe Richards	18	VRY ZLD	29/10/2022 Amajuba District Age Group 4 29 Oct
98	1:26.05	L	P	Aaliyah Desai	18	MSC NGD	02/12/2022 Mpumalanga Championships 2022
99	1:26.60	L	F	Erin Carter	18	EVO CPT	24/09/2022 CTA Qualifying Meet #5
100	1:27.57	L	F	Natalia Minichiello	18	FSE KCD	26/11/2022 KCDA November Age Group Gala 202
101	1:30.36	L	F	Ketso Mohapi	18	COSM JHB	02/10/2022 2022 AG Swim Stars 14&Over
102	1:32.33	L	P	Abigajil Wilson	18	EXA EZD	02/12/2022 Mpumalanga Championships 2022
103	1:36.07	L	F	Zinta Van Staden	18	HE WBD	15/10/2022 Limpopo Top 10 - High Schools
104	1:43.38	L	P	Lesego Mela	18	ONYX EKU	31/03/2023 SA Level 3 Regional Age Group Chan
105	1:47.00	L	F	Cailyn Frazer	18	ELSC JHB	02/10/2022 2022 AG Swim Stars 14&Over
Women 200 Free							
1	2:05.21	L	F	Catherine Van Rensburg	18	AGC TSH	12/04/2023 SA National Aquatic SNR-Champ 202
2	2:05.22	L	F	Hannah Robertson	18	MDOL EKU	01/07/2022 Prestige Tournament 2022
3	2:06.29	L	P	Lise Coetzee	18	AGC TSH	12/04/2023 SA National Aquatic SNR-Champ 202
4	2:08.20	L	F	Emma Kuhn	18	VINE CPT	21/01/2023 CTA Qualifying Meet #7
5	2:08.37	L	P	Ambrin Pienaar	18	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
6	2:10.67	L	F	Chazél Orton	18	POTC KKD	03/10/2022 Sasolburg Swim Club Invitational Gala
7	2:11.21	L	P	Tumaini Macdonell	18	ECA BUF	12/04/2023 SA National Aquatic SNR-Champ 202
8	2:11.47	L	P	Leigh McMorrnan	18	AGB JHB	12/04/2023 SA National Aquatic SNR-Champ 202
9	2:11.55	L	F	Mykae Forrest	18	ACSA ETH	25/11/2022 WSC & Seals Summer LC Champs 20
10	2:14.12	L	P	Hannah Neilson	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
11	2:15.50	L	F	Jessica Meter	18	SEAL UMD	01/07/2022 Prestige Tournament 2022
12	2:16.15	L S	F	Lisa Kleyn	18	TUKS TSH	09/12/2022 NTS Championships 2022
13	2:17.12	L	F	Tara Uys	18	TYGE CPT	09/12/2022 Western Cape LC-A Championship 20
14	2:17.26	L	P	Leah Christie	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
15	2:17.33	L	P	Emma Michell	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
16	2:17.83	L	F	Maxine Boyce	18	TUKS TSH	24/02/2023 NTS February Lev 3+ Age Group Gala
17	2:17.93	L	P	Simek Bekker	18	KLOO ETH	16/12/2022 KZNA Premier Provincial Championsh
18	2:18.25	L	F	Zara Kleinhans	18	AQDO CPT	04/11/2022 CTA A CHAMPS 2022
19	2:18.65	L	F	Anieke Helmand	AR	BLOT MAN	22/10/2022 Otters Prestige Gala 2022
20	2:18.68	L	P	Bernelee Doster	18	MDOL EKU	08/12/2022 EGA Summer Champs 2022
21	2:21.30	L	F	Caylin Gous	18	NCASA	28/01/2023 4 + 1 Inter Provincial Gala 2023
22	2:21.61	L	F	Chanel Fourie	18	AA JHB	01/12/2022 CGA LC Summer Championships Lev

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
23	2:21.77	L	F	Ashleë Pretorius	18	SSISA CPT	24/09/2022 CTA Qualifying Meet #5
24	2:22.45	L	P	Ashley Henegan	18	RAV EKU	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
25	2:22.95	L	F	Haylee Vd Merwe	18	QUIC CPT	31/03/2023 SA Level 3 Regional Age Group Cham
26	2:23.37	L	F	Kara Cilliers	18	QSAW CED	15/10/2022 CTA Qualifying Meet #6
27	2:23.62	L	F	Erin Daffarn	18	VINE CPT	31/03/2023 SA Level 3 Regional Age Group Chan
28	2:23.97	L	F	Kate Tinley	18	ROA EDD	13/01/2023 Eastern Cape Aquatics LC Champs 20
29	2:24.74	L	F	Jolene Cornelius	18	TUKS TSH	24/02/2023 NTS February Lev 3+ Age Group Gala
30	2:25.25	L	P	Tumelo Thelejane	18	OLDE JHB	31/03/2023 SA Level 3 Regional Age Group Chan
31	2:25.29	L	P	Jordan Buffel	18	TRAZ TSH	31/03/2023 SA Level 3 Regional Age Group Chan
32	x2:25.57	L	P	Amani Ismail	18	ATLA JHB	02/03/2023 SA Level 2 Regional Age Group Cham
33	2:26.07	L	P	Kerryn Benade	18	SSISA CPT	09/12/2022 Western Cape LC-A Championship 20
34	2:26.58	L	F	Gabriella de Beer	18	MATL KKD	07/12/2022 NWS Championships 2022/2023
35	2:26.69	L	P	Erin Haslehurst	18	PGAC EKU	31/03/2023 SA Level 3 Regional Age Group Chan
36	2:28.26	L	P	Kelsey Chiang	18	CYBE CPT	24/02/2023 Western Cape Elite Gala
37	2:28.32	L	P	Rachel O' Grady	18	CA EKU	31/03/2023 SA Level 3 Regional Age Group Chan
38	2:28.56	L	F	Cheney Le Roux	18	KTS	03/02/2023 NCASA SPRINTS - 3 & 4 FEBRUARY
39	2:28.72	L	P	Amori Potgieter	18	POTC KKD	31/03/2023 SA Level 3 Regional Age Group Chan
40	2:29.58	L	P	Jenna Renecke	18	VINE CPT	31/03/2023 SA Level 3 Regional Age Group Chan
41	2:30.71	L	F	Lezanne De Villiers	18	PLAY CED	13/11/2022 Winelands Summer League 4
42	2:32.56	L	F	Scarlett Botes	18	AACTA CPT	18/02/2023 Swartland Invitational Gala 2023
43	2:33.20	L	F	Stephanie Baigrie	18	PER JHB	25/02/2023 CGA Level 3+ Last Chance gala
44	2:33.62	L	P	Joanica Kriegler	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
45	2:33.68	L	F	Zaria Fourie	18	TKS WBD	02/12/2022 Limpopo Champs
46	2:33.84	L	F	Caitlin De Beer	18	MDOL EKU	20/01/2023 EGA Last Chance Galal
47	2:34.21	L	F	Anandi Botha	18	BLNE MAN	22/10/2022 Others Prestige Gala 2022
48	2:34.27	L	P	Santana Van Der Zandt	18	SOUL EKU	08/12/2022 EGA Summer Champs 2022
49	2:34.53	L	F	Madison Mayos	18	TRAZ TSH	02/12/2022 2022 The Tshwane Mayoral Gala
50	2:35.21	L	F	Aimee Langenhoven	18	AACTA CPT	07/10/2022 41st Freda Barnard Invitational Gala
51	2:35.27	L	F	Megan Cronje	18	WATR JHB	01/12/2022 CGA LC Summer Championships Leve
52	2:35.33	L	P	Megan Adams	18	SOUL EKU	08/12/2022 EGA Summer Champs 2022
53	2:36.28	L	F	Yvonne Botha	18	SS MPD	02/12/2022 Limpopo Champs
54	2:36.76	L	F	Amy Van de Putte	18	WSTV ETH	03/03/2023 KZN Qualifying Gala
55	2:37.65	L	P	Donia Smit	18	SS MPD	31/03/2023 SA Level 3 Regional Age Group Chan
56	2:38.98	L	F	Anika Rossouw	18	POTC KKD	07/12/2022 NWS Championships 2022/2023
57	2:39.02	L	F	Cherna' Fouche	18	BETH FDD	03/03/2023 SA Level 2 Regional Age Group Cham
58	2:39.05	L	P	Anneke van Eeden	18	HREF BPD	07/12/2022 NWS Championships 2022/2023
59	2:40.13	L	P	Danieka Bekker	18	JAQ EKU	08/12/2022 EGA Summer Champs 2022
60	2:42.56	L	F	Milche Mulder	18	UNI EZD	04/11/2022 MP AGE GROUP 3 GALA 4-5 NOVEM
61	2:43.08	L	F	Zarah Abrahams	18	SSISA CPT	04/11/2022 CTA A CHAMPS 2022
62	2:43.17	L	F	Cherise Swartz	18	ACAQ CCD	02/12/2022 Limpopo Champs
63	2:44.25	L	F	Megan Bulose	18	QUIC CPT	15/10/2022 CTA Qualifying Meet #6
64	2:44.42	L	F	Alisha Stanfley	18	FAAC FBD	07/12/2022 NCASA CHAMPS 2022
65	2:45.95	L	F	Corlia Van Zyl	18	UPSK	03/03/2023 SA Level 2 Regional Age Group Cham
66	2:46.00	L	F	Noxolo Dzanibe	18	TLAC BPD	03/03/2023 SA Level 2 Regional Age Group Cham
67	2:47.44	L	F	Kara Fourie	18	LAD UTD	03/12/2022 Uthukela District Age Group Gala 3 De
68	2:47.96	L	F	Surëlma Greeff	18	HARB BPD	07/12/2022 NWS Championships 2022/2023
69	2:48.07	L	P	Cameron Butler	18	SUPE JHB	01/12/2022 CGA LC Summer Championships Leve
70	2:49.19	L	P	Emma Gordon	18	SEAL UMD	01/07/2022 Prestige Tournament 2022
71	2:49.45	L	P	Amy Clarke	18	FLOD JHB	01/12/2022 CGA LC Summer Championships Leve
72	2:53.19	L	F	Shannon Carr	18	MANT CPT	18/02/2023 Swartland Invitational Gala 2023
73	2:54.72	L	F	Gabriella Benjamin	18	SEAL UMD	03/03/2023 KZN Qualifying Gala
74	2:55.59	L	F	Iona Neethling	18	WOAQ CED	20/08/2022 Winelands SL 1
75	2:58.35	L	P	Minke Janse Van Rensburg	18	FISH EDD	25/06/2022 PEA Winter Gala 2022
76	3:02.04	L	F	Bianca Vd Merwe	18	TYGE CPT	21/01/2023 CTA Qualifying Meet #7
77	3:02.46	L	F	Aaliyah Desai	18	MSC NGD	02/12/2022 Mpumalanga Championships 2022
78	3:10.12	L	F	Jancke Potgieter	18	FISH EDD	05/11/2022 EDEN 3rd A-League Gala 2022
79	3:11.33	L	P	Sienna Pellizzon	18	BAS EKU	08/12/2022 EGA Summer Champs 2022
80	3:12.21	L	F	Famke Zeeman	18	MANT CPT	21/01/2023 CTA Qualifying Meet #7
81	3:21.57	L	P	Gabriella Nel	18	STAR BPD	07/12/2022 NWS Championships 2022/2023

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
82	3:25.75 L	F	Natalia Minichiello	18	FSE KCD	04/02/2023	KCDA February Age Group Gala 2023	
83	3:56.21 L	F	Lesego Mela	18	ONYX EKU	23/09/2022	EGA Summer 1 2022	
Women 400 Free								
1	4:17.79 L S	F	Catherine Van Rensburg	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
2	4:23.81 L	P	Dakota Tucker	18	WATR JHB	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
3	4:26.18 L S	F	Lise Coetzee	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
4	4:31.16 L	F	Hannah Robertson	18	MDOL EKU	08/12/2022	EGA Summer Champs 2022	
5	4:31.86 L S	F	Leigh McMorrnan	18	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202	
6	4:32.46 L S	P	Hannah Neilson	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
7	4:34.38 L	P	Ambrin Pienaar	18	ACSA ETH	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
8	4:36.11 L	F	Mykae Forrest	18	ACSA ETH	25/11/2022	WSC & Seals Summer LC Champs 20	
9	4:37.11 L	F	Chazél Orton	18	POTC KKD	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
10	4:44.56 L	F	Jessica Meter	18	SEAL UMD	01/07/2022	Prestige Tournament 2022	
11	4:44.91 L	F	Luchelle Oosthuizen	18	RSA	04/12/2022	AUSC-Region 5 Under 20 YTH Games	
12	4:45.64 L	F	Savannah Voigt	18	SAAW CPT	25/06/2022	PEA Winter Gala 2022	
13	4:46.37 L	F	Tumaini Macdonell	18	USC BUF	13/01/2023	Eastern Cape Aquatics LC Champs 20	
14	4:46.98 L	F	Maxine Boyce	18	TUKS TSH	01/07/2022	Prestige Tournament 2022	
15	4:47.15 L	F	Tara Uys	18	TYGE CPT	09/12/2022	Western Cape LC-A Championship 20	
16	4:47.58 L	F	Lisa Kleyn	18	TUKS TSH	09/12/2022	NTS Championships 2022	
17	4:48.15 L	P	Emma Carmody	18	SGUL ETH	16/12/2022	KZNA Premier Provincial Championshi	
18	4:53.81 L	F	Tayla Jonker	18	PSC TSH	03/02/2023	NTS January Lev 3+ Age Group Gala :	
19	4:56.08 L	F	Zara Kleinhans	18	AQDO CPT	04/11/2022	CTAA CHAMPS 2022	
20	4:58.45 L	F	Sime Bekker	18	KLOO ETH	03/10/2022	Sasolburg Swim Club Invitational Gala	
21	4:58.60 L	F	Caylin Gous	18	NCASA	28/01/2023	4 + 1 Inter Provincial Gala 2023	
22	5:00.32 L	F	Leah Christie	18	CUDU CPT	03/09/2022	CTA Qualifying Meet #4	
23	5:03.80 L	F	Haylee Vd Merwe	18	QUIC CPT	31/03/2023	SA Level 3 Regional Age Group Chan	
24	5:06.37 L	F	Erin Haslehurst	18	PGAC EKU	31/03/2023	SA Level 3 Regional Age Group Chan	
25	5:08.94 L	F	Ashleè Pretorius	18	SSISA CPT	24/09/2022	CTA Qualifying Meet #5	
26	5:09.28 L	F	Kate Tinley	18	ROA EDD	09/12/2022	Western Cape LC-A Championship 20	
27	5:10.42 L	F	Alex Truter	18	BEAV ETH	31/03/2023	SA Level 3 Regional Age Group Chan	
28	5:11.04 L	F	Kerryn Benade	18	SSISA CPT	09/12/2022	Western Cape LC-A Championship 20	
29	5:11.34 L	F	Kelsey Chiang	18	CYBE CPT	07/10/2022	41st Freda Barnard Invitational Gala	
30	5:14.66 L	F	Chanel Fourie	18	AA JHB	09/12/2022	NTS Championships 2022	
31	5:16.88 L	F	Tumelo Thelejane	18	OLDE JHB	25/02/2023	CGA Level 3+ Last Chance gala	
32	5:22.64 L	F	Rachel O' Grady	18	CA EKU	08/12/2022	EGA Summer Champs 2022	
33	5:23.48 L	F	Anieke Helmand	AR	BLOT MAN	09/09/2022	MA Long Distance Gala 1	
34	5:24.27 L S	P	Joanica Kriegler	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
35	5:25.80 L	F	Gabriella de Beer	18	MATL KKD	03/10/2022	Sasolburg Swim Club Invitational Gala	
36	5:28.81 L	F	Donia Smit	18	SS MPD	02/12/2022	Limpopo Champs	
37	5:34.49 L	F	Anneke van Eeden	18	HREF BPD	07/12/2022	NWS Championships 2022/2023	
38	5:34.76 L	F	Corinna Meyer	18	PSC TSH	03/02/2023	NTS January Lev 3+ Age Group Gala :	
39	5:35.59 L	F	Amy Van de Putte	18	WSTV ETH	25/11/2022	WSC & Seals Summer LC Champs 20	
40	5:36.68 L	F	Zaria Fourie	18	TKS WBD	02/12/2022	Limpopo Champs	
41	5:39.10 L	F	Alisha Stanfley	18	FAAC FBD	07/12/2022	NCASA CHAMPS 2022	
42	5:45.16 L	F	Aimee Langenhoven	18	AACTA CPT	07/10/2022	41st Freda Barnard Invitational Gala	
43	5:50.06 L	F	Ra-eesa Jephtha	18	MANT CPT	15/10/2022	CTA Qualifying Meet #6	
44	5:53.02 L	F	Corlia Van Zyl	18	UPSK	07/12/2022	NCASA CHAMPS 2022	
45	5:56.76 L	F	Cherna' Fouche	18	BETH FDD	06/12/2022	Free State Champs 2022	
46	6:02.08 L	F	Surèlma Greeff	18	HARB BPD	07/12/2022	NWS Championships 2022/2023	
47	6:18.58 L	F	Zanté Beyers	18	CA EKU	20/01/2023	EGA Last Chance Galal	
48	6:20.77 L	F	Aaliyah Desai	18	MSC NGD	02/12/2022	Mpumalanga Championships 2022	
49	6:23.69 L	F	Minke Janse Van Rensburg	18	FISH EDD	18/02/2023	EDEN 5th A-League Gala 2023	
50	6:38.17 L	F	Erin Carter	18	EVO CPT	24/09/2022	CTA Qualifying Meet #5	
51	6:40.00 L	O	Cayden Fowler	18	UPC EZD	16/10/2022	OPEN WATER 1	
52	7:01.80 L	F	Gabriella Nel	18	STAR BPD	07/12/2022	NWS Championships 2022/2023	
Women 800 Free								
1	8:46.54 L	F	Catherine Van Rensburg	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
2	9:15.83 L	F	Hannah Neilson	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
3	9:16.19	L	F	Lise Coetzee	18	AGC	TSH	12/04/2023	SA National Aquatic SNR-Champ 202
4	9:22.56	L	F	Leigh McMorrان	18	AGB	JHB	12/04/2023	SA National Aquatic SNR-Champ 202
5	9:24.09	L	F	Chazél Orton	18	POTC	KKD	03/03/2023	2023 Grand Prix 2 Invitational Meet - K
6	9:30.78	L	F	Hannah Robertson	18	MDOL	EKU	08/12/2022	EGA Summer Champs 2022
7	9:32.01	L	F	Mykae Forrest	18	ACSA	ETH	01/07/2022	Prestige Tournament 2022
8	9:41.75	L	F	Lisa Kleyn	18	AGC	TSH	12/04/2023	SA National Aquatic SNR-Champ 202
9	9:52.62	L	F	Emma Carmody	18	SGUL	ETH	25/11/2022	WSC & Seals Summer LC Champs 20
10	10:02.42	L	F	Jessica Meter	18	SEAL	UMD	01/07/2022	Prestige Tournament 2022
11	10:10.68	L	F	Caylin Gous	18	FAAC	FBD	07/12/2022	NCASA CHAMPS 2022
12	10:11.43	L	F	Sime Bekker	18	KLOO	ETH	16/12/2022	KZNA Premier Provincial Championsh
13	10:12.64	L	F	Luchelle Oosthuizen	18	KOVs	MAN	09/09/2022	MA Long Distance Gala 1
14	10:29.44	L	F	Ashleè Pretorius	18	SSISA	CPT	03/09/2022	CTA Qualifying Meet #4
15	10:37.79	L	F	Haylee Vd Merwe	18	QUIC	CPT	09/12/2022	Western Cape LC-A Championship 20
16	10:41.03	L	F	Chanel Fourie	18	AA	JHB	01/12/2022	CGA LC Summer Championships Lev
17	10:42.03	L	F	Zara Kleinhans	18	AQDO	CPT	07/10/2022	41st Freda Barnard Invitational Gala
18	10:42.42	L	F	Kate Tinley	18	ROA	EDD	25/06/2022	PEA Winter Gala 2022
19	10:50.22	L	F	Erin Haslehurst	18	PGAC	EKU	08/12/2022	EGA Summer Champs 2022
20	11:03.10	L	F	Kerryn Benade	18	SSISA	CPT	03/09/2022	CTA Qualifying Meet #4
21	11:10.78	L	F	Rachel O' Grady	18	CA	EKU	08/12/2022	EGA Summer Champs 2022
22	11:39.17	L	F	Alisha Stanfley	18	FAAC	FBD	07/10/2022	FLAMINGO GALA OCT 2022
23	11:41.62	L	F	Cheney Le Roux	18	KTS		14/01/2023	GROUP 5 - KTHU 2023
24	11:43.81	L	F	Joanica Kriegler	18	CUDU	CPT	25/06/2022	PEA Winter Gala 2022
25	11:46.62	L	F	Donia Smit	18	SS	MPD	02/12/2022	Limpopo Champs
26	11:48.56	L	F	Amy Van de Putte	18	WSTV	ETH	25/11/2022	WSC & Seals Summer LC Champs 20
27	12:13.76	L	F	Cherna' Fouche	18	BETH	FDD	06/12/2022	Free State Champs 2022
28	12:17.32	L	F	Milche Mulder	18	UNI	EZD	04/11/2022	MP AGE GROUP 3 GALA 4-5 NOVEM
29	12:28.17	L	F	Corlia Van Zyl	18	UPSK		11/11/2022	UPINGTON CLUB GALA 2022
30	13:10.12	L	F	Aaliyah Desai	18	MSC	NGD	02/12/2022	Mpumalanga Championships 2022
Women 1000 Free									
1	12:31.00	L	O	Mykae Forrest	18	ACSA	ETH	20/11/2022	Capital-K 2022
Women 1500 Free									
1	16:48.91	L	F	Catherine Van Rensburg	18	AGC	TSH	12/04/2023	SA National Aquatic SNR-Champ 202
2	17:48.53	L	F	Hannah Neilson	18	WCA	CPT	12/04/2023	SA National Aquatic SNR-Champ 202
3	18:03.83	L	F	Chazél Orton	18	NWS		12/04/2023	SA National Aquatic SNR-Champ 202
4	18:44.84	L	F	Emma Carmody	18	SGUL	ETH	16/12/2022	KZNA Premier Provincial Championsh
5	19:01.02	L	F	Caylin Gous	18	FAAC	FBD	07/12/2022	NCASA CHAMPS 2022
6	20:22.34	L	F	Sime Bekker	18	KLOO	ETH	03/10/2022	Sasolburg Swim Club Invitational Gala
7	20:26.50	L	F	Ashleè Pretorius	18	SSISA	CPT	28/01/2023	Winelands SL Final
8	20:26.91	L S	F	Kate Tinley	18	ROA	EDD	25/06/2022	PEA Winter Gala 2022
9	22:02.03	L	F	Rachel O' Grady	18	CA	EKU	21/10/2022	EGA Summer 2 2022
10	22:35.43	L	F	Alisha Stanfley	18	FAAC	FBD	07/10/2022	FLAMINGO GALA OCT 2022
11	23:24.20	L	F	Corlia Van Zyl	18	UPSK		07/12/2022	NCASA CHAMPS 2022
12	29:46.00	L	O	Isabelle Ferreira	CR	ROB	EZD	16/10/2022	OPEN WATER 1
Women 3000 Free									
1	47.02	L	F	Alex Truter	18	ACSA	ETH	14/01/2023	Baynesfiels #2 Open Water KZN
2	48.02	L	F	Amy Van de Putte	18	ACSA	ETH	12/11/2022	Baynesfield Open Water KZN
3	49.37	L	F	Ashlin Botha	18	KLOO	ETH	14/01/2023	Baynesfiels #2 Open Water KZN
4	51.09	L	F	Cherna' Fouche	18	BETH	FDD	23/01/2023	Dischem Koviesie Aquatics Open Water
5	51.55	L	F	Anandi Botha	18	BLNE	MAN	23/01/2023	Dischem Koviesie Aquatics Open Water
6	38:07.00	L	O	Mykae Forrest	18	ACSA	ETH	20/11/2022	Capital-K 2022
7	38:54.70	L	O	Leigh McMorrان	18	AGB	JHB	10/03/2023	SA National OWS Championship 2023
8	39:13.33	L	O	Emma Carmody	18	KZNA	ETH	10/03/2023	SA National OWS Championship 2023
9	44:17.00	L	F	Tumelo Thelejane	18	OLDE	JHB	03/12/2022	Prime View Swim Challenge #3
10	46:36.00	L	F	Bianca Landman	18	AA	JHB	21/01/2023	Prime View Swim Challenge #4Jan 20
11	47:33.00	L	F	Caitlin De Beer	18	MDOL	EKU	19/11/2022	Prime View Swim Challenge #2
12	53:55.00	L	F	Christina Steenekamp	18	TUKS	TSH	19/11/2022	Prime View Swim Challenge #2
13	54:00.00	L	F	Mia Langenhoven	18	AA	JHB	19/11/2022	Prime View Swim Challenge #2
14	54:16.00	L	F	Madison Mayos	18	TRAZ	TSH	03/12/2022	Prime View Swim Challenge #3

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
15	54:59.00 L	O	Jessica Longmore	18	PSCP UMD	20/11/2022	Capital-K 2022	
16	57:43.00 L	O	Aaliyah Desai	18	MSC NGD	16/10/2022	OPEN WATER 1	
17	1:14:47.83 L	O	Margo Marx	18	EXA EZD	06/11/2022	OPEN WATER 2	
Women 5000 Free								
1	1:27.22 L	F	Amy Van de Putte	18	BEAV ETH	14/01/2023	Baynesfiels #2 Open Water KZN	
2	11:09.47 L	F	Emma Carmody	18	OHAN ILD	14/01/2023	Baynesfiels #2 Open Water KZN	
3	1:00:55.60 L	O	Catherine Van Rensburg	18	RSA	18/06/2022	19th FINA World Championship-Bubař	
4	1:02:20.79 L	O	Hannah Neilson	18	WCA CPT	10/03/2023	SA National OWS Championship 2023	
5	1:05:20.76 L	O	Mykae Forrest	18	KZNA ETH	10/03/2023	SA National OWS Championship 2023	
6	1:06:34.11 L	O	Leigh McMorrnan	18	AGB JHB	10/03/2023	SA National OWS Championship 2023	
7	1:12:09.47 L	O	Kate Tinley	18	WCA CPT	10/03/2023	SA National OWS Championship 2023	
8	1:15:56.55 L	O	Tumelo Thelejane	18	AGB JHB	10/03/2023	SA National OWS Championship 2023	
9	1:17:32.00 L	F	Luchelle Oosthuizen	18	KOVS MAN	23/01/2023	Dischem Kovsie Aquatics Open Water	
Women 7500 Free								
1	1:46.07 L	F	Emma Carmody	18	ACSA ETH	14/01/2023	Baynesfiels #2 Open Water KZN	
2	1:28:08.10 L	O	Mykae Forrest	18	RSA	16/09/2022	FINA JUNIOR WORLD OPEN SWIMM	
3	1:30:22.10 L	O	Hannah Neilson	18	RSA	16/09/2022	FINA JUNIOR WORLD OPEN SWIMM	
4	1:51:59.00 L	O	Kate Tinley	18	ROA EDD	27/11/2022	EC Swim Series OWS 2 2022	
Women 10000 Free								
1	2:06:54.20 L	O	Catherine Van Rensburg	18	RSA	18/06/2022	19th FINA World Championship-Bubař	
2	2:07:58.00 L	O	Hannah Neilson	18	MATI CED	27/11/2022	EC Swim Series OWS 2 2022	
3	2:13:43.60 L	O	Mykae Forrest	18	KZNA ETH	10/03/2023	SA National OWS Championship 2023	
4	2:23:39.39 L	O	Emma Carmody	18	KZNA ETH	10/03/2023	SA National OWS Championship 2023	
5	2:31:07.00 L	O	Kate Tinley	18	ROA EDD	27/11/2022	EC Swim Series OWS 2 2022	
Women 50 Back								
1	28.99 L	F	Tayla Jonker	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 2022	
2	30.47 L	F	Tara Uys	18	TYGE CPT	09/12/2022	Western Cape LC-A Championship 20	
3	31.29 L	F	Kayla Schmelzer	18	INFA NMA	09/12/2022	NMBA Championships 2022	
4	31.34 L	F	Bernelee Doster	18	RSA	28/01/2023	CANA GRAND PRIX JAN 2023 MBOM	
5	31.46 L	F	Lezanne De Villiers	18	PLAY CED	13/11/2022	Winelands Summer League 4	
6	31.76 L	F	Emma Michell	18	LALE CED	09/12/2022	Western Cape LC-A Championship 20	
7	32.01 L	F	Chazél Orton	18	POTC KKD	03/10/2022	Sasolburg Swim Club Invitational Gala	
8	32.30 L	F	Ashley Henegan	18	RAV EKU	17/02/2023	EGA Let's Race 2023	
9	32.39 L	F	Anieke Helmand	AR	BLOT MAN	29/09/2022	MA Grand Prix	
10	32.55 L	P	Jolene Cornelius	18	TUKS TSH	09/12/2022	NTS Championships 2022	
11	33.55 L	P	Corinna Meyer	18	PSC TSH	09/12/2022	NTS Championships 2022	
12	33.74 L	P	Tumaini Macdonell	18	USC BUF	03/03/2023	2023 Grand Prix 2 Invitational Meet - k	
13	33.75 L	F	Megan Bulose	18	QUIC CPT	31/03/2023	SA Level 3 Regional Age Group Chan	
14	34.12 L	F	Leah Christie	18	CUDU CPT	15/10/2022	CTA Qualifying Meet #6	
15	34.20 L	F	Amori Potgieter	18	NCASA	28/01/2023	4 + 1 Inter Provincial Gala 2023	
16	34.23 L	F	Kara Fourie	18	LAD UTD	04/02/2023	Uthukela District Age Group Gal 4 Feb	
17	x34.25 L	P	Amani Ismail	18	ATLA JHB	02/03/2023	SA Level 2 Regional Age Group Cham	
18	34.48 L S	F	Simone Moll	18	BAS EKU	08/12/2022	EGA Summer Champs 2022	
19	34.59 L	P	Yvonne Botha	18	LP CC	21/04/2023	SA Schools Swimming Championship	
20	34.74 L	F	Erin Haslehurst	18	PGAC EKU	31/03/2023	SA Level 3 Regional Age Group Chan	
21	34.88 L	F	Jenna Renecke	18	VINE CPT	31/03/2023	SA Level 3 Regional Age Group Chan	
22	34.91 L	F	Anandi Botha	18	BLNE MAN	24/09/2022	Bull-Sharks Gala	
23	34.94 L	F	Erin Daffarn	18	VINE CPT	31/03/2023	SA Level 3 Regional Age Group Chan	
24	35.00 L	F	Lara Potgieter	18	HSBV SKD	15/10/2022	Limpopo Top 10 - High Schools	
25	35.01 L	F	Caylin Gous	18	FAAC FBD	07/12/2022	NCASA CHAMPS 2022	
26	35.12 L	F	Kara Cilliers	18	QSAW CED	18/02/2023	Swartland Invitational Gala 2023	
27	35.27 L	F	Kate Tinley	18	EDEN EDD	28/01/2023	NMBA Intra-District Championship	
28	35.35 L	P	Kiannah Clarke	18	RFA TSH	09/12/2022	NTS Championships 2022	
29	35.39 L	F	Maxine Boyce	18	TUKS TSH	08/10/2022	NTS Sprint Gala	
30	35.41 L	F	Gabriella de Beer	18	MATL KKD	03/10/2022	Sasolburg Swim Club Invitational Gala	
31	35.42 L	P	Cailey Sauvage	18	PAC TSH	09/12/2022	NTS Championships 2022	
32*	35.51 L	F	Zaria Fourie	18	TKS WBD	02/12/2022	Limpopo Champs	
32*	35.51 L	P	Chanel Fourie	18	AA JHB	09/12/2022	NTS Championships 2022	

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
34	35.53	L	F	Anika Rossouw	18	POTC KKD	07/12/2022 NWS Championships 2022/2023
35	35.93	L	F	Kerryn Benade	18	SSISA CPT	15/10/2022 CTA Qualifying Meet #6
36	36.20	L	F	Aimee Langenhoven	18	AACTA CPT	07/10/2022 41st Freda Barnard Invitational Gala
37	36.45	L	P	Santana Van Der Zandt	18	SOUL EKU	31/03/2023 SA Level 3 Regional Age Group Chan
38	36.73	L	F	Hannah Neilson	18	MATI CED	13/11/2022 Winelands Summer League 4
39	36.82	L	F	Anneke van Eeden	18	HREF BPD	07/12/2022 NWS Championships 2022/2023
40*	37.13	L S	P	Rachel O' Grady	18	CA EKU	08/12/2022 EGA Summer Champs 2022
40*	37.13	L	P	Kelsey Chiang	18	CYBE CPT	24/02/2023 Western Cape Elite Gala
42	37.26	L	F	Noxolo Dzanibe	18	TLAC BPD	07/12/2022 NWS Championships 2022/2023
43	37.29	L	F	Sime Bekker	18	KLOO ETH	25/11/2022 WSC & Seals Summer LC Champs 20
44	37.50	L	F	Cherise Swartz	18	TONAU CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
45	37.68	L	F	Liandri De Bruin	18	HBV MPD	15/10/2022 Limpopo Top 10 - High Schools
46	37.75	L	F	Antionette Malherbe	18	SWAR WCD	11/11/2022 Swartland Prestige Gala 2022
47	37.82	L	P	Tumelo Thelejane	18	OLDE JHB	31/03/2023 SA Level 3 Regional Age Group Chan
48	37.98	L	F	Donia Smit	18	SS MPD	02/12/2022 Limpopo Champs
49	37.99	L	F	Milche Mulder	18	NHS EZD	14/10/2022 MP AGE GROUP 2 GALA 14-15 OCT
50	38.23	L	P	Enrika Lubbe	18	BS LLD	06/12/2022 Free State Champs 2022
51	38.34	L	F	Danieka Bekker	18	JAQ EKU	11/06/2022 EGA Winter 1 2022
52	38.52	L	F	Amelia Booth	18	HMER MPD	15/10/2022 Limpopo Top 10 - High Schools
53	38.54	L	F	Jeska Tiersma	18	HPP BUF	15/10/2022 Limpopo Top 10 - High Schools
54	38.77	L	F	Jancke Potgieter	18	FISH EDD	07/10/2022 41st Freda Barnard Invitational Gala
55	38.97	L	F	Caitlin De Beer	18	MDOL EKU	20/01/2023 EGA Last Chance Galal
56	39.02	L	F	Cheney Le Roux	18	KTS	07/12/2022 NCASA CHAMPS 2022
57	39.23	L	F	Joanica Kriegler	18	CUDU CPT	04/11/2022 CTA A CHAMPS 2022
58	39.29	L	F	Ayanda Tshabalala	18	HPS FSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
59	39.36	L	F	Laumari Hawken	18	PHS CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
60	39.55	L	F	Emmanuella Ambrosio	18	SEAL UMD	25/11/2022 WSC & Seals Summer LC Champs 20
61	39.61	L	F	Zara Kleinhans	18	AQDO CPT	07/10/2022 41st Freda Barnard Invitational Gala
62	39.64	L	F	Bianca Vd Merwe	18	TYGE CPT	03/09/2022 CTA Qualifying Meet #4
63	40.04	L	F	Caitlin Cunningham	18	TUKS FSH	02/12/2022 2022 The Tshwane Mayoral Gala
64*	40.16	L	F	Megan Africa	18	MARL CPT	11/02/2023 WCA-B Champs - 2023
64*	40.16	L	F	Corlia Van Zyl	18	UPSK	18/02/2023 AGE GROUP 6 UPT- 2023
66	40.29	L	F	Emma Gordon	18	SEAL UMD	01/07/2022 Prestige Tournament 2022
67	40.30	L	F	Shannon Carr	18	MANT CPT	21/01/2023 CTA Qualifying Meet #7
68	40.45	L	F	Ra-eesa Jephta	18	MANT CPT	04/11/2022 CTA A CHAMPS 2022
69	40.89	L S	P	Megan Adams	18	SOUL EKU	08/12/2022 EGA Summer Champs 2022
70	41.04	L	F	Jessica Lazarou	18	AWSC JHB	01/12/2022 CGA LC Summer Championships Lev
71	42.79	L	P	Surëlma Greeff	18	HARB BPD	07/12/2022 NWS Championships 2022/2023
72	42.95	L	F	Theani Erasmus	18	HFDT MPD	15/10/2022 Limpopo Top 10 - High Schools
73	43.41	L	F	Kayla O'Connor	18	AWIN FSH	08/10/2022 NTS Sprint Gala
74	43.59	L	F	Courtney Badenhorst	18	MARL CPT	24/09/2022 CTA Qualifying Meet #5
75	43.64	L	P	Abigajil Wilson	18	EXA EZD	02/12/2022 Mpumalanga Championships 2022
76	44.08	L	F	Famke Zeeman	18	MANT CPT	07/10/2022 41st Freda Barnard Invitational Gala
77	44.75	L S	P	Sienna Pellizzon	18	BAS EKU	08/12/2022 EGA Summer Champs 2022
78	46.54	L	F	Isabelle Ferreira	CR	ROB EZD	14/10/2022 MP AGE GROUP 2 GALA 14-15 OCT
79	46.56	L	F	Aaliyah Desai	18	MSC NGD	02/12/2022 Mpumalanga Championships 2022
80	46.71	L	F	Rivkah Van der Merwe	18	ROA EDD	05/11/2022 EDEN 3rd A-League Gala 2022
81*	46.76	L	F	Natalia Minichiello	18	FSE KCD	26/11/2022 KCDA November Age Group Gala 202
81*	46.76	L	F	Erin Carter	18	EVO CPT	24/09/2022 CTA Qualifying Meet #5
83	47.09	L	F	Ketso Mohapi	18	COSM JHB	02/10/2022 2022 AG Swim Stars 14&Over
84	49.03	L	P	Minke Janse Van Rensburg	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
85	55.93	L	F	Lesego Mela	18	ONYX EKU	11/06/2022 EGA Winter 1 2022

Women 100 Back

1	1:03.12	L	F	Tayla Jonker	18	AGC FSH	12/04/2023 SA National Aquatic SNR-Champ 202
2	1:05.72	L	F	Emma Kuhn	18	VINE CPT	25/06/2022 PEA Winter Gala 2022
3	1:05.94	L	F	Tara Uys	18	TYGE CPT	09/12/2022 Western Cape LC-A Championship 20
4	1:06.42	L	F	Bernelee Doster	18	AGA EKU	12/04/2023 SA National Aquatic SNR-Champ 202
5	1:07.54	L	P	Lezanne De Villiers	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
6	1:07.58	L	F	Chazél Orton	18	POTC KKD	03/10/2022 Sasolburg Swim Club Invitational Gala

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
7	1:07.86	L	F	Kayla Schmelzer	18	INFA NMA	09/12/2022	NMBA Championships 2022
8	1:08.96	L	P	Emma Michell	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202
9	1:09.80	L	F	Anieke Helmand	AR	BLOT MAN	22/10/2022	Otters Prestige Gala 2022
10	1:10.67	L	P	Ashley Henegan	18	AGA EKU	12/04/2023	SA National Aquatic SNR-Champ 202
11	1:11.54	L S	P	Jolene Cornelius	18	TUKS FSH	09/12/2022	NTS Championships 2022
12	1:12.26	L	F	Catherine Van Rensburg	18	TUKS FSH	03/02/2023	NTS January Lev 3+ Age Group Gala :
13	1:13.30	L	F	Leah Christie	18	CUDU CPT	03/09/2022	CTA Qualifying Meet #4
14	1:13.57	L	F	Yvonne Botha	18	LP CC	21/04/2023	SA Schools Swimming Championship
15	1:13.77	L	F	Amori Potgieter	18	POTC KKD	07/12/2022	NWS Championships 2022/2023
16	1:13.79	L S	P	Maxine Boyce	18	TUKS FSH	09/12/2022	NTS Championships 2022
17	1:14.30	L	F	Jenna Reneclé	18	VINE CPT	31/03/2023	SA Level 3 Regional Age Group Chan
18	1:14.73	L	F	Erin Daffarn	18	VINE CPT	31/03/2023	SA Level 3 Regional Age Group Chan
19	1:15.71	L	F	Caylin Gous	18	FAAC FBD	07/12/2022	NCASA CHAMPS 2022
20*	1:15.87	L	F	Haylee Vd Merwe	18	QUIC CPT	04/11/2022	CTA A CHAMPS 2022
20*	1:15.87	L S	P	Corinna Meyer	18	PSC FSH	09/12/2022	NTS Championships 2022
22	x1:16.00	L	P	Amani Ismail	18	ATLA JHB	02/03/2023	SA Level 2 Regional Age Group Cham
23	1:16.35	L	F	Anandi Botha	18	BLNE MAN	06/12/2022	Free State Champs 2022
24	1:16.56	L S	P	Madison Mayos	18	TRAZ FSH	09/12/2022	NTS Championships 2022
25	1:16.83	L	F	Kate Tinley	18	ROA EDD	13/01/2023	Eastern Cape Aquatics LC Champs 20
26	1:17.19	L	P	Santana Van Der Zandt	18	SOUL EKU	31/03/2023	SA Level 3 Regional Age Group Chan
27	1:17.20	L	F	Gabriella de Beer	18	MATL KKD	07/12/2022	NWS Championships 2022/2023
28	1:17.26	L S	P	Chanel Fourie	18	AA JHB	09/12/2022	NTS Championships 2022
29	1:17.48	L	F	Lisa Kleyn	18	TUKS FSH	03/02/2023	NTS January Lev 3+ Age Group Gala :
30	1:17.76	L	F	Zaria Fourie	18	TKS WBD	02/12/2022	Limpopo Champs
31	1:17.81	L	P	Erin Haslehurst	18	PGAC EKU	31/03/2023	SA Level 3 Regional Age Group Chan
32	1:17.82	L	F	Kara Cilliers	18	QSAW CED	07/10/2022	41st Freda Barnard Invitational Gala
33	1:18.35	L	F	Megan Bulose	18	QUIC CPT	04/02/2023	CTA BRIAN BUTTON Qualifying Meet
34	1:18.87	L	P	Keryn Benade	18	SSISA CPT	09/12/2022	Western Cape LC-A Championship 20
35	1:19.27	L	P	Kelsey Chiang	18	CYBE CPT	24/02/2023	Western Cape Elite Gala
36	1:19.30	L	P	Tumelo Thelejane	18	OLDE JHB	31/03/2023	SA Level 3 Regional Age Group Chan
37	1:19.40	L	F	Cherise Swartz	18	TONAU CCD	08/09/2022	Limpopo Interhoer (Capricorn Distrik)
38	1:20.00	L	F	Lara Potgieter	18	HSBV SKD	15/10/2022	Limpopo Top 10 - High Schools
39	1:20.05	L	F	Donia Smit	18	SS MPD	02/12/2022	Limpopo Champs
40	1:20.06	L S	P	Kiannah Clarke	18	RFA FSH	09/12/2022	NTS Championships 2022
41	1:20.72	L	F	Antionette Malherbe	18	SWAR WCD	11/11/2022	Swartland Prestige Gala 2022
42	1:21.53	L	F	Caitlin De Beer	18	MDOL EKU	20/01/2023	EGA Last Chance Galal
43	1:22.02	L	F	Kara Fourie	18	LAD UTD	25/11/2022	WSC & Seals Summer LC Champs 20
44	1:22.60	L	P	Noxolo Dzanibe	18	TLAC BPD	07/12/2022	NWS Championships 2022/2023
45	1:22.69	L	F	Bianca Vd Merwe	18	TYGE CPT	18/02/2023	Swartland Invitational Gala 2023
46	1:23.03	L	P	Rachel O' Grady	18	CA EKU	08/12/2022	EGA Summer Champs 2022
47	1:23.59	L	F	Joanica Kriegler	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202
48	1:23.69	L	F	Aimee Langenhoven	18	AACTA CPT	07/10/2022	41st Freda Barnard Invitational Gala
49	1:24.03	L	F	Milche Mulder	18	UNI EZD	04/11/2022	MP AGE GROUP 3 GALA 4-5 NOVEM
50	1:24.38	L	F	Caitlin Viljoen	18	RHS BPD	10/02/2023	NW School Championships 2023
51	1:24.94	L	F	Zarah Abrahams	18	SSISA CPT	03/09/2022	CTA Qualifying Meet #4
52	1:26.56	L	F	Cheney Le Roux	18	KTS	03/02/2023	NCASA SPRINTS - 3 & 4 FEBRUARY
53	1:26.86	L	F	Shannon Carr	18	MANT CPT	04/02/2023	CTA BRIAN BUTTON Qualifying Meet
54	1:26.87	L	F	Jeska Tiersma	18	HPP BUF	15/10/2022	Limpopo Top 10 - High Schools
55	1:26.99	L	F	Ra-eesa Jephtha	18	MANT CPT	21/01/2023	CTA Qualifying Meet #7
56	1:28.13	L	P	Danieka Bekker	18	JAQ EKU	02/03/2023	SA Level 2 Regional Age Group Cham
57	1:28.18	L	F	Liandri De Bruin	18	HBV MPD	15/10/2022	Limpopo Top 10 - High Schools
58	1:28.31	L	P	Jessica Lazarou	18	AWSC JHB	02/03/2023	SA Level 2 Regional Age Group Cham
59	1:28.88	L	F	Amelia Booth	18	HMER MPD	15/10/2022	Limpopo Top 10 - High Schools
60	1:28.98	L	P	Emma Gordon	18	SEAL UMD	01/07/2022	Prestige Tournament 2022
61	1:29.05	L	F	Caitlin Cunningham	18	TUKS FSH	02/12/2022	2022 The Tshwane Mayoral Gala
62	1:29.12	L	F	Megan Africa	18	MARL CPT	18/02/2023	Swartland Invitational Gala 2023
63	1:30.79	L	F	Corlia Van Zyl	18	UPSK	15/10/2022	AGE GROUP 1 UPINGTON 2022
64	1:30.84	L	F	Surèlma Greeff	18	HARB BPD	07/12/2022	NWS Championships 2022/2023
65	1:31.24	L	P	Enrika Lubbe	18	BS LLD	03/03/2023	SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
66	1:35.10	L	F	Kay-Lee Hall	18	WELA LLD	29/10/2022 Neptune Gala
67	1:36.63	L	F	Iona Neethling	18	WOAQ CED	20/08/2022 Winelands SL 1
68	1:36.80	L	F	Famke Zeeman	18	MANT CPT	21/01/2023 CTA Qualifying Meet #7
69	1:41.49	L	P	Sienna Pellizzon	18	BAS EKV	08/12/2022 EGA Summer Champs 2022
70	1:45.10	L	F	Ketso Mohapi	18	COSM JHB	02/10/2022 2022 AG Swim Stars 14&Over
71	1:49.68	L	F	Isabelle Ferreira	CR	ROB EZD	14/10/2022 MP AGE GROUP 2 GALA 14-15 OCT
72	1:54.11	L	P	Minke Janse Van Rensburg	18	FISH EDD	25/06/2022 PEA Winter Gala 2022
73	2:04.46	L	P	Lesego Mela	18	ONYX EKV	31/03/2023 SA Level 3 Regional Age Group Chan
Women 200 Back							
1	2:19.06	L S	F	Tayla Jonker	18	AGC TSH	12/04/2023 SA National Aquatic SNR-Champ 202
2	2:20.56	L	F	Emma Kuhn	18	VINE CPT	25/06/2022 PEA Winter Gala 2022
3	2:21.46	L	F	Bernelee Doster	18	MDOL EKV	08/12/2022 EGA Summer Champs 2022
4	2:22.11	L	F	Dakota Tucker	18	WATR JHB	25/06/2022 PEA Winter Gala 2022
5	2:23.24	L S	P	Ambrin Pienaar	18	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
6	2:23.51	L	F	Tara Uys	18	TYGE CPT	24/02/2023 Western Cape Elite Gala
7	2:24.54	L	P	Chazél Orton	18	POTC KKD	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
8	2:28.06	L	F	Kayla Schmelzer	18	INFA NMA	09/12/2022 NMBA Championships 2022
9	2:31.59	L	F	Catherine Van Rensburg	18	TUKS TSH	28/10/2022 NTS October SARJ+ Age Group Gala
10	2:33.35	L	P	Anieke Helmand	AR	BLOT MAN	29/09/2022 MA Grand Prix
11	2:36.93	L	F	Leah Christie	18	CUDU CPT	15/10/2022 CTA Qualifying Meet #6
12	2:37.52	L S	P	Maxine Boyce	18	AGC TSH	12/04/2023 SA National Aquatic SNR-Champ 202
13	2:40.52	L	F	Caylin Gous	18	FAAC FBD	07/12/2022 NCASA CHAMPS 2022
14	2:41.47	L	F	Lezanne De Villiers	18	PLAY CED	18/02/2023 Swartland Invitational Gala 2023
15	2:42.76	L	F	Amori Potgieter	18	POTC KKD	26/11/2022 NWS Age Group 3 2022/23
16	2:44.64	L	F	Anandi Botha	18	BLNE MAN	17/02/2023 Neptune Last Chance Gala
17	x2:46.32	L	P	Amani Ismail	18	ATLA JHB	02/03/2023 SA Level 2 Regional Age Group Cham
18	2:46.55	L	F	Kate Tinley	18	ROA EDD	13/01/2023 Eastern Cape Aquatics LC Champs 20
19	2:46.78	L	F	Erin Haslehurst	18	PGAC EKV	31/03/2023 SA Level 3 Regional Age Group Chan
20	2:47.45	L	F	Ashley Henegan	18	RAV EKV	20/01/2023 EGA Last Chance Galal
21	2:47.83	L	F	Donia Smit	18	SS MPD	31/03/2023 SA Level 3 Regional Age Group Chan
22	2:48.43	L	F	Haylee Vd Merwe	18	QUIC CPT	07/10/2022 41st Freda Barnard Invitational Gala
23	2:49.15	L	F	Santana Van Der Zandt	18	SOUL EKV	31/03/2023 SA Level 3 Regional Age Group Chan
24	2:50.04	L	P	Kiannah Clarke	18	RFA TSH	09/12/2022 NTS Championships 2022
25	2:50.21	L	F	Kerryn Benade	18	SSISA CPT	15/10/2022 CTA Qualifying Meet #6
26	2:51.23	L	F	Corinna Meyer	18	PSC TSH	28/10/2022 NTS October SARJ+ Age Group Gala
27	2:52.18	L	F	Kelsey Chiang	18	CYBE CPT	07/10/2022 41st Freda Barnard Invitational Gala
28	2:52.95	L	F	Tumelo Thelejane	18	OLDE JHB	25/02/2023 CGA Level 3+ Last Chance gala
29	2:53.74	L	F	Cherise Swartz	18	ACAQ CCD	02/12/2022 Limpopo Champs
30	2:54.58	L	F	Megan Bulose	18	QUIC CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
31	2:56.08	L	F	Zaria Fourie	18	TKS WBD	02/12/2022 Limpopo Champs
32	2:58.74	L	F	Bianca Vd Merwe	18	TYGE CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
33	2:59.28	L	F	Aimee Langenhoven	18	AACTA CPT	07/10/2022 41st Freda Barnard Invitational Gala
34	3:01.38	L	F	Noxolo Dzanibe	18	NWSCH	21/04/2023 SA Schools Swimming Championship
35	3:01.87	L S	F	Joanica Kriegler	18	CUDU CPT	09/12/2022 Western Cape LC-A Championship 20
36*	3:07.93	L	P	Milche Mulder	18	MP EZ	21/04/2023 SA Schools Swimming Championship
36*	3:07.93	L	F	Cheney Le Roux	18	KTS	28/10/2022 KALAHARI CLASSIC CLUB GALA
38	3:08.92	L	P	Danieka Bekker	18	JAQ EKV	08/12/2022 EGA Summer Champs 2022
39	3:11.13	L	F	Shannon Carr	18	MANT CPT	18/02/2023 Swartland Invitational Gala 2023
40	3:18.34	L	F	Enrika Lubbe	18	BS LLD	24/09/2022 Bull-Sharks Gala
41	3:20.03	L	F	Corlia Van Zyl	18	UPSK	28/10/2022 KALAHARI CLASSIC CLUB GALA
42	4:05.14	L	F	Abigajil Wilson	18	EXA EZD	02/12/2022 Mpumalanga Championships 2022
Women 50 Breast							
1	31.66	L	F	Simone Moll	18	AGA EKV	12/04/2023 SA National Aquatic SNR-Champ 202
2	34.41	L S	F	Maxine Boyce	18	TUKS TSH	09/12/2022 NTS Championships 2022
3	34.46	L	F	Catherine Van Rensburg	18	TUKS TSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
4	34.55	L	F	Emma Kuhn	18	VINE CPT	25/06/2022 PEA Winter Gala 2022
5	34.72	L	F	Savannah Voigt	18	SAAW CPT	25/06/2022 PEA Winter Gala 2022
6	34.77	L	P	Kara Cilliers	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
7	34.82	L S	F	Cailey Sauvage	18	PAC FSH	09/12/2022	NTS Championships 2022
8	35.16	L	F	Anieke Helmand	AR	BLOT MAN	06/12/2022	Free State Champs 2022
9	35.17	L S	F	Jolene Cornelius	18	TUKS FSH	09/12/2022	NTS Championships 2022
10	35.64	L	F	Megan Cronje	18	WATR JHB	01/12/2022	CGA LC Summer Championships Lev
11	35.94	L	F	Leah Christie	18	RSA	04/12/2022	AUSC-Region 5 Under 20 YTH Games
12	36.00	L	P	Sime Bekker	18	KLOO ETH	16/12/2022	KZNA Premier Provincial Championshi
13	36.01	L	P	Stephanie Baigrie	18	PER JHB	31/03/2023	SA Level 3 Regional Age Group Chan
14	36.30	L	P	Tumaini Macdonell	18	ECA BUF	12/04/2023	SA National Aquatic SNR-Champ 202
15	36.93	L	F	Kayla Schmelzer	18	INFA NMA	13/08/2022	Madibaz Swim Meet
16	37.12	L	P	Gabriella Benjamin	18	SEAL UMD	16/12/2022	KZNA Premier Provincial Championsh
17	37.13	L	F	Alex Truter	18	BEAV ETH	31/03/2023	SA Level 3 Regional Age Group Chan
18	37.15	L S	P	Lisa Kleyn	18	TUKS FSH	09/12/2022	NTS Championships 2022
19	37.22	L	F	Zoe Richards	18	VRY ZLD	31/03/2023	SA Level 3 Regional Age Group Chan
20	37.54	L	P	Chazél Orton	18	POTC KKD	07/12/2022	NWS Championships 2022/2023
21	37.68	L	P	Ambrin Pienaar	18	ACSA ETH	16/12/2022	KZNA Premier Provincial Championsh
22	37.75	L	P	Bernelee Doster	18	MDOL EKU	08/12/2022	EGA Summer Champs 2022
23*	38.02	L	F	Erin Daffarn	18	VINE CPT	28/01/2023	Winelands SL Final
23*	38.02	L	F	Kiara Bester	18	TUKS FSH	21/10/2022	NTS October Lev 3 Age Group Gala 21
25	38.10	L	F	Caylin Gous	18	FAAC FBD	07/12/2022	NCASA CHAMPS 2022
26	38.18	L	F	Haylee Vd Merwe	18	QUIC CPT	21/01/2023	CTA Qualifying Meet #7
27	38.74	L	P	Megan Adams	18	SOUL EKU	31/03/2023	SA Level 3 Regional Age Group Chan
28	38.91	L	P	Amori Potgieter	18	POTC KKD	07/12/2022	NWS Championships 2022/2023
29	38.97	L S	P	Corinna Meyer	18	PSC FSH	09/12/2022	NTS Championships 2022
30	39.09	L	F	Anneke van Eeden	18	HREF BPD	31/03/2023	SA Level 3 Regional Age Group Chan
31	39.11	L	P	Ashleë Pretorius	18	SSISA CPT	09/12/2022	Western Cape LC-A Championship 20
32	39.25	L	F	Tara Uys	18	TYGE CPT	28/01/2023	Winelands SL Final
33	39.45	L	F	Amy-Lee Drake	18	BCA BUF	28/01/2023	NMBA Intra-District Championship
34	39.59	L	P	Yvonne Botha	18	LP CC	21/04/2023	SA Schools Swimming Championship
35	40.08	L	F	Courtney Badenhorst	18	MARL CPT	04/02/2023	CTA BRIAN BUTTON Qualifying Meet
36	40.10	L	F	Ashley Henegan	18	RAV EKU	17/02/2023	EGA Let's Race 2023
37	40.25	L	F	Donia Smit	18	SS MPD	02/12/2022	Limpopo Champs
38	40.75	L	P	Anika Rossouw	18	POTC KKD	07/12/2022	NWS Championships 2022/2023
39	40.88	L	F	Jancke Potgieter	18	FISH EDD	07/10/2022	41st Freda Barnard Invitational Gala
40	41.29	L	F	Zara Kleinhans	18	AQDO CPT	07/10/2022	41st Freda Barnard Invitational Gala
41	41.34	L	F	Kara Fourie	18	LAD UTD	04/02/2023	Uthukela District Age Group Gal 4 Feb
42	41.61	L	F	Kerryn Benade	18	SSISA CPT	09/12/2022	Western Cape LC-A Championship 20
43	41.78	L	F	Zaria Fourie	18	TKS WBD	02/12/2022	Limpopo Champs
44	41.90	L	F	Noxolo Dzanibe	18	TLAC BPD	03/03/2023	SA Level 2 Regional Age Group Cham
45	41.93	L	F	Emmerentia Botha	18	HPP BUF	15/10/2022	Limpopo Top 10 - High Schools
46	41.98	L	F	Bianca Vd Merwe	18	TYGE CPT	11/02/2023	WCA-B Champs - 2023
47	41.99	L	F	Caitlin Viljoen	18	RHS BPD	10/02/2023	NW School Championships 2023
48*	42.12	L S	P	Kiannah Clarke	18	RFA FSH	09/12/2022	NTS Championships 2022
48*	42.12	L	F	Chanel Fourie	18	AA JHB	08/10/2022	NTS Sprint Gala
50	42.19	L	F	Erin Haslehurst	18	PGAC EKU	10/09/2022	Adrian Grafe Gala 2022
51	42.84	L	F	Danieka Bekker	18	JAQ EKU	11/06/2022	EGA Winter 1 2022
52	43.18	L	P	Alisha Stanfley	18	NC	21/04/2023	SA Schools Swimming Championship
53	43.21	L	P	Joanica Kriegler	18	CUDU CPT	09/12/2022	Western Cape LC-A Championship 20
54	43.71	L	F	Ayanda Tshabalala	18	HPS FSH	02/03/2023	SA Level 2 Regional Age Group Cham
55	x44.02	L	P	Amani Ismail	18	ATLA JHB	02/03/2023	SA Level 2 Regional Age Group Cham
56	44.38	L	P	Surèlma Greeff	18	HARB BPD	07/12/2022	NWS Championships 2022/2023
57	44.53	L	F	Caitlin De Beer	18	MDOL EKU	20/01/2023	EGA Last Chance Galal
58	44.62	L	F	Ra-eesa Jephta	18	MANT CPT	04/11/2022	CTA A CHAMPS 2022
59	44.65	L	F	Kayla O'Connor	18	AWIN FSH	08/10/2022	NTS Sprint Gala
60	44.71	L	F	Cherise Swartz	18	ACAQ CCD	02/12/2022	Limpopo Champs
61	44.86	L	F	Jurinda Van Schalkwyk	18	PHS CCD	15/10/2022	Limpopo Top 10 - High Schools
62*	44.96	L	P	Cherna' Fouche	18	BETH FDD	06/12/2022	Free State Champs 2022
62*	44.96	L	F	Cheney Le Roux	18	KTS	28/10/2022	KALAHARI CLASSIC CLUB GALA
64	45.42	L	F	Gemma Van Eyssen	18	NHS EZD	22/02/2023	EHLANZENI INTER HIGH GALA 22 FI
65	45.49	L	F	Famke Zeeman	18	MANT CPT	12/11/2022	CTA B CHAMPS

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
66	45.83 L	F	Theani Erasmus	18	HFDT MPD	15/10/2022	Limpopo Top 10 - High Schools	
67	45.84 L	P	Zanté Beyers	18	CA EKU	08/12/2022	EGA Summer Champs 2022	
68	45.96 L	F	Amelia Booth	18	SS MPD	02/12/2022	Limpopo Champs	
69	46.16 L	P	Emma Gordon	18	SEAL UMD	01/07/2022	Prestige Tournament 2022	
70	46.31 L	F	Anastasia Sommer	18	HPHS BUF	25/02/2023	Eastern Cape Schools Swimming Trial	
71	47.08 L	F	Corlia Van Zyl	18	UPSK	07/12/2022	NCASA CHAMPS 2022	
72	47.37 L	F	Anandi Botha	18	BLNE MAN	29/10/2022	Neptune Gala	
73	47.96 L	F	Rivkah Van der Merwe	18	FISH EDD	18/02/2023	EDEN 5th A-League Gala 2023	
74	48.11 L	F	Zinta Van Staden	18	HE WBD	15/10/2022	Limpopo Top 10 - High Schools	
75	48.28 L	F	Kay-Lee Hall	18	WELA LLD	29/10/2022	Neptune Gala	
76	48.50 L	F	Ketso Mohapi	18	COSM JHB	02/10/2022	2022 AG Swim Stars 14&Over	
77	49.71 L	P	Minke Janse Van Rensburg	18	FISH EDD	25/06/2022	PEA Winter Gala 2022	
78	53.01 L	F	Natalia Minichiello	18	FSE KCD	21/01/2023	KCDA January Age Group Gala 2023	
79	53.50 L	F	Aaliyah Desai	18	MSC NGD	02/12/2022	Mpumalanga Championships 2022	
80	54.66 L	F	Isabelle Ferreira	CR	ROB EZD	14/10/2022	MP AGE GROUP 2 GALA 14-15 OCT	
81	55.35 L	F	Cailyn Frazer	18	ELSC JHB	02/10/2022	2022 AG Swim Stars 14&Over	
82	1:00.10 L	F	Robyn Bruton	18	PENC EZD	22/02/2023	EHLANZENI INTER HIGH GALA 22 FI	
83	1:25.18 L	F	Lesego Mela	18	ONYX EKU	21/10/2022	EGA Summer 2 2022	

Women 100 Breast

1	1:10.73 L	F	Simone Moll	18	BAS EKU	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
2	1:13.69 L	P	Emma Kuhn	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
3	1:14.05 L	F	Catherine Van Rensburg	18	TUKS FSH	03/02/2023	NTS January Lev 3+ Age Group Gala :	
4	1:15.12 L	F	Cailey Sauvage	18	PAC FSH	09/12/2022	NTS Championships 2022	
5	1:15.54 L	F	Savannah Voigt	18	SAAW CPT	16/12/2022	KZNA Premier Provincial Championshi	
6	1:15.67 L	F	Maxine Boyce	18	TUKS FSH	09/12/2022	NTS Championships 2022	
7	1:17.03 L	P	Dakota Tucker	18	WATR JHB	25/06/2022	PEA Winter Gala 2022	
8	1:18.19 L	P	Jolene Cornelius	18	AGC FSH	12/04/2023	SA National Aquatic SNR-Champ 202	
9	1:18.25 L	P	Lisa Kleyn	18	AGC FSH	12/04/2023	SA National Aquatic SNR-Champ 202	
10	1:18.37 L	F	Simei Bekker	18	KLOO ETH	25/11/2022	WSC & Seals Summer LC Champs 20	
11	1:19.47 L	P	Kara Cilliers	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
12	1:19.88 L	P	Megan Cronje	18	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202	
13	1:20.41 L	P	Leah Christie	18	WCA CPT	21/04/2023	SA Schools Swimming Championship	
14	1:20.68 L	F	Alex Truter	18	BEAV ETH	16/12/2022	KZNA Premier Provincial Championshi	
15	1:20.80 L S	F	Chazél Orton	18	POTC KKD	03/10/2022	Sasolburg Swim Club Invitational Gala	
16	1:21.23 L	P	Stephanie Baigrie	18	PER JHB	31/03/2023	SA Level 3 Regional Age Group Chan	
17	1:21.44 L	F	Caylin Gous	18	FAAC FBD	07/12/2022	NCASA CHAMPS 2022	
18	1:21.72 L	F	Anieke Helmand	AR	BLOT MAN	16/12/2022	KZNA Premier Provincial Championshi	
19	1:22.19 L	F	Zoe Richards	18	VRY ZLD	31/03/2023	SA Level 3 Regional Age Group Chan	
20	1:22.85 L	F	Tumaini Macdonell	18	USC BUF	02/12/2022	BCA Long Course Championships 202	
21	1:23.21 L	F	Anneke van Eeden	18	HREF BPD	31/03/2023	SA Level 3 Regional Age Group Chan	
22	1:23.78 L	F	Haylee Vd Merwe	18	QUIC CPT	04/02/2023	CTA BRIAN BUTTON Qualifying Meet	
23	1:24.14 L	F	Gabriella Benjamin	18	SEAL UMD	31/03/2023	SA Level 3 Regional Age Group Chan	
24	1:24.34 L S	F	Gabriella de Beer	18	MATL KKD	03/10/2022	Sasolburg Swim Club Invitational Gala	
25	1:24.59 L	P	Jordan Buffel	18	TRAZ FSH	31/03/2023	SA Level 3 Regional Age Group Chan	
26	1:25.11 L	F	Kiara Bester	18	TUKS FSH	21/10/2022	NTS October Lev 3 Age Group Gala 2I	
27	1:26.44 L	F	Amy-Lee Drake	18	BCA BUF	28/01/2023	NMBA Intra-District Championship	
28	1:26.84 L	F	Amori Potgieter	18	POTC KKD	26/11/2022	NWS Age Group 3 2022/23	
29	1:27.08 L	P	Ashleë Pretorius	18	SSISA CPT	09/12/2022	Western Cape LC-A Championship 20	
30	1:27.51 L	P	Yvonne Botha	18	SS MPD	31/03/2023	SA Level 3 Regional Age Group Chan	
31	1:28.86 L	P	Megan Adams	18	SOUL EKU	31/03/2023	SA Level 3 Regional Age Group Chan	
32	1:29.05 L	F	Tara Uys	18	TYGE CPT	24/09/2022	CTA Qualifying Meet #5	
33	1:29.20 L	P	Erin Daffarn	18	VINE CPT	25/06/2022	PEA Winter Gala 2022	
34	1:29.23 L	P	Zara Kleinhans	18	AQDO CPT	31/03/2023	SA Level 3 Regional Age Group Chan	
35	1:29.76 L	P	Megan Bulose	18	QUIC CPT	24/02/2023	Western Cape Elite Gala	
36	1:30.78 L	P	Erin Haslehurst	18	PGAC EKU	31/03/2023	SA Level 3 Regional Age Group Chan	
37	1:31.55 L	P	Courtney Badenhorst	18	MARL CPT	24/02/2023	Western Cape Elite Gala	
38	1:32.09 L	F	Noxolo Dzanibe	18	NWSCH	21/04/2023	SA Schools Swimming Championship	
39	1:33.02 L	P	Cameron Butler	18	SUPE JHB	01/12/2022	CGA LC Summer Championships Lev	
40	1:33.26 L	F	Donia Smit	18	HMER MPD	15/10/2022	Limpopo Top 10 - High Schools	

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
41	1:34.24 L	F	Emmerentia Botha	18	HPP BUF	15/10/2022	Limpopo Top 10 - High Schools
42	1:34.40 L	F	Bianca Vd Merwe	18	TYGE CPT	11/02/2023	WCA-B Champs - 2023
43	1:34.58 L S	F	Joanica Kriegler	18	CUDU CPT	25/06/2022	PEA Winter Gala 2022
44	1:34.63 L	F	Cherna' Fouche	18	BETH FDD	03/03/2023	SA Level 2 Regional Age Group Cham
45	1:35.13 L	P	Zaria Fourie	18	TKS WBD	31/03/2023	SA Level 3 Regional Age Group Chan
46	1:36.82 L	F	Ra-eesa Jephta	18	MANT CPT	21/01/2023	CTA Qualifying Meet #7
47	1:36.99 L	F	Caitlin Viljoen	18	RHS BPD	10/02/2023	NW School Championships 2023
48	1:37.25 L	F	Alisha Stanfley	18	FAAC FBD	07/12/2022	NCASA CHAMPS 2022
49	1:38.08 L	F	Danieka Bekker	18	JAQ EKU	11/06/2022	EGA Winter 1 2022
50	1:40.04 L	P	Jessica Lazarou	18	AWSC JHB	01/12/2022	CGA LC Summer Championships Lev
51	1:40.24 L	F	Cheney Le Roux	18	KTS	03/02/2023	NCASA SPRINTS - 3 & 4 FEBRUARY
52	1:41.82 L	F	Surëlma Greeff	18	HARB BPD	26/11/2022	NWS Age Group 3 2022/23
53	1:43.01 L	F	Anandi Botha	18	BLNE MAN	22/10/2022	Otters Prestige Gala 2022
54	1:43.40 L	F	Famke Zeeman	18	MANT CPT	07/10/2022	41st Freda Barnard Invitational Gala
55	1:44.25 L	P	Zanté Beyers	18	CA EKU	08/12/2022	EGA Summer Champs 2022
56	1:44.30 L	P	Ayanda Tshabalala	18	HPS TSH	09/12/2022	NTS Championships 2022
57	1:45.54 L	F	Shannon Carr	18	MANT CPT	04/02/2023	CTA BRIAN BUTTON Qualifying Meet
58	1:48.00 L	F	Corlia Van Zyl	18	UPSK	07/12/2022	NCASA CHAMPS 2022
59	1:48.05 L	F	Rivkah Van der Merwe	18	FISH EDD	18/02/2023	EDEN 5th A-League Gala 2023
60	1:48.28 L	F	Theani Erasmus	18	HFDT MPD	15/10/2022	Limpopo Top 10 - High Schools
61	1:48.97 L	F	Ketso Mohapi	18	COSM JHB	02/10/2022	2022 AG Swim Stars 14&Over
62	1:54.29 L	F	Aaliyah Desai	18	MSC NGD	04/11/2022	MP AGE GROUP 3 GALA 4-5 NOVEM
63	1:57.21 L	P	Natalia Minichiello	18	FSE KCD	17/03/2023	SA Level 2 Regional Age Group Cham
64	1:58.78 L	P	Sienna Pellizzon	18	BAS EKU	08/12/2022	EGA Summer Champs 2022
65	1:58.79 L	F	Isabelle Ferreira	CR	ROB EZD	14/10/2022	MP AGE GROUP 2 GALA 14-15 OCT
66	2:01.88 L	F	Cailyn Frazer	18	ELSC JHB	02/10/2022	2022 AG Swim Stars 14&Over
67	2:02.73 L	F	Minke Janse Van Rensburg	18	FISH EDD	10/02/2023	Infinity Gala 2023
Women 200 Breast							
1	2:36.38 L	P	Catherine Van Rensburg	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202
2	2:38.97 L	F	Simone Moll	18	AGA EKU	12/04/2023	SA National Aquatic SNR-Champ 202
3	2:40.10 L	F	Cailey Sauvage	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202
4	2:42.09 L	F	Savannah Voigt	18	SAAW CPT	16/12/2022	KZNA Premier Provincial Championsh
5	2:48.21 L	F	Lisa Kleyn	18	TUKS TSH	09/12/2022	NTS Championships 2022
6	2:48.62 L	F	Maxine Boyce	18	TUKS TSH	28/10/2022	NTS October SARJ+ Age Group Gala
7	2:48.79 L	F	Simeï Bekker	18	KLOO ETH	25/11/2022	WSC & Seals Summer LC Champs 20
8	2:50.84 L	P	Emma Kuhn	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202
9	2:55.32 L	F	Alex Truter	18	BEAV ETH	16/12/2022	KZNA Premier Provincial Championsh
10	2:56.44 L	F	Leah Christie	18	WCA CPT	21/04/2023	SA Schools Swimming Championship
11	2:56.54 L	P	Kara Cilliers	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202
12	2:56.69 L	F	Haylee Vd Merwe	18	QUIC CPT	04/11/2022	CTA A CHAMPS 2022
13	2:57.25 L	P	Megan Cronje	18	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202
14	2:59.41 L S	F	Chazél Orton	18	POTC KKD	07/12/2022	NWS Championships 2022/2023
15	3:00.50 L	F	Caylin Gous	18	FAAC FBD	07/12/2022	NCASA CHAMPS 2022
16	3:02.17 L	F	Ashleë Pretorius	18	SSISA CPT	04/11/2022	CTA A CHAMPS 2022
17	3:02.96 L	F	Jordan Buffel	18	TRAZ TSH	31/03/2023	SA Level 3 Regional Age Group Chan
18	3:03.82 L S	F	Anneke van Eeden	18	HREF BPD	07/12/2022	NWS Championships 2022/2023
19	3:04.77 L	F	Yvonne Botha	18	LP CC	21/04/2023	SA Schools Swimming Championship
20	3:05.52 L S	F	Gabriella de Beer	18	MATL KKD	07/12/2022	NWS Championships 2022/2023
21	3:11.07 L	F	Megan Adams	18	SOUL EKU	31/03/2023	SA Level 3 Regional Age Group Chan
22	3:11.80 L S	P	Amori Potgieter	18	POTC KKD	07/12/2022	NWS Championships 2022/2023
23	3:12.72 L	F	Amy-Lee Drake	18	USC BUF	02/12/2022	BCA Long Course Championships 202
24	3:13.89 L	F	Erin Haslehurst	18	PGAC EKU	20/01/2023	EGA Last Chance Galal
25	3:16.80 L	P	Chanel Fourie	18	AA JHB	09/12/2022	NTS Championships 2022
26	3:17.14 L	F	Anika Rossouw	18	POTC KKD	31/03/2023	SA Level 3 Regional Age Group Chan
27	3:18.46 L	F	Zara Kleinhans	18	AQDO CPT	07/10/2022	41st Freda Barnard Invitational Gala
28	3:20.37 L	F	Zoe Richards	18	VRY ZLD	26/11/2022	KCDA November Age Group Gala 202
29	3:21.13 L	F	Gabriella Benjamin	18	RSA	04/12/2022	AUSC-Region 5 Under 20 YTH Games
30	3:26.31 L	F	Cherna' Fouche	18	BETH FDD	03/03/2023	SA Level 2 Regional Age Group Cham
31	3:29.30 L	F	Ra-eesa Jephta	18	MANT CPT	21/01/2023	CTA Qualifying Meet #7

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
32	3:29.96	L	F	Courtney Badendorst	18	MARL CPT	11/02/2023	WCA-B Champs - 2023
33	3:33.10	L	F	Cheney Le Roux	18	KTS	03/02/2023	NCASA SPRINTS - 3 & 4 FEBRUARY
34	3:34.29	L	F	Bianca Vd Merwe	18	TYGE CPT	21/01/2023	CTA Qualifying Meet #7
35	3:38.12	L	F	Danieka Bekker	18	JAQ EKV	20/01/2023	EGA Last Chance Galal
36	3:39.19	L	F	Surèlma Greeff	18	HSH KKD	10/02/2023	NW School Championships 2023
37	3:48.19	L	F	Noxolo Dzanibe	18	LEBII	10/02/2023	NW School Championships 2023
38	3:53.52	L	F	Corlia Van Zyl	18	UPSK	07/12/2022	NCASA CHAMPS 2022
39	3:54.39	L	F	Famke Zeeman	18	MANT CPT	07/10/2022	41st Freda Barnard Invitational Gala
40	3:55.46	L	F	Zanté Beyers	18	CA EKV	20/01/2023	EGA Last Chance Galal
41	4:14.01	L	F	Isabelle Ferreira	CR	ROB EZD	14/10/2022	MP AGE GROUP 2 GALA 14-15 OCT
Women 50 Fly								
1	28.72	L	F	Simone Moll	18	RSA	04/12/2022	AUSC-Region 5 Under 20 YTH Games
2	29.08	L	F	Luchelle Oosthuizen	18	RSA	04/12/2022	AUSC-Region 5 Under 20 YTH Games
3	29.18	L S	S	Ambrin Pienaar	18	ACSA ETH	03/03/2023	2023 Grand Prix 2 Invitational Meet - K
4	29.20	L	P	Tayla Jonker	18	PSC FSH	03/03/2023	2023 Grand Prix 2 Invitational Meet - K
5	29.52	L	F	Kayla Schmelzer	18	INFA NMA	09/12/2022	NMBA Championships 2022
6	29.86	L	F	Emma Kuhn	18	VINE CPT	24/09/2022	CTA Qualifying Meet #5
7	30.14	L	F	Leah Christie	18	CUDU CPT	04/11/2022	CTA A CHAMPS 2022
8	30.20	L S	P	Jolene Cornelius	18	AGC FSH	12/04/2023	SA National Aquatic SNR-Champ 202
9	30.22	L	P	Corinna Meyer	18	PSC FSH	09/12/2022	NTS Championships 2022
10	30.25	L	F	Hannah Robertson	18	MDOL EKV	06/01/2023	2023 Grand Prix Invitation Swimming I
11	30.27	L S	P	Ashley Henegan	18	AGA EKV	12/04/2023	SA National Aquatic SNR-Champ 202
12	30.32	L S	P	Lisa Kleyn	18	AGC FSH	12/04/2023	SA National Aquatic SNR-Champ 202
13	30.41	L S	F	Savannah Voigt	18	SAAW CPT	25/06/2022	PEA Winter Gala 2022
14	30.42	L S	P	Tumaini Macdonell	18	ECA BUF	12/04/2023	SA National Aquatic SNR-Champ 202
15	30.52	L	P	Chazél Orton	18	POTC KKD	07/12/2022	NWS Championships 2022/2023
16*	30.75	L S	P	Kara Cilliers	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202
16*	30.75	L S	P	Cailey Sauvage	18	AGC FSH	12/04/2023	SA National Aquatic SNR-Champ 202
18	31.01	L	F	Stephanie Baigrie	18	PER JHB	31/03/2023	SA Level 3 Regional Age Group Chan
19	31.19	L	F	Kayla Gouws	18	TUKS FSH	28/10/2022	NTS October SARJ+ Age Group Gala
20	31.24	L	F	Anieke Helmand	AR	BLOT MAN	06/12/2022	Free State Champs 2022
21	31.28	L S	P	Maxine Boyce	18	AGC FSH	12/04/2023	SA National Aquatic SNR-Champ 202
22	31.54	L	F	Jessica Meter	18	SEAL UMD	01/07/2022	Prestige Tournament 2022
23	31.59	L	F	Bernelee Doster	18	MDOL EKV	08/12/2022	EGA Summer Champs 2022
24	31.75	L	F	Erin Daffarn	18	VINE CPT	28/01/2023	Winelands SL Final
25	31.81	L	P	Kiannah Clarke	18	RFA FSH	09/12/2022	NTS Championships 2022
26	31.94	L	F	Tara Uys	18	TYGE CPT	28/01/2023	Winelands SL Final
27*	32.40	L	F	Caylin Gous	18	FAAC FBD	03/02/2023	NCASA SPRINTS - 3 & 4 FEBRUARY
27*	32.40	L	F	Haylee Vd Merwe	18	QUIC CPT	21/01/2023	CTA Qualifying Meet #7
29	32.61	L	F	Simeï Bekker	18	KLOO ETH	16/12/2022	KZNA Premier Provincial Championshi
30	33.15	L	F	Anneke van Eeden	18	HREF BPD	07/12/2022	NWS Championships 2022/2023
31	33.17	L	F	Kerryn Benade	18	SSISA CPT	09/12/2022	Western Cape LC-A Championship 20
32	33.20	L	P	Anandi Botha	18	BLNE MAN	06/12/2022	Free State Champs 2022
33	33.21	L	F	Kiara Bester	18	TUKS FSH	21/10/2022	NTS October Lev 3 Age Group Gala 21
34	33.31	L	F	Erin Haslehurst	18	PGAC EKV	08/12/2022	EGA Summer Champs 2022
35	33.35	L	F	Kate Tinley	18	ROA EDD	10/02/2023	Infinity Gala 2023
36	33.37	L	F	Chanel Fourie	18	AA JHB	08/10/2022	NTS Sprint Gala
37	33.90	L	P	Rachel O' Grady	18	CA EKV	08/12/2022	EGA Summer Champs 2022
38	34.01	L	F	Ashleè Pretorius	18	SSISA CPT	04/11/2022	CTA A CHAMPS 2022
39	34.07	L	F	Alex Truter	18	BEAV ETH	31/03/2023	SA Level 3 Regional Age Group Chan
40	34.15	L	F	Zaria Fourie	18	TKS WBD	31/03/2023	SA Level 3 Regional Age Group Chan
41	34.22	L	F	Kelsey Chiang	18	CYBE CPT	07/10/2022	41st Freda Barnard Invitational Gala
42	34.41	L	P	Zara Kleinhans	18	AQDO CPT	31/03/2023	SA Level 3 Regional Age Group Chan
43	34.55	L	F	Hannah Neilson	18	MATI CED	13/11/2022	Winelands Summer League 4
44	34.58	L	F	Jenna Reneclè	18	VINE CPT	31/03/2023	SA Level 3 Regional Age Group Chan
45	34.59	L	P	Megan Adams	18	SOUL EKV	08/12/2022	EGA Summer Champs 2022
46	34.68	L	F	Jessica Lazarou	18	AWSC JHB	02/03/2023	SA Level 2 Regional Age Group Cham
47	34.99	L	F	Yvonne Botha	18	SS MPD	02/12/2022	Limpopo Champs
48	35.31	L	F	Noxolo Dzanibe	18	TLAC BPD	03/03/2023	SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
49	35.36	L	F	Kara Fourie	18	LAD UTD	25/11/2022 WSC & Seals Summer LC Champs 20
50	35.41	L	F	Enrika Lubbe	18	BS LLD	03/03/2023 SA Level 2 Regional Age Group Cham
51	35.48	L	F	Iona Neethling	18	WOAQ CED	13/11/2022 Winelands Summer League 4
52	35.51	L	F	Ayanda Tshabalala	18	HPS TSH	02/03/2023 SA Level 2 Regional Age Group Cham
53	35.60	L	F	Tumelo Thelejane	18	OLDE JHB	23/09/2022 EGA Summer 1 2022
54	35.93	L	P	Danieka Bekker	18	JAQ EKU	08/12/2022 EGA Summer Champs 2022
55	36.14	L	F	Caitlin De Beer	18	MDOL EKU	20/01/2023 EGA Last Chance Galal
56	36.21	L	F	Joanica Krieglner	18	CUDU CPT	04/11/2022 CTA A CHAMPS 2022
57	36.26	L	F	Megan Africa	18	MARL CPT	18/02/2023 Swartland Invitational Gala 2023
58	36.36	L	F	Ra-eesa Jephta	18	MANT CPT	11/02/2023 WCA-B Champs - 2023
59	36.57	L	F	Donia Smit	18	SS MPD	12/11/2022 Limpopo Age Group 5
60	36.64	L	F	Amelia Booth	18	HMER MPD	15/10/2022 Limpopo Top 10 - High Schools
61	36.96	L	F	Amani Ismail	18	ATLA JHB	06/01/2023 2023 Grand Prix Invitation Swimming I
62	37.27	L	F	Jurinda Van Schalkwyk	18	PHS CCD	15/10/2022 Limpopo Top 10 - High Schools
63	37.39	L	P	Amy Clarke	18	FLOD JHB	01/12/2022 CGA LC Summer Championships Lev
64	37.50	L	F	Shannon Carr	18	MANT CPT	04/11/2022 CTA A CHAMPS 2022
65	37.95	L	F	Natalia Minichiello	18	FSE KCD	17/03/2023 SA Level 2 Regional Age Group Cham
66	38.40	L	F	Anastasia Sommer	18	HPHS BUF	25/02/2023 Eastern Cape Schools Swimming Trial
67	38.47	L	F	Cameron Butler	18	SUPE JHB	02/03/2023 SA Level 2 Regional Age Group Cham
68	38.71	L	F	Jancke Potgieter	18	FISH EDD	07/10/2022 41st Freda Barnard Invitational Gala
69	38.84	L	F	Milche Mulder	18	NHS EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
70	39.09	L	F	Kay-Lee Hall	18	WELA LLD	29/10/2022 Neptune Gala
71	39.16	L	F	Corlia Van Zyl	18	UPSK	03/03/2023 SA Level 2 Regional Age Group Cham
72	39.17	L	F	Cheney Le Roux	18	KTS	28/10/2022 KALAHARI CLASSIC CLUB GALA
73	39.42	L	F	Amore Viljoen	18	HFDT MPD	15/10/2022 Limpopo Top 10 - High Schools
74	39.60	L	F	Kayla O'Connor	18	AWIN TSH	08/10/2022 NWS Sprint Gala
75	39.63	L	F	Surèlma Greeff	18	HARB BPD	07/12/2022 NWS Championships 2022/2023
76	40.42	L	F	Zanté Beyers	18	CA EKU	20/01/2023 EGA Last Chance Galal
77	42.44	L	F	Gemma Van Eyssen	18	NHS EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
78	42.56	L	F	Minke Janse Van Rensburg	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
79	42.88	L	F	Laumari Hawken	18	PHS CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
80	43.24	L	P	Sienna Pellizzon	18	BAS EKU	08/12/2022 EGA Summer Champs 2022
81	44.11	L	F	Famke Zeeman	18	MANT CPT	21/01/2023 CTA Qualifying Meet #7
82	45.50	L	F	Isabelle Ferreira	CR	ROB EZD	14/10/2022 MP AGE GROUP 2 GALA 14-15 OCT
83	46.70	L	F	Ketso Mohapi	18	COSM JHB	02/10/2022 2022 AG Swim Stars 14&Over
84	48.79	L	F	Cherna' Fouche	18	BETH FDD	27/08/2022 Kovsie Gala
85	1:02.19	L	F	Lesego Mela	18	ONYX EKU	23/09/2022 EGA Summer 1 2022
86	1:03.08	L	P	Abigajil Wilson	18	EXA EZD	02/12/2022 Mpumalanga Championships 2022

Women 100 Fly

1	1:02.78	L	F	Emma Kuhn	18	VINE CPT	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
2	1:03.93	L S	F	Dakota Tucker	18	WATR JHB	25/06/2022 PEA Winter Gala 2022
3	1:03.94	L	F	Luchelle Oosthuizen	18	FSA FS	12/04/2023 SA National Aquatic SNR-Champ 202
4	1:04.93	L	F	Kayla Schmelzer	18	INFA NMA	09/12/2022 NMBA Championships 2022
5	1:06.14	L	F	Hannah Robertson	18	MDOL EKU	23/09/2022 EGA Summer 1 2022
6	1:06.30	L	P	Ambrin Pienaar	18	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
7	1:06.77	L	F	Leigh McMorran	18	AA JHB	25/02/2023 CGA Level 3+ Last Chance gala
8	1:07.73	L	F	Lise Coetzee	18	TUKS TSH	09/12/2022 NTS Championships 2022
9	1:08.29	L	F	Kayla Gouws	18	TUKS TSH	28/10/2022 NTS October SARJ+ Age Group Gala
10	1:08.79	L	F	Lisa Kleyn	18	TUKS TSH	09/12/2022 NTS Championships 2022
11	1:09.12	L S	F	Kara Cilliers	18	QSAW CED	09/12/2022 Western Cape LC-A Championship 20
12	1:09.45	L	P	Cailey Sauvage	18	AGC TSH	12/04/2023 SA National Aquatic SNR-Champ 202
13	1:09.55	L	F	Catherine Van Rensburg	18	TUKS TSH	28/10/2022 NTS October SARJ+ Age Group Gala
14	1:09.73	L	P	Tara Uys	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
15	1:10.02	L S	F	Chazél Orton	18	POTC KKD	03/10/2022 Sasolburg Swim Club Invitational Gala
16	1:10.30	L	P	Lezanne De Villiers	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
17	1:10.62	L	P	Jolene Cornelius	18	TUKS TSH	09/12/2022 NTS Championships 2022
18	1:10.79	L S	F	Bernelee Doster	18	MDOL EKU	08/12/2022 EGA Summer Champs 2022
19	1:11.39	L	F	Caylin Gous	18	FAAC FBD	07/12/2022 NCASA CHAMPS 2022
20	1:13.07	L	F	Chanel Fourie	18	AA JHB	01/12/2022 CGA LC Summer Championships Lev

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
21	1:13.65	L	F	Erin Haslehurst	18	PGAC	EKU	31/03/2023 SA Level 3 Regional Age Group Chan
22	1:13.93	L S	P	Simone Moll	18	BAS	EKU	08/12/2022 EGA Summer Champs 2022
23	1:14.04	L S	P	Zara Kleinhans	18	AQDO	CPT	09/12/2022 Western Cape LC-A Championship 20
24*	1:14.34	L	P	Maxine Boyce	18	TUKS	FSH	01/07/2022 Prestige Tournament 2022
24*	1:14.34	L	F	Megan Cronje	18	WATR	JHB	01/12/2022 CGA LC Summer Championships Lev
26	1:14.66	L	F	Tumaini Macdonell	18	USC	BUF	02/12/2022 BCA Long Course Championships 202
27	1:16.28	L	F	Haylee Vd Merwe	18	QUIC	CPT	04/11/2022 CTAA CHAMPS 2022
28	1:16.61	L	F	Kate Tinley	18	ROA	EDD	10/02/2023 Infinity Gala 2023
29	1:16.79	L	P	Anneke van Eeden	18	HREF	BPD	31/03/2023 SA Level 3 Regional Age Group Chan
30	1:17.03	L	P	Tumelo Thelejane	18	OLDE	JHB	31/03/2023 SA Level 3 Regional Age Group Chan
31	1:19.07	L S	F	Sime Bekker	18	KLOO	ETH	03/10/2022 Sasolburg Swim Club Invitational Gala
32	1:19.28	L	P	Jessica Meter	18	SEAL	UMD	16/12/2022 KZNA Premier Provincial Championsh
33	1:21.01	L	F	Zaria Fourie	18	TKS	WBD	02/12/2022 Limpopo Champs
34	1:21.91	L	F	Ra-eesa Jephtha	18	MANT	CPT	11/02/2023 WCA-B Champs - 2023
35	1:22.22	L S	F	Anandi Botha	18	BLNE	MAN	06/12/2022 Free State Champs 2022
36	1:23.53	L	F	Alex Truter	18	BEAV	ETH	25/11/2022 WSC & Seals Summer LC Champs 20
37	1:24.59	L	P	Joanica Kriegler	18	WCA	CPT	12/04/2023 SA National Aquatic SNR-Champ 202
38	1:24.91	L S	P	Danieka Bekker	18	JAQ	EKU	08/12/2022 EGA Summer Champs 2022
39	1:26.26	L	F	Donia Smit	18	SS	MPD	02/12/2022 Limpopo Champs
40	1:26.70	L	F	Rachel O' Grady	18	CA	EKU	31/03/2023 SA Level 3 Regional Age Group Chan
41	1:27.81	L	F	Emmerentia Botha	18	HPP	BUF	15/10/2022 Limpopo Top 10 - High Schools
42	1:29.35	L	F	Yvonne Botha	18	HBV	MPD	15/10/2022 Limpopo Top 10 - High Schools
43	1:29.48	L	F	Shannon Carr	18	MANT	CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
44	1:29.60	L	P	Amy Clarke	18	FLOD	JHB	01/12/2022 CGA LC Summer Championships Lev
45	1:33.40	L	T	Iona Neethling	18	WOAQ	GED	13/11/2022 Winelands Summer League 4
46	1:36.65	L	F	Carina Steele	18	HSBV	SKD	15/10/2022 Limpopo Top 10 - High Schools
47	1:38.74	L	F	Amelia Booth	18	HMER	MPD	15/10/2022 Limpopo Top 10 - High Schools
48	1:40.60	L	P	Natalia Minichiello	18	FSE	KCD	17/03/2023 SA Level 2 Regional Age Group Cham
49	1:42.23	L	F	Surëlma Greeff	18	HARB	BPD	26/11/2022 NWS Age Group 3 2022/23
50	1:43.84	L S	F	Minke Janse Van Rensburg	18	FISH	EDD	09/12/2022 Western Cape LC-A Championship 20
51	1:44.84	L	F	Corlia Van Zyl	18	UPSK		07/12/2022 NCASA CHAMPS 2022
52	2:01.34	L	F	Isabelle Ferreira	CR	ROB	EZD	14/10/2022 MP AGE GROUP 2 GALA 14-15 OCT
53	2:37.03	L S	P	Lesego Mela	18	ONYX	EKU	08/12/2022 EGA Summer Champs 2022
Women 200 Fly								
1	2:20.78	L	F	Dakota Tucker	18	WATR	JHB	25/06/2022 PEA Winter Gala 2022
2	2:22.64	L	F	Luchelle Oosthuizen	18	KOVs	MAN	16/12/2022 KZNA Premier Provincial Championsh
3	2:22.84	L	P	Leigh McMorrnan	18	AGB	JHB	12/04/2023 SA National Aquatic SNR-Champ 202
4	2:32.47	L	F	Kayla Schmelzer	18	INFA	NMA	13/08/2022 Madibaz Swim Meet
5	2:33.31	L	F	Caylin Gous	18	FAAC	FBD	07/10/2022 FLAMINGO GALA OCT 2022
6	2:44.98	L	F	Erin Haslehurst	18	PGAC	EKU	08/12/2022 EGA Summer Champs 2022
7	2:54.21	L	F	Zara Kleinhans	18	AQDO	CPT	24/02/2023 Western Cape Elite Gala
8	2:56.60	L	F	Kara Cilliers	18	QSAW	GED	20/08/2022 Winelands SL 1
9	2:57.03	L	F	Chanel Fourie	18	AA	JHB	01/12/2022 CGA LC Summer Championships Lev
Women 200 IM								
1	2:16.06	L	F	Dakota Tucker	18	AGB	JHB	12/04/2023 SA National Aquatic SNR-Champ 202
2	2:20.39	L	F	Emma Kuhn	18	VINE	CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
3	2:23.39	L	F	Ambrin Pienaar	18	KZNA	ETH	12/04/2023 SA National Aquatic SNR-Champ 202
4	2:25.43	L	F	Luchelle Oosthuizen	18	KOVs	MAN	16/12/2022 KZNA Premier Provincial Championsh
5	2:26.32	L	F	Savannah Voigt	18	SAAW	CPT	16/12/2022 KZNA Premier Provincial Championsh
6	2:26.93	L	F	Catherine Van Rensburg	18	TUKS	FSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
7	2:28.71	L	P	Chazél Orton	18	NWS		12/04/2023 SA National Aquatic SNR-Champ 202
8	2:29.67	L	P	Cailey Sauvage	18	AGC	FSH	12/04/2023 SA National Aquatic SNR-Champ 202
9	2:30.48	L	P	Maxine Boyce	18	AGC	FSH	12/04/2023 SA National Aquatic SNR-Champ 202
10	2:30.69	L	F	Kayla Schmelzer	18	INFA	NMA	13/08/2022 Madibaz Swim Meet
11	2:30.85	L	F	Tara Uys	18	TYGE	CPT	09/12/2022 Western Cape LC-A Championship 20
12	2:31.88	L	P	Bernelee Doster	18	AGA	EKU	12/04/2023 SA National Aquatic SNR-Champ 202
13	2:33.62	L	P	Simone Moll	18	AGA	EKU	12/04/2023 SA National Aquatic SNR-Champ 202
14	2:34.59	L	P	Leah Christie	18	WCA	CPT	12/04/2023 SA National Aquatic SNR-Champ 202

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
15	2:34.97	L	F	Kara Cilliers	18	QSAW CED	18/02/2023 Swartland Invitational Gala 2023
16	2:35.45	L	F	Caylin Gous	18	FAAC FBD	07/10/2022 FLAMINGO GALA OCT 2022
17	2:35.73	L	P	Lisa Kleyn	18	TUKS TSH	09/12/2022 NTS Championships 2022
18	2:37.95	L	F	Anieke Helmand	AR	BLOT MAN	22/10/2022 Otters Prestige Gala 2022
19	2:37.97	L	P	Sime Bekker	18	KLOO ETH	16/12/2022 KZNA Premier Provincial Championsh
20	2:38.51	L	F	Mykae Forrest	18	ACSA ETH	01/07/2022 Prestige Tournament 2022
21	2:38.86	L	F	Zara Kleinhans	18	AQDO CPT	09/12/2022 Western Cape LC-A Championship 20
22	2:39.37	L	F	Jessica Meter	18	SEAL UMD	01/07/2022 Prestige Tournament 2022
23	2:39.97	L	F	Haylee Vd Merwe	18	QUIC CPT	09/12/2022 Western Cape LC-A Championship 20
24	2:41.09	L	F	Ashleë Pretorius	18	SSISA CPT	04/11/2022 CTA A CHAMPS 2022
25	2:41.73	L	F	Hannah Neilson	18	MATI CED	13/11/2022 Winelands Summer League 4
26	2:42.57	L	F	Hannah Cromhout	18	TUKS TSH	28/10/2022 NTS October SARJ+ Age Group Gala
27	2:44.76	L	F	Alex Truter	18	BEAV ETH	31/03/2023 SA Level 3 Regional Age Group Chan
28	2:44.88	L	F	Gabriella de Beer	18	MATL KKD	07/12/2022 NWS Championships 2022/2023
29	2:44.90	L	P	Megan Cronje	18	AGB JHB	12/04/2023 SA National Aquatic SNR-Champ 202
30	2:45.42	L	F	Amori Potgieter	18	POTC KKD	07/12/2022 NWS Championships 2022/2023
31	2:45.85	L	F	Jolene Cornelius	18	TUKS TSH	28/10/2022 NTS October SARJ+ Age Group Gala
32	2:46.37	L	F	Erin Haslehurst	18	PGAC EKU	08/12/2022 EGA Summer Champs 2022
33	2:46.64	L	P	Chanel Fourie	18	AA JHB	09/12/2022 NTS Championships 2022
34	2:47.07	L	P	Tumelo Thelejane	18	OLDE JHB	31/03/2023 SA Level 3 Regional Age Group Chan
35	2:47.68	L	P	Anneke van Eeden	18	HREF BPD	31/03/2023 SA Level 3 Regional Age Group Chan
36	2:49.26	L	F	Jordan Buffel	18	TRAZ TSH	17/02/2023 NTS February Lev 1+2 Age Group Gal
37	x2:50.26	L	P	Amani Ismail	18	ATLA JHB	02/03/2023 SA Level 2 Regional Age Group Cham
38	2:50.83	L	F	Yvonne Botha	18	SS MPD	02/12/2022 Limpopo Champs
39	2:52.88	L	F	Anandi Botha	18	BLNE MAN	06/12/2022 Free State Champs 2022
40	2:53.77	L	P	Rachel O' Grady	18	CA EKU	08/12/2022 EGA Summer Champs 2022
41	2:54.11	L	P	Zaria Fourie	18	LP CC	21/04/2023 SA Schools Swimming Championship
42	2:54.72	L	F	Scarlett Botes	18	AACTA CPT	18/02/2023 Swartland Invitational Gala 2023
43	2:55.45	L	F	Donia Smit	18	SS MPD	02/12/2022 Limpopo Champs
44	2:56.14	L	P	Kiara Bester	18	TUKS TSH	09/12/2022 NTS Championships 2022
45	2:57.05	L	F	Emmerentia Botha	18	HPP BUF	15/10/2022 Limpopo Top 10 - High Schools
46	2:57.09	L	P	Megan Adams	18	SOUL EKU	08/12/2022 EGA Summer Champs 2022
47	2:57.38	L	F	Kate Tinley	18	ROA EDD	07/10/2022 41st Freda Barnard Invitational Gala
48	2:58.36	L	P	Santana Van Der Zandt	18	SOUL EKU	31/03/2023 SA Level 3 Regional Age Group Chan
49	2:59.33	L S	F	Joanica Kriegler	18	CUDU CPT	09/12/2022 Western Cape LC-A Championship 20
50	3:01.48	L	F	Megan Bulose	18	QUIC CPT	15/10/2022 CTA Qualifying Meet #6
51	3:02.77	L	F	Cherise Swartz	18	TONAU CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
52	3:03.35	L	P	Danieka Bekker	18	JAQ EKU	08/12/2022 EGA Summer Champs 2022
53	3:05.24	L	F	Aimee Langenhoven	18	AACTA CPT	07/10/2022 41st Freda Barnard Invitational Gala
54	3:05.54	L	F	Cheney Le Roux	18	KTS	03/02/2023 NCASA SPRINTS - 3 & 4 FEBRUARY
55	3:06.65	L	F	Ra-eesa Jephtha	18	MANT CPT	11/02/2023 WCA-B Champs - 2023
56	3:07.30	L	P	Noxolo Dzanibe	18	TLAC BPD	03/03/2023 SA Level 2 Regional Age Group Cham
57	3:07.39	L	F	Alisha Stanfley	18	FAAC FBD	07/10/2022 FLAMINGO GALA OCT 2022
58	3:09.11	L	P	Jessica Lazarou	18	AWSC JHB	01/12/2022 CGA LC Summer Championships Lev
59	3:14.04	L	F	Gabriella Benjamin	18	SEAL UMD	01/07/2022 Prestige Tournament 2022
60	3:16.56	L	F	Shannon Carr	18	MANT CPT	18/02/2023 Swartland Invitational Gala 2023
61	3:17.00	L	F	Cameron Butler	18	SUPE JHB	02/03/2023 SA Level 2 Regional Age Group Cham
62	3:17.82	L	F	Zarah Abrahams	18	SSISA CPT	03/09/2022 CTA Qualifying Meet #4
63	3:19.11	L	F	Iona Neethling	18	WOAQ CED	03/09/2022 CTA Qualifying Meet #4
64	3:20.60	L	F	Zoe Richards	18	VRY ZLD	29/10/2022 Amajuba District Age Group 4 29 Oct
65	3:22.87	L	F	Megan Africa	18	MARL CPT	18/02/2023 Swartland Invitational Gala 2023
66	3:24.25	L	F	Zanté Beyers	18	CA EKU	20/01/2023 EGA Last Chance Galal
67	3:26.20	L	F	Erin Carter	18	EVO CPT	24/09/2022 CTA Qualifying Meet #5
68	3:28.61	L	F	Famke Zeeman	18	MANT CPT	12/11/2022 CTA B CHAMPS
69	3:28.66	L	F	Kara Fourie	18	LAD UTD	12/11/2022 Uthukela District Age Group Gala
70	3:29.41	L	F	Corlia Van Zyl	18	UPSK	15/10/2022 AGE GROUP 1 UPINGTON 2022
71	3:30.27	L	F	Enrika Lubbe	18	BS LLD	22/10/2022 Otters Prestige Gala 2022
72	3:32.49	L S	F	Minke Janse Van Rensburg	18	FISH EDD	09/12/2022 Western Cape LC-A Championship 20
73	3:34.58	L	F	Cherna' Fouche	18	BETH FDD	01/07/2022 Prestige Tournament 2022

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
74	4:11.38 L	F	Ketso Mohapi	18	COSM JHB	18/03/2023	Level 1 Intra-Provincial 2023	
75	4:51.69 L	F	Lesego Mela	18	ONYX EKU	31/03/2023	SA Level 3 Regional Age Group Chan	
Women 400 IM								
1	4:49.87 L	P	Dakota Tucker	18	WATR JHB	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
2	4:58.05 L	F	Catherine Van Rensburg	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
3	5:13.53 L	F	Chazél Orton	18	NWS	12/04/2023	SA National Aquatic SNR-Champ 202	
4	5:17.22 L	F	Maxine Boyce	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
5	5:22.48 L	F	Savannah Voigt	18	SAAW CPT	16/12/2022	KZNA Premier Provincial Championships	
6	5:24.21 L	F	Luchelle Oosthuizen	18	KOVS MAN	09/09/2022	MA Long Distance Gala 1	
7	5:30.74 L	F	Bernelee Doster	18	MDOL EKU	20/01/2023	EGA Last Chance Galal	
8	5:32.95 L	F	Kara Cilliers	18	WCA CPT	21/04/2023	SA Schools Swimming Championship	
9	5:36.65 L	F	Caylin Gous	18	FAAC FBD	07/12/2022	NCASA CHAMPS 2022	
10	5:44.26 L	F	Zara Kleinhans	18	AQDO CPT	24/02/2023	Western Cape Elite Gala	
11	5:45.85 L	F	Haylee Vd Merwe	18	QUIC CPT	09/12/2022	Western Cape LC-A Championship 20	
12	5:53.98 L	F	Erin Haslehurst	18	PGAC EKU	21/10/2022	EGA Summer 2 2022	
13	5:54.36 L	F	Alex Truter	18	BEAV ETH	25/11/2022	WSC & Seals Summer LC Champs 20	
14	5:56.80 L	F	Chanel Fourie	18	AA JHB	01/12/2022	CGA LC Summer Championships Lev	
15	5:58.66 L	F	Ashleë Pretorius	18	SSISA CPT	03/09/2022	CTA Qualifying Meet #4	
16	6:27.21 L	F	Joanica Krieglner	18	CUDU CPT	25/06/2022	PEA Winter Gala 2022	
17	6:54.86 L	F	Surëlma Greeff	18	HARB BPD	26/11/2022	NWS Age Group 3 2022/23	
18	7:21.07 L	F	Corlia Van Zyl	18	UPSK	07/12/2022	NCASA CHAMPS 2022	
Men 11 Free								
1	2:12.59 L	F	Sven Van der Linde	18	ASA ILD	12/11/2022	Baynesfield Open Water KZN	
2	2:35.26 L	F	Jaryd Holton	18	BEAV ETH	12/11/2022	Baynesfield Open Water KZN	
Men 50 Free								
1	22.18 L	P	Pieter Coetzé	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
2	23.42 L	F	Taylor Luck	18	VINE CPT	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
3	24.05 L	P	Aiden Bornman	18	AGA EKU	12/04/2023	SA National Aquatic SNR-Champ 202	
4	24.18 L	F	Bryce Buret	18	USC BUF	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
5	24.20 L	F	Owethu Mahan	18	TUKS TSH	09/12/2022	NTS Championships 2022	
6	24.23 L	F	Wikus Potgieter	18	VINE CPT	21/01/2023	CTA Qualifying Meet #7	
7	24.40 L	P	Francois Malherbe	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
8	24.49 L	P	Willem Roos	18	TUKS TSH	09/12/2022	NTS Championships 2022	
9	24.62 L	F	Antonie Pieterse	18	RFA TSH	09/12/2022	NTS Championships 2022	
10	24.66 L	P	Darno Vd Merwe	18	TUKS TSH	16/12/2022	KZNA Premier Provincial Championships	
11	24.76 L	F	Joshua Miller	18	TUKS TSH	03/02/2023	NTS January Lev 3+ Age Group Gala :	
12	24.94 L S	F	Benny LIU	18	BLSS MAN	03/10/2022	Sasolburg Swim Club Invitational Gala	
13	25.03 L	F	Clinton Eales	18	INFA NMA	10/02/2023	Infinity Gala 2023	
14	25.04 L	P	Luard Elstadt	18	TUKS TSH	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
15	25.07 L	P	Timothy Hopkins	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
16	25.08 L	P	Jordan Myburgh	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
17	25.12 L	P	Liam Le Gassick	18	FSA FS	12/04/2023	SA National Aquatic SNR-Champ 202	
18	25.19 L	P	Gabriel West	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
19*	25.25 L	F	Nicolaas Esterhuysen	18	POTC KKD	07/12/2022	NWS Championships 2022/2023	
19*	25.25 L	P	Matthew Beetge	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
21	25.26 L	P	Declan Egger	18	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202	
22	25.29 L	F	Jordan Denyer	18	EDEN EDD	28/01/2023	NMBA Intra-District Championship	
23	25.46 L	P	Yussen Furtado	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
24*	25.51 L	F	Ryan Zasas	18	WATR JHB	31/03/2023	SA Level 3 Regional Age Group Chan	
24*	25.51 L	P	Dandré Pretorius	18	ETTN EKU	31/03/2023	SA Level 3 Regional Age Group Chan	
26	25.53 L	P	Reece Johnson	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
27	25.56 L S	P	Conrad Faber	18	FAAC FBD	25/06/2022	PEA Winter Gala 2022	
28	25.58 L	F	Stephanus Van Zyl	18	UPSK	31/03/2023	SA Level 3 Regional Age Group Chan	
29	25.74 L	P	Kai Binsbergen	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
30*	25.75 L	F	Andro Louw	18	KOVS MAN	22/10/2022	Otters Prestige Gala 2022	
30*	25.75 L S	F	Keeno Swarts	18	VINE CPT	25/06/2022	PEA Winter Gala 2022	
30*	25.75 L	F	Connor Fuller	18	TUKS TSH	24/02/2023	NTS February Lev 3+ Age Group Gala	
33	25.77 L	F	Joss Hempel	18	PEAS NMA	17/09/2022	3rd A League Gala-Newton Park Pool	

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
34	25.79	L	P	Dean De Clerck	18	AGC	FSH	12/04/2023 SA National Aquatic SNR-Champ 202
35*	25.80	L	F	Josias Van Schalkwyk	18	ASA	ILD	16/12/2022 KZNA Premier Provincial Championsh
35*	25.80	L	F	Jack Cameron	18	NWUC	KKD	07/12/2022 NWS Championships 2022/2023
37	25.83	L	F	Mogamat Raubenheimer	18	MARL	CPT	03/09/2022 CTA Qualifying Meet #4
38	25.86	L	F	Heindru Moolman	18	MSC	NGD	02/12/2022 Mpumalanga Championships 2022
39	25.89	L	F	Jayden Coetzer	18	CYBE	CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
40	25.93	L	F	Mduduzi Zwane	18	TUKS	FSH	10/09/2022 Adrian Grafe Gala 2022
41	26.01	L	P	Eben De Jager	18	AGB	JHB	12/04/2023 SA National Aquatic SNR-Champ 202
42	26.02	L	P	Thapelo Ramoholi	18	ACSA	ETH	16/12/2022 KZNA Premier Provincial Championsh
43	26.05	L S	P	Liam Coetzee	18	PLAY	GED	09/12/2022 Western Cape LC-A Championship 20
44	26.06	L	F	Juan Boshoff	18	TYGE	CPT	07/10/2022 41st Freda Barnard Invitational Gala
45	26.10	L	F	Joshua Rossouw	18	KTS		28/10/2022 KALAHARI CLASSIC CLUB GALA
46	26.14	L	F	Mathys Kruger	18	SS	MPD	02/12/2022 Limpopo Champs
47	26.21	L	F	Chad Moutzouris	AR	BLOT	MAN	29/09/2022 MA Grand Prix
48	26.23	L	F	Janco Rademeyer	18	CSA	EZD	31/03/2023 SA Level 3 Regional Age Group Chan
49	26.26	L	P	Jamie Allamby	18	CRSC	JHB	01/12/2022 CGA LC Summer Championships Lev
50	26.32	L	F	Chaden Eilers	18	KALA		07/12/2022 NCASA CHAMPS 2022
51	26.35	L	P	Hanno Groenewald	18	MSC	NGD	02/12/2022 Mpumalanga Championships 2022
52	26.37	L S	P	Ethan John	18	PEAS	NMA	25/06/2022 PEA Winter Gala 2022
53	26.41	L	P	Finn De Villiers	18	SEAL	UMD	01/07/2022 Prestige Tournament 2022
54*	26.45	L	F	Adrian Le Roux	18	MAKO	EKU	21/10/2022 EGA Summer 2 2022
54*	26.45	L	F	Pierce Kotze	18	WOAQ	GED	28/01/2023 Winelands SL Final
56	26.46	L	F	Logan Croft	18	PEAS	NMA	09/12/2022 NMBA Championships 2022
57	26.51	L	P	Julian Andrew	18	LP	CC	12/04/2023 SA National Aquatic SNR-Champ 202
58	26.53	L	P	Clayton Thompson	18	RFA	FSH	09/12/2022 NTS Championships 2022
59	26.58	L	P	Tambai Dutiro	18	BAS	EKU	16/12/2022 KZNA Premier Provincial Championsh
60	26.63	L	P	Gerhard Van der Linde	18	RFA	FSH	09/12/2022 NTS Championships 2022
61	26.66	L S	P	Thomas Forbes	18	LALE	GED	09/12/2022 Western Cape LC-A Championship 20
62	26.67	L	P	Colby Van Rooyen	18	RFA	FSH	31/03/2023 SA Level 3 Regional Age Group Chan
63	26.70	L	F	Cobus Botes	18	BULS	MAN	06/12/2022 Free State Champs 2022
64	26.72	L	F	Tyrone McCabe	18	WATR	JHB	09/12/2022 NMBA Championships 2022
65*	26.77	L	P	Nathan Fildes	18	TUKS	FSH	09/12/2022 NTS Championships 2022
65*	26.77	L	F	Gary Watchurst	18	INFA	NMA	10/02/2023 Infinity Gala 2023
67	26.79	L	P	Leshen Pillay	18	SGUL	ETH	01/07/2022 Prestige Tournament 2022
68	26.89	L	F	Leslie Stevens	18	QUIC	CPT	07/10/2022 41st Freda Barnard Invitational Gala
69	26.90	L	P	Chakota Cooks	18	SOUL	EKU	31/03/2023 SA Level 3 Regional Age Group Chan
70	26.92	L	P	Joshua Gebhardt	18	ELEC	FSH	09/12/2022 NTS Championships 2022
71*	26.96	L	P	Adam Gorton	18	SASE	JHB	31/03/2023 SA Level 3 Regional Age Group Chan
71*	26.96	L	F	Marcus Lichtblau	18	ONYX	EKU	10/09/2022 Adrian Grafe Gala 2022
73	27.04	L	F	Hermanus Steyn	18	TUKS	FSH	27/01/2023 NTS Janaury Lev 1+2 Age Group Gala
74	27.05	L	F	Jordan Trumpeter	18	INFA	NMA	09/12/2022 NMBA Championships 2022
75	27.08	L	P	Ontlotile Makgale	18	ISSC	NMD	31/03/2023 SA Level 3 Regional Age Group Chan
76	27.11	L S	P	Diederick De Clercq	18	CLSC	WCD	25/06/2022 PEA Winter Gala 2022
77	27.15	L	F	Mark Peceur	18	PAQU	GED	28/01/2023 Winelands SL Final
78	27.27	L S	P	Joshua Witthuhn	18	INFA	NMA	25/06/2022 PEA Winter Gala 2022
79	27.29	L	F	Jaryd Holton	18	ASA	ILD	28/01/2023 EDA January Gala 2023
80	27.30	L	P	Juano De Villiers	18	UNI	EZD	02/12/2022 Mpumalanga Championships 2022
81	27.31	L	F	Gavin Robberts	18	TUKS	FSH	21/10/2022 NTS October Lev 3 Age Group Gala 21
82	27.39	L	P	Kelvin Germs	18	WATR	JHB	31/03/2023 SA Level 3 Regional Age Group Chan
83	27.44	L S	P	Suhail Gamielidien	18	AQDO	CPT	09/12/2022 Western Cape LC-A Championship 20
84	27.46	L	F	Bongani Tshabalala	18	HWBAD	WBD	04/02/2023 Limpopo School Champs
85	27.52	L	F	Landon Windvogel	18	MGSC	UGD	31/03/2023 SA Level 3 Regional Age Group Chan
86	27.56	L	F	Connor Davies	18	WSTV	ETH	25/11/2022 WSC & Seals Summer LC Champs 20
87	27.62	L	P	Patrick Hepke	18	TUKS	FSH	09/12/2022 NTS Championships 2022
88*	27.94	L	P	Benyamin Stander	18	QUIC	CPT	31/03/2023 SA Level 3 Regional Age Group Chan
88*	27.94	L	F	Jordan Jafthas	18	TYGE	CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
90	27.99	L	F	Jeryn Naidoo	18	BEAV	ETH	31/03/2023 SA Level 3 Regional Age Group Chan
91	28.10	L	F	Luniko Lugogwana	18	INFA	NMA	19/11/2022 5th A League Gala
92	28.11	L	F	Emihl Rossouw	18	QUIC	CPT	07/10/2022 41st Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
93	28.15	L	F	Josua Vorster	18	FISH EDD	07/10/2022 41st Freda Barnard Invitational Gala
94	28.18	L	F	Shawn Makhubu	18	SOWE JHB	02/10/2022 2022 AG Swim Stars 14&Over
95	28.28	L S	P	Tyler Micklethwaite	18	SSISA CPT	09/12/2022 Western Cape LC-A Championship 20
96	28.30	L	F	Damian Smith	18	FISH EDD	05/11/2022 EDEN 3rd A-League Gala 2022
97	28.41	L S	P	Ben Minnaar	18	TYGE CPT	09/12/2022 Western Cape LC-A Championship 20
98	28.56	L S	P	Matthew Fouché	18	ETTN EKU	08/12/2022 EGA Summer Champs 2022
99*	28.57	L	P	Theuns Hattingh	18	NAE EZD	02/12/2022 Mpumalanga Championships 2022
99*	28.57	L	F	Marius Oosthuizen	18	PHS CCD	04/02/2023 Limpopo School Champs
101	28.60	L	P	Aiden Ungerer	18	USH UHD	31/03/2023 SA Level 3 Regional Age Group Chan
102	28.74	L	F	Tiaan Stoltz	18	PAC TSH	24/02/2023 NTS February Lev 3+ Age Group Gala
103	28.75	L S	F	Quintin Van Rensburg	18	SASOL FDD	03/10/2022 Sasolburg Swim Club Invitational Gala
104	28.94	L	F	Zubair Gasant	18	MANT CPT	07/10/2022 41st Freda Barnard Invitational Gala
105	29.17	L	P	Rocco Gnudi	18	OLDE JHB	31/03/2023 SA Level 3 Regional Age Group Chan
106	29.22	L	F	Kaleb Bezuidenhout	18	PEAR NMA	25/02/2023 Eastern Cape Schools Swimming Trial
107	29.61	L	F	Henricus Geerkens	18	PHS CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
108	29.91	L	F	Richard Antia	18	EVO CPT	18/02/2023 Swartland Invitational Gala 2023
109	29.97	L	F	Matthew Myers	18	VINE CPT	11/11/2022 Swartland Prestige Gala 2022
110	29.99	L	F	Nathan Linde	18	PAC TSH	24/02/2023 NTS February Lev 3+ Age Group Gala
111	30.26	L	P	Graham Peacock	18	ESP EKU	02/03/2023 SA Level 2 Regional Age Group Cham
112	30.47	L	F	Owen Erasmus	18	HSH KKD	10/02/2023 NW School Championships 2023
113	30.63	L	F	Isak Luther	18	HSH KKD	10/02/2023 NW School Championships 2023
114	30.78	L	F	Pierre Lategan	18	WEST CPT	15/10/2022 CTA Qualifying Meet #6
115*	31.00	L	F	Darryn Halfon	18	JVR CPT	24/09/2022 CTA Qualifying Meet #5
115*	31.00	L	F	Nicolaas Du Preez	18	HFDT MPD	15/10/2022 Limpopo Top 10 - High Schools
117	31.03	L	F	Jacobus Du Plessis	18	UPSK	19/11/2022 AGE GROUP 3 UPINGTON - 2022
118	31.20	L	P	Hendrik Van Der Merwe	18	KSC EZD	02/12/2022 Mpumalanga Championships 2022
119	31.35	L	F	Angelo Smith	18	CLSC WCD	11/02/2023 WCA-B Champs - 2023
120	31.46	L	F	Tinus Barnard	18	KTS	14/01/2023 GROUP 5 - KTHU 2023
121	32.73	L	F	Josua Louw	18	HSH KKD	10/02/2023 NW School Championships 2023
122	34.16	L	F	Vian Snyman	CR	ROB EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
123	34.58	L	F	Dion Grobler	18	HREF BPD	26/11/2022 NWS Age Group 3 2022/23
124	34.68	L	P	Njabulo Cumbane	18	MP EZ	21/04/2023 SA Schools Swimming Championship
125	34.89	L	F	Marnus van Straaten	18	BULS MAN	22/10/2022 Otters Prestige Gala 2022
126	34.91	L	F	Christoffel Nel	18	RBUR BPD	21/01/2023 NWS Sprint Gala 2023
127	36.02	L	F	Kamogelo Molefe	18	ATTE TSH	18/03/2023 Level 1 Intra-Provincial 2023
128	36.91	L	P	Ahmed Pilodia	18	ATLA JHB	02/03/2023 SA Level 2 Regional Age Group Cham
129	40.29	L	F	Atang Phooko	18	CURHK CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
130	40.78	L	F	Nicolas Pienaar	18	ESS EZD	02/12/2022 Mpumalanga Championships 2022
131	42.76	L	F	Kevin Van Rooyen	18	ESS EZD	17/09/2022 MP SPRINT GALA 17 SEPTEMBER 2
132	43.40	L	F	Phillip Steyn	18	ESS EZD	04/11/2022 MP AGE GROUP 3 GALA 4-5 NOVEM
133	45.41	L	F	Cebolesizwe Shandu	18	FSE KCD	21/01/2023 KCDA January Age Group Gala 2023
Men 100 Free							
1	49.19	L	F	Pieter Coetzé	18	AGC TSH	12/04/2023 SA National Aquatic SNR-Champ 202
2	51.09	L	P	Taylor Luck	18	VINE CPT	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
3	52.20	L	P	Francois Malherbe	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
4	52.57	L	P	Darno Vd Merwe	18	AGC TSH	12/04/2023 SA National Aquatic SNR-Champ 202
5	52.94	L	P	Wikus Potgieter	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
6	53.11	L	P	Aiden Bornman	18	AGA EKU	12/04/2023 SA National Aquatic SNR-Champ 202
7	53.19	L	F	Owethu Mahan	18	TUKS TSH	09/12/2022 NTS Championships 2022
8	53.42	L	P	Bryce Buret	18	USC BUF	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
9	54.12	L	F	Antonie Pieterse	18	RFA TSH	09/12/2022 NTS Championships 2022
10	54.16	L	P	Liam Le Gassick	18	BLSS MAN	06/12/2022 Free State Champs 2022
11	54.33	L	P	Timothy Hopkins	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
12	54.55	L	P	Reece Johnson	18	AGC TSH	12/04/2023 SA National Aquatic SNR-Champ 202
13	54.98	L	P	Willem Roos	18	AGC TSH	12/04/2023 SA National Aquatic SNR-Champ 202
14	55.07	L	F	Conrad Faber	18	FAAC FBD	25/06/2022 PEA Winter Gala 2022
15	55.09	L	P	Gabriel West	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
16	55.10	L	F	Sven Van der Linde	18	ASA ILD	28/01/2023 EDA January Gala 2023
17	55.13	L	P	Luard Elstadt	18	TUKS TSH	03/03/2023 2023 Grand Prix 2 Invitational Meet - K

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr
18	55.26 L	P Matthew Beetge	18 WCA CPT 12/04/2023 SA National Aquatic SNR-Champ 202
19	55.45 L	F Ryan Zesas	18 WATR JHB 31/03/2023 SA Level 3 Regional Age Group Chan
20	55.55 L	P Dean De Clerck	18 AGC TSH 12/04/2023 SA National Aquatic SNR-Champ 202
21*	55.72 L S	F Benny LIU	18 BLSS MAN 03/10/2022 Sasolburg Swim Club Invitational Gala
21*	55.72 L	P Clinton Eales	18 INFA NMA 03/03/2023 2023 Grand Prix 2 Invitational Meet - K
23	55.75 L	F Thapelo Ramoholi	18 ACSA ETH 16/12/2022 KZNA Premier Provincial Championshi
24	55.78 L	F Jordan Denyer	18 INFA NMA 10/02/2023 Infinity Gala 2023
25	55.80 L	P Eben De Jager	18 GAUT 21/04/2023 SA Schools Swimming Championship
26	55.90 L	F Nicolaas Esterhuysen	18 POTC KKD 07/12/2022 NWS Championships 2022/2023
27	55.97 L	P Jordan Myburgh	18 BLMA CPT 09/12/2022 Western Cape LC-A Championship 20
28	56.01 L	F Connor Fuller	18 TUKS TSH 24/02/2023 NTS February Lev 3+ Age Group Gala
29	56.08 L	F Caleb Dutton	18 USC BUF 02/12/2022 BCA Long Course Championships 202
30	56.21 L	P Jaryd Holton	18 KZNA ETH 12/04/2023 SA National Aquatic SNR-Champ 202
31	56.25 L	P Yusseni Furtado	18 WCA CPT 12/04/2023 SA National Aquatic SNR-Champ 202
32	56.27 L	P Joshua Miller	18 TUKS TSH 09/12/2022 NTS Championships 2022
33	56.29 L	F Josias Van Schalkwyk	18 ASA ILD 16/12/2022 KZNA Premier Provincial Championshi
34	56.36 L	F Declan Egger	18 RIVO JHB 25/02/2023 CGA Level 3+ Last Chance gala
35	56.47 L	F Stephanus Van Zyl	18 UPSK 31/03/2023 SA Level 3 Regional Age Group Chan
36	56.50 L	F Juan Boshoff	18 TYGE CPT 07/10/2022 41st Freda Barnard Invitational Gala
37	56.57 L	P Kai Binsbergen	18 AGC TSH 12/04/2023 SA National Aquatic SNR-Champ 202
38	56.58 L	P Jayden Coetzer	18 WCA CPT 12/04/2023 SA National Aquatic SNR-Champ 202
39	56.60 L	P Thomas Forbes	18 LALE CED 03/03/2023 2023 Grand Prix 2 Invitational Meet - K
40	56.70 L	F Janco Rademeyer	18 CSA EZD 31/03/2023 SA Level 3 Regional Age Group Chan
41	56.97 L	P Jamie Allamby	18 CRSC JHB 01/12/2022 CGA LC Summer Championships Lev
42	57.10 L	F Mogamat Raubenheimer	18 MARL CPT 04/11/2022 CTA A CHAMPS 2022
43	57.33 L	F Finn De Villiers	18 SEAL UMD 01/07/2022 Prestige Tournament 2022
44	57.63 L	F Jack Cameron	18 NWUC KKD 07/12/2022 NWS Championships 2022/2023
45	57.67 L	P Keeno Swarts	18 WCA CPT 12/04/2023 SA National Aquatic SNR-Champ 202
46	57.68 L	P Dandré Pretorius	18 ETTN EKU 31/03/2023 SA Level 3 Regional Age Group Chan
47	57.93 L	P Gerhard Van der Linde	18 RFA TSH 09/12/2022 NTS Championships 2022
48	57.97 L	F Heindru Moolman	18 MSC NGD 30/09/2022 MP AGE GROUP 1
49	58.03 L	P Tyrone McCabe	18 AGB JHB 12/04/2023 SA National Aquatic SNR-Champ 202
50	58.04 L	F Joss Hempel	18 PEAS NMA 17/09/2022 3rd A League Gala-Newton Park Pool
51	58.13 L	F Chakota Cooks	18 SOUL EKU 31/03/2023 SA Level 3 Regional Age Group Chan
52*	58.28 L	F Chad Moutzouris	AR BLOT MAN 27/08/2022 Kovsie Gala
52*	58.28 L	P Hanno Groenewald	18 MSC NGD 02/12/2022 Mpumalanga Championships 2022
54	58.34 L	P Chaden Eilers	18 UWCA CPT 24/02/2023 Western Cape Elite Gala
55	58.36 L	P Julian Andrew	18 LP CC 12/04/2023 SA National Aquatic SNR-Champ 202
56	58.42 L	P James Kewley	18 TUKS TSH 03/03/2023 2023 Grand Prix 2 Invitational Meet - K
57*	58.51 L	F Gary Watchurst	18 INFA NMA 10/02/2023 Infinity Gala 2023
57*	58.51 L	F Mathys Kruger	18 SS MPD 02/12/2022 Limpopo Champs
59	58.52 L	P Joshua Gebhardt	18 ELEC TSH 09/12/2022 NTS Championships 2022
60	58.69 L	F Juano De Villiers	18 UNI EZD 10/02/2023 MP SA SCHOOLS TRIALS AG 5 10-11
61	58.70 L	F Suhail Gamielidien	18 AQDO CPT 07/10/2022 41st Freda Barnard Invitational Gala
62	58.75 L	P Nathan Fildes	18 TUKS TSH 31/03/2023 SA Level 3 Regional Age Group Chan
63	58.78 L	F Liam Coetzee	18 PLAY CED 07/10/2022 41st Freda Barnard Invitational Gala
64*	58.88 L	F Nikita Zoloev	18 SAAW CPT 04/11/2022 CTA A CHAMPS 2022
64*	58.88 L	F Tambai Dutiro	18 BAS EKU 20/01/2023 EGA Last Chance Galal
66	59.08 L	P Colby Van Rooyen	18 RFA TSH 09/12/2022 NTS Championships 2022
67	59.27 L	P Jethro Rolfe	18 SGUL ETH 16/12/2022 KZNA Premier Provincial Championshi
68	59.31 L	F Ethan John	18 PEAS NMA 13/08/2022 Madibaz Swim Meet
69	59.33 L	F Leshen Pillay	18 SGUL ETH 28/01/2023 EDA January Gala 2023
70	59.34 L	F Aleksandar Vujovic	18 WATR JHB 25/02/2023 CGA Level 3+ Last Chance gala
71	59.40 L	P Hermanus Steyn	18 TUKS TSH 09/12/2022 NTS Championships 2022
72	59.41 L	P Adrian Le Roux	18 BAS EKU 08/12/2022 EGA Summer Champs 2022
73	59.78 L	F Mark Peceur	18 PAQU CED 28/01/2023 Winelands SL Final
74	59.79 L	F Christian Hattingh	18 ROA EDD 07/10/2022 41st Freda Barnard Invitational Gala
75	59.91 L	P Diederick De Clercq	18 CLSC WCD 25/06/2022 PEA Winter Gala 2022
76	59.97 L	F Patrick Hepke	18 TUKS TSH 03/02/2023 NTS January Lev 3+ Age Group Gala :

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr			
77	1:00.27	L	P	Cobus Botes	18	BULS MAN	06/12/2022	Free State Champs 2022
78	1:00.33	L	F	Logan Croft	18	PEAS NMA	22/10/2022	4th A League Gala
79	1:00.37	L	F	Gavin Robberts	18	TUKS TSH	02/12/2022	2022 The Tshwane Mayoral Gala
80	1:00.38	L	P	Landon Windvogel	18	MGSC UGD	31/03/2023	SA Level 3 Regional Age Group Cham
81	1:00.40	L	F	Leslie Stevens	18	QUIC CPT	07/10/2022	41st Freda Barnard Invitational Gala
82	1:00.45	L	F	Joshua Rossouw	18	KTS	03/02/2023	NCASA SPRINTS - 3 & 4 FEBRUARY
83	1:00.50	L	P	Kelvin Germs	18	WATR JHB	01/12/2022	CGA LC Summer Championships Lev
84	1:00.85	L	P	Shaun Thomas	18	CRSC JHB	01/12/2022	CGA LC Summer Championships Lev
85	1:00.99	L	F	Janco Uys	18	POTC KKD	07/12/2022	NWS Championships 2022/2023
86	1:01.21	L	P	Ontlotile Makgale	18	ISSC NMD	31/03/2023	SA Level 3 Regional Age Group Chan
87	1:01.24	L	P	Matthew Fouché	18	ETTN EKU	31/03/2023	SA Level 3 Regional Age Group Chan
88	1:01.64	L	P	Jeryn Naidoo	18	BEAV ETH	31/03/2023	SA Level 3 Regional Age Group Chan
89	1:01.65	L	F	Benyamin Stander	18	QUIC CPT	07/10/2022	41st Freda Barnard Invitational Gala
90	1:01.96	L	P	Tiaan Stoltz	18	PAC TSH	09/12/2022	NTS Championships 2022
91*	1:01.97	L	P	Tyler Micklethwaite	18	SSISA CPT	09/12/2022	Western Cape LC-A Championship 20
91*	1:01.97	L	F	Graham Kruger	18	MDOL EKU	11/06/2022	EGA Winter 1 2022
93	1:02.10	L	P	Adam Gorton	18	SASE JHB	31/03/2023	SA Level 3 Regional Age Group Chan
94	1:02.46	L	P	Rocco Gnudi	18	OLDE JHB	31/03/2023	SA Level 3 Regional Age Group Chan
95	1:03.03	L	F	Emihl Rossouw	18	QUIC CPT	07/10/2022	41st Freda Barnard Invitational Gala
96	1:03.11	L	F	Jordan Jafthas	18	TYGE CPT	21/01/2023	CTA Qualifying Meet #7
97	1:03.30	L	F	Connor Davies	18	WSTV ETH	25/11/2022	WSC & Seals Summer LC Champs 20
98	1:03.42	L	F	Josua Vorster	18	FISH EDD	07/10/2022	41st Freda Barnard Invitational Gala
99	1:03.58	L	F	Theuns Hattingh	18	NAE EZD	24/02/2023	MP AGE GROUP 6 GALA
100	1:03.74	L	F	John O'Reilly	18	PHS CCD	15/10/2022	Limpopo Top 10 - High Schools
101	1:03.88	L	F	Nathan Linde	18	PAC TSH	03/02/2023	NTS January Lev 3+ Age Group Gala ;
102	1:04.20	L	P	Markus Theron	18	TASC MPD	02/03/2023	SA Level 2 Regional Age Group Cham
103	1:04.67	L	F	Dian Venter	18	BLUO UGD	01/07/2022	Prestige Tournament 2022
104	1:05.34	L S	F	Quintin Van Rensburg	18	SASOL FDD	03/10/2022	Sasolburg Swim Club Invitational Gala
105	1:05.58	L	F	Damian Smith	18	FISH EDD	22/10/2022	EDEN 2nd A-League Gala 2022
106	1:05.66	L	F	Kyle Stephens	18	CA EKU	11/06/2022	EGA Winter 1 2022
107	1:06.74	L	P	Garick Rees	18	OLDE JHB	31/03/2023	SA Level 3 Regional Age Group Chan
108	1:07.32	L	F	Kaleb Bezuidenhout	18	PEAR NMA	25/02/2023	Eastern Cape Schools Swimming Trial
109	1:07.34	L	F	Darryn Halfon	18	JVR CPT	24/09/2022	CTA Qualifying Meet #5
110	1:07.81	L	F	Andries Van Wyk	18	EXP TSH	21/10/2022	NTS October Lev 3 Age Group Gala 21
111	1:07.95	L	P	Graham Peacock	18	ESP EKU	08/12/2022	EGA Summer Champs 2022
112	1:08.94	L	F	Zubair Gasant	18	MANT CPT	07/10/2022	41st Freda Barnard Invitational Gala
113	1:09.82	L	F	Matthew Myers	18	VINE CPT	11/02/2023	WCA-B Champs - 2023
114	1:10.69	L	F	Richard Antia	18	EVO CPT	18/02/2023	Swartland Invitational Gala 2023
115	1:11.39	L	F	Jacobus Du Plessis	18	UPSK	19/11/2022	AGE GROUP 3 UPINGTON - 2022
116	1:11.46	L	F	Pierre Lategan	18	WEST CPT	15/10/2022	CTA Qualifying Meet #6
117	1:11.96	L	F	Owen Erasmus	18	HSH KKD	10/02/2023	NW School Championships 2023
118	1:13.22	L	F	Tinus Barnard	18	KTS	07/12/2022	NCASA CHAMPS 2022
119	1:13.45	L	P	Hendrik Van Der Merwe	18	KSC EZD	02/12/2022	Mpumalanga Championships 2022
120	1:13.61	L	F	Isak Luther	18	HSH KKD	10/02/2023	NW School Championships 2023
121	1:17.01	L	F	Ruben Beytell	18	HPP BUF	15/10/2022	Limpopo Top 10 - High Schools
122	1:18.52	L	F	Nicolaas Du Preez	18	HFDT MPD	15/10/2022	Limpopo Top 10 - High Schools
123	1:20.61	L	F	Josua Louw	18	HSH KKD	10/02/2023	NW School Championships 2023
124	1:22.20	L	F	Shelton Hanguana	18	PENC EZD	22/02/2023	EHLANZENI INTER HIGH GALA 22 FI
125	1:24.20	L	F	Marnus van Straaten	18	FS	19/03/2023	2023 TOYOTA SASAPD CHAMPIONS
126	1:24.26	L	F	Dion Grobler	18	HREF BPD	26/11/2022	NWS Age Group 3 2022/23
127	1:24.57	L	F	Vian Snyman	CR	ROB EZD	10/02/2023	MP SA SCHOOLS TRIALS AG 5 10-11
128	1:25.34	L	F	Njabulo Cumbane	18	KWA NGD	20/01/2023	MP AGE GROUP 4 GALA 21 - 22 JAN
129	1:26.88	L	F	Kamogelo Molefe	18	ATTE TSH	02/12/2022	2022 The Tshwane Mayoral Gala
130	1:30.27	L	P	Ahmed Pilodia	18	ATLA JHB	02/03/2023	SA Level 2 Regional Age Group Cham
131	1:44.40	L	F	Kevin Van Rooyen	18	ESS EZD	02/12/2022	Mpumalanga Championships 2022
132	1:50.74	L	F	Phillip Steyn	18	ESS EZD	04/11/2022	MP AGE GROUP 3 GALA 4-5 NOVEM
133	1:55.17	L	F	Nicolas Pienaar	18	ESS EZD	02/12/2022	Mpumalanga Championships 2022
Men 200 Free								
1	1:54.49	L	F	Pieter Coetzé	18	TUKS TSH	01/07/2022	Prestige Tournament 2022

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
2	1:55.11	L	F	Darno Vd Merwe	18	TUKS FSH	16/12/2022 KZNA Premier Provincial Championsh
3	1:57.58	L	P	Sven Van der Linde	18	ASA HLD	16/12/2022 KZNA Premier Provincial Championsh
4	1:58.23	L	F	Taylor Luck	18	VINE CPT	28/01/2023 Winelands SL Final
5	1:58.77	L	P	Aiden Bornman	18	AGA EKU	12/04/2023 SA National Aquatic SNR-Champ 202
6	1:59.99	L	P	Bryce Buret	18	USC BUF	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
7	2:00.14	L	P	James Kewley	18	AGC FSH	12/04/2023 SA National Aquatic SNR-Champ 202
8	2:00.90	L	F	Johnathan Els	18	KZNA ETH	21/04/2023 SA Schools Swimming Championship
9	2:00.97	L	F	Matthew Beetge	18	LALE CED	13/11/2022 Winelands Summer League 4
10	2:01.11	L	F	Andro Louw	18	KOVS MAN	21/01/2023 PELICAN NEPTUNE GALA
11	2:01.29	L	F	Conrad Faber	18	FAAC FBD	25/06/2022 PEA Winter Gala 2022
12	2:01.38	L	F	Liam Le Gassick	18	BLSS MAN	03/10/2022 Sasolburg Swim Club Invitational Gala
13	2:01.40	L	P	Kai Binsbergen	18	AGC FSH	12/04/2023 SA National Aquatic SNR-Champ 202
14	2:01.87	L	F	Owethu Mahan	18	TUKS FSH	28/10/2022 NTS October SARJ+ Age Group Gala
15	2:02.14	L	F	Juan Boshoff	18	WCA CPT	21/04/2023 SA Schools Swimming Championship
16	2:02.18	L	F	Clinton Eales	18	INFA NMA	25/06/2022 PEA Winter Gala 2022
17	2:02.20	L	F	Gabriel West	18	TYGE CPT	09/12/2022 Western Cape LC-A Championship 20
18	2:02.35	L	P	Wikus Potgieter	18	VINE CPT	25/06/2022 PEA Winter Gala 2022
19	2:02.39	L	P	Antonie Pieterse	18	AGC FSH	12/04/2023 SA National Aquatic SNR-Champ 202
20	2:02.40	L	P	Reece Johnson	18	AGC FSH	12/04/2023 SA National Aquatic SNR-Champ 202
21	2:02.66	L	F	Thomas Forbes	18	LALE CED	20/08/2022 Winelands SL 1
22	2:02.80	L	P	Eben De Jager	18	AGB JHB	12/04/2023 SA National Aquatic SNR-Champ 202
23	2:03.11	L	P	Jaryd Holton	18	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
24	2:03.55	L	P	Thapelo Ramoholi	18	ACSA ETH	16/12/2022 KZNA Premier Provincial Championsh
25	2:03.72	L	P	Jayden Coetzer	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
26	2:04.51	L	F	Leshen Pillay	18	SGUL ETH	01/07/2022 Prestige Tournament 2022
27	2:04.71	L	F	Janco Rademeyer	18	MP EZ	21/04/2023 SA Schools Swimming Championship
28	2:04.96	L	F	Ryan Zesas	18	WATR JHB	31/03/2023 SA Level 3 Regional Age Group Chan
29	2:05.00	L	F	Keeno Swarts	18	VINE CPT	25/06/2022 PEA Winter Gala 2022
30	2:06.18	L	P	Tyrone McCabe	18	AGB JHB	12/04/2023 SA National Aquatic SNR-Champ 202
31	2:06.77	L	F	Suhail Gamielidien	18	AQDO CPT	07/10/2022 41st Freda Barnard Invitational Gala
32	2:06.98	L	F	Jordan Myburgh	18	BLMA CPT	04/11/2022 CTA A CHAMPS 2022
33	2:08.05	L	F	Timothy Hopkins	18	TYGE CPT	24/02/2023 Western Cape Elite Gala
34	2:08.32	L	P	Finn De Villiers	18	SEAL UMD	01/07/2022 Prestige Tournament 2022
35	2:08.58	L	F	Patrick Hepke	18	TUKS FSH	28/10/2022 NTS October SARJ+ Age Group Gala
36	2:08.78	L	F	Josias Van Schalkwyk	18	ASA HLD	25/11/2022 WSC & Seals Summer LC Champs 20
37	2:09.03	L	P	Benny LIU	18	BLSS MAN	03/10/2022 Sasolburg Swim Club Invitational Gala
38	2:09.86	L	F	Gary Watchurst	18	INFA NMA	10/02/2023 Infinity Gala 2023
39	2:09.88	L	T	Chad Moutzouris	AR	BLOT MAN	22/10/2022 Otters Prestige Gala 2022
40	2:10.30	L	P	Mikhail Burger	18	NSA	01/07/2022 Prestige Tournament 2022
41	2:10.39	L	F	Alexander Wehmeyer	18	TUKS FSH	24/02/2023 NTS February Lev 3+ Age Group Gala
42	2:10.54	L	P	Liam Coetzee	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
43	2:10.84	L S	P	Gerhard Van der Linde	18	RFA FSH	09/12/2022 NTS Championships 2022
44	2:10.86	L	F	Chakota Cooks	18	SOUL EKU	31/03/2023 SA Level 3 Regional Age Group Chan
45	2:11.83	L S	P	Joshua Gebhardt	18	ELEC FSH	09/12/2022 NTS Championships 2022
46	2:12.15	L	F	Landon Windvogel	18	MGSC UGD	31/03/2023 SA Level 3 Regional Age Group Chan
47	2:12.40	L	P	Jamie Allamby	18	CRSC JHB	01/12/2022 CGA LC Summer Championships Lev
48	2:12.51	L	P	Matthew de Gouveia	18	PER JHB	31/03/2023 SA Level 3 Regional Age Group Chan
49*	2:12.71	L	F	Jack Cameron	18	NWUC KKD	07/12/2022 NWS Championships 2022/2023
49*	2:12.71	L	F	Julian Andrew	18	MSC NGD	10/02/2023 MP SA SCHOOLS TRIALS AG 5 10-11
51	2:12.90	L	F	Stephanus Van Zyl	18	UPSK	03/02/2023 NCASA SPRINTS - 3 & 4 FEBRUARY
52	2:12.91	L	F	Christian Hattingh	18	ROA EDD	07/10/2022 41st Freda Barnard Invitational Gala
53	2:13.19	L	P	Tambai Dutiro	18	BAS EKU	16/12/2022 KZNA Premier Provincial Championsh
54	2:13.38	L	F	Juano De Villiers	18	UNI EZD	10/02/2023 MP SA SCHOOLS TRIALS AG 5 10-11
55	2:13.52	L	F	Leslie Stevens	18	QUIC CPT	04/11/2022 CTA A CHAMPS 2022
56	2:13.67	L	P	Dandré Pretorius	18	ETTN EKU	31/03/2023 SA Level 3 Regional Age Group Chan
57	2:13.80	L	P	Matthew Fouché	18	ETTN EKU	31/03/2023 SA Level 3 Regional Age Group Chan
58	2:13.92	L	F	Pierce Kotze	18	WOAQ CED	28/01/2023 Winelands SL Final
59	2:13.95	L	F	Aiden Ungerer	18	USH UJD	28/01/2023 Ushaka Champs 2023
60	2:13.99	L	F	Hermanus Steyn	18	TUKS FSH	17/02/2023 NTS February Lev 1+2 Age Group Gal

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
61	2:14.74	L	P	Logan Croft	18	PEAS NMA	25/06/2022 PEA Winter Gala 2022
62	2:14.99	L	F	Nathan Fildes	18	TUKS FSH	21/10/2022 NTS October Lev 3 Age Group Gala 21
63	2:15.49	L	F	Joshua Rossouw	18	KTS	03/02/2023 NCASA SPRINTS - 3 & 4 FEBRUARY
64	2:15.50	L	F	Alexander Leiar	18	KNYA EDD	18/02/2023 EDEN 5th A-League Gala 2023
65	2:15.75	L	P	Benyamin Stander	18	QUIC CPT	31/03/2023 SA Level 3 Regional Age Group Chan
66	2:16.56	L	F	Scott Cloete	18	LINR JHB	25/02/2023 CGA Level 3+ Last Chance gala
67	2:17.11	L	F	Mathys Kruger	18	SS MPD	02/12/2022 Limpopo Champs
68	2:17.34	L	P	Diederick De Clercq	18	CLSC WCD	25/06/2022 PEA Winter Gala 2022
69	2:18.20	L	F	Emihl Rossouw	18	QUIC CPT	07/10/2022 41st Freda Barnard Invitational Gala
70	2:18.37	L	P	Chaden Eilers	18	UWCA CPT	31/03/2023 SA Level 3 Regional Age Group Chan
71	2:19.10	L	P	Bongani Tshabalala	18	LP CC	21/04/2023 SA Schools Swimming Championship
72	2:19.38	L	F	Jethro Rolfe	18	SGUL ETH	03/03/2023 KZN Qualifying Gala
73	2:20.06	L	P	Kelvin Germs	18	WATR JHB	31/03/2023 SA Level 3 Regional Age Group Chan
74	2:20.38	L	F	Gavin Robberts	18	TUKS FSH	02/12/2022 2022 The Tshwane Mayoral Gala
75	2:20.69	L	F	Declan Egger	18	RIVO JHB	25/02/2023 CGA Level 3+ Last Chance gala
76	2:21.12	L	P	Dian Venter	18	BLUO UGD	16/12/2022 KZNA Premier Provincial Championshi
77	2:21.14	L	F	Jeryn Naidoo	18	BEAV ETH	25/11/2022 WSC & Seals Summer LC Champs 20
78	2:22.57	L	F	Mduduzi Zwane	18	TUKS FSH	24/02/2023 NTS February Lev 3+ Age Group Gala
79	2:26.21	L	P	Tiaan Stoltz	18	PAC FSH	31/03/2023 SA Level 3 Regional Age Group Chan
80	2:27.48	L	F	Damian Smith	18	FISH EDD	05/11/2022 EDEN 3rd A-League Gala 2022
81	2:28.23	L	F	Colby Van Rooyen	18	RFA FSH	21/10/2022 NTS October Lev 3 Age Group Gala 21
82	2:30.26	L	F	Adam Gorton	18	SASE JHB	25/02/2023 CGA Level 3+ Last Chance gala
83	2:31.10	L	F	Theuns Hattingh	18	NAE EZD	02/12/2022 Mpumalanga Championships 2022
84	2:31.39	L	P	Markus Theron	18	TASC MPD	02/03/2023 SA Level 2 Regional Age Group Cham
85	2:33.57	L	P	Quintin Van Rensburg	18	SASOL FDD	03/10/2022 Sasolburg Swim Club Invitational Gala
86	2:34.55	L	P	Ontlotile Makgale	18	ISSC NMD	07/12/2022 NWS Championships 2022/2023
87	2:38.69	L	P	Graham Peacock	18	ESP EKU	08/12/2022 EGA Summer Champs 2022
88	2:39.69	L	F	Ben Minnaar	18	TYGE CPT	15/10/2022 CTA Qualifying Meet #6
89	2:41.01	L	F	Orestis Pavlou	18	TUKS FSH	24/02/2023 NTS February Lev 3+ Age Group Gala
90	2:41.39	L	F	Jordan Jafthas	18	TYGE CPT	15/10/2022 CTA Qualifying Meet #6
91	2:44.42	L	F	Josua Vorster	18	FISH EDD	22/10/2022 EDEN 2nd A-League Gala 2022
92	2:50.47	L	F	Matthew Myers	18	VINE CPT	11/11/2022 Swartland Prestige Gala 2022
93	2:53.63	L	F	Tinus Barnard	18	KTS	07/12/2022 NCASA CHAMPS 2022
94	2:55.47	L	F	Hendrik Van Der Merwe	18	KSC EZD	02/12/2022 Mpumalanga Championships 2022
95	2:57.73	L	F	Jacobus Du Plessis	18	UPSK	11/11/2022 UPINGTON CLUB GALA 2022
96	2:59.66	L	F	Pierre Lategan	18	WEST CPT	15/10/2022 CTA Qualifying Meet #6
97	3:36.24	L	F	Kamogelo Molefe	18	ATTE FSH	18/03/2023 Level 1 Intra-Provincial 2023
98	3:47.41	L	F	Vian Snyman	CR	ROB EZD	14/10/2022 MP AGE GROUP 2 GALA 14-15 OCTO
99	4:02.77	L	F	Nicolas Pienaar	18	ESS EZD	02/12/2022 Mpumalanga Championships 2022
Men 400 Free							
1	4:08.78	L	P	Darno Vd Merwe	18	TUKS FSH	16/12/2022 KZNA Premier Provincial Championshi
2	4:11.11	L	F	Sven Van der Linde	18	ASA ILD	16/12/2022 KZNA Premier Provincial Championshi
3	4:16.39	L	P	Thomas Forbes	18	LALE CED	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
4	4:17.32	L S	P	James Kewley	18	AGC FSH	12/04/2023 SA National Aquatic SNR-Champ 202
5	4:19.82	L	P	Leshen Pillay	18	RSA	30/08/2022 8th FINA JUNIOR WORLD SWIMMING
6	4:21.57	L S	P	Jaryd Holton	18	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
7	4:23.43	L	F	Juan Boshoff	18	RSA	04/12/2022 AUSC-Region 5 Under 20 YTH Games
8	4:24.68	L	F	Gabriel West	18	TYGE CPT	09/12/2022 Western Cape LC-A Championship 20
9	4:26.53	L	F	Tyrone McCabe	18	WATR JHB	09/12/2022 NMBA Championships 2022
10	4:28.13	L	F	Gary Watchurst	18	INFA NMA	10/02/2023 Infinity Gala 2023
11	4:30.08	L	F	Patrick Hepke	18	TUKS FSH	09/12/2022 NTS Championships 2022
12	4:30.56	L	F	Suhail Gamielidien	18	AQDO CPT	07/10/2022 41st Freda Barnard Invitational Gala
13	4:31.36	L	F	Sebastian Van Rensburg	18	TUKS FSH	09/12/2022 NTS Championships 2022
14	4:32.53	L	F	Keeno Swarts	18	VINE CPT	25/06/2022 PEA Winter Gala 2022
15	4:34.91	L	F	Janco Rademeyer	18	CSA EZD	31/03/2023 SA Level 3 Regional Age Group Chan
16	4:35.28	L	F	Eben De Jager	18	CRSC JHB	01/12/2022 CGA LC Summer Championships Leve
17	4:40.22	L	F	Jayden Coetzer	18	CYBE CPT	03/09/2022 CTA Qualifying Meet #4
18	4:42.82	L	F	Finn De Villiers	18	SEAL UMD	01/07/2022 Prestige Tournament 2022
19	4:44.77	L	F	Jordan Myburgh	18	BLMA CPT	25/06/2022 PEA Winter Gala 2022

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
20	4:45.92	L	F	Tyler Micklethwaite	18	SSISA CPT	09/12/2022 Western Cape LC-A Championship 20
21	4:47.24	L	F	Logan Croft	18	PEAS NMA	09/12/2022 NMBA Championships 2022
22	4:48.09	L	F	Caleb Dutton	18	USC BUF	02/12/2022 BCA Long Course Championships 202
23	4:48.91	L	F	Matthew Fouché	18	ETTN EKV	31/03/2023 SA Level 3 Regional Age Group Chan
24	4:50.30	L	F	Aiden Ungerer	18	USH UJD	04/02/2023 KCDA February Age Group Gala 2023
25	4:51.01	L	F	Benny LIU	18	BLSS MAN	03/10/2022 Sasolburg Swim Club Invitational Gala
26	4:51.26	L	F	Juano De Villiers	18	UNI EZD	10/02/2023 MP SA SCHOOLS TRIALS AG 5 10-11
27	4:52.27	L	F	Leslie Stevens	18	QUIC CPT	04/11/2022 CTA A CHAMPS 2022
28	4:55.52	L	F	Tiaan Stoltz	18	PAC TSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
29	4:56.51	L	F	Antonie Pieterse	18	RFA TSH	28/10/2022 NTS October SARJ+ Age Group Gala
30	4:56.81	L	F	Jack Cameron	18	NWUC KKD	07/12/2022 NWS Championships 2022/2023
31	4:57.18	L	F	Rocco Gnudi	18	OLDE JHB	31/03/2023 SA Level 3 Regional Age Group Chan
32	4:58.05	L	F	Emihl Rossouw	18	QUIC CPT	07/10/2022 41st Freda Barnard Invitational Gala
33	5:04.34	L	F	Nathan Linde	18	PAC TSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
34	5:06.67	L	F	Gerhard Van der Linde	18	RFA TSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
35	5:06.84	L	F	Stephanus Van Zyl	18	UPSK	07/12/2022 NCASA CHAMPS 2022
36	5:07.13	L	F	Mark Peceur	18	PAQU CED	09/12/2022 Western Cape LC-A Championship 20
37	5:09.21	L	F	Mathys Kruger	18	SS MPD	02/12/2022 Limpopo Champs
38	5:11.44	L	F	Mduduzi Zwane	18	TUKS TSH	03/10/2022 Sasolburg Swim Club Invitational Gala
39	5:13.92	L	F	Colby Van Rooyen	18	RFA TSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
40	5:15.88	L	F	Josua Vorster	18	FISH EDD	09/12/2022 Western Cape LC-A Championship 20
41	5:16.20	L	F	Theuns Hattingh	18	NAE EZD	02/12/2022 Mpumalanga Championships 2022
42	5:20.57	L	F	Bongani Tshabalala	18	HWBAD WBD	04/02/2023 Limpopo School Champs
43	5:31.36	L	F	Ontloliile Makgale	18	ISSC NMD	07/12/2022 NWS Championships 2022/2023
44	5:37.34	L	F	Damian Smith	18	FISH EDD	22/10/2022 EDEN 2nd A-League Gala 2022
45	5:43.74	L	F	Quintin Van Rensburg	18	SASOL FDD	03/10/2022 Sasolburg Swim Club Invitational Gala
46	6:48.38	L	F	Tinus Barnard	18	KTS	03/11/2022 AGE GROUP 2 KATHU 2022
47	7:10.00	L	O	Njabulo Cumbane	18	KWA NGD	16/10/2022 OPEN WATER 1
48	7:13.53	L	F	Jacobus Du Plessis	18	UPSK	05/11/2022 AGE GROUP 2 UPINGTON 2022
Men 800 Free							
1	8:52.63	L	F	Sven Van der Linde	18	ASA HLD	16/12/2022 KZNA Premier Provincial Championsh
2	8:53.48	L	F	James Kewley	18	AGC TSH	12/04/2023 SA National Aquatic SNR-Champ 202
3	8:56.63	L	F	Jaryd Holton	18	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
4	8:56.68	L	F	Thomas Forbes	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
5	9:06.80	L	F	Leshen Pillay	18	SGUL ETH	16/07/2022 AQZ Dual Meet
6	9:07.06	L	F	Tyrone McCabe	18	AGB JHB	12/04/2023 SA National Aquatic SNR-Champ 202
7	9:20.16	L	F	Patrick Hepke	18	TUKS TSH	28/10/2022 NTS October SARJ+ Age Group Gala
8	9:22.86	L	F	Gary Watchurst	18	INFA NMA	10/02/2023 Infinity Gala 2023
9	9:42.55	L S	F	Liam Le Gassick	18	BLSS MAN	06/12/2022 Free State Champs 2022
10	10:07.83	L	F	Caleb Dutton	18	USC BUF	02/12/2022 BCA Long Course Championships 202
11	10:12.46	L	F	Juano De Villiers	18	UNI EZD	02/12/2022 Mpumalanga Championships 2022
12	11:12.80	L	F	Theuns Hattingh	18	NAE EZD	04/11/2022 MP AGE GROUP 3 GALA 4-5 NOVEM
13	11:15.77	L	F	Stephanus Van Zyl	18	UPSK	07/12/2022 NCASA CHAMPS 2022
14	11:16.08	L	F	Adam Gorton	18	SASE JHB	25/02/2023 CGA Level 3+ Last Chance gala
15	12:16.70	L	F	Ontloliile Makgale	18	ISSC NMD	03/10/2022 Sasolburg Swim Club Invitational Gala
16	13:47.44	L	F	Jacobus Du Plessis	18	UPSK	11/11/2022 UPINGTON CLUB GALA 2022
Men 1000 Free							
1	11:55.00	L	O	Sven Van der Linde	18	ASA HLD	20/11/2022 Capital-K 2022
2	12:45.00	L	O	Jaryd Holton	18	ASA HLD	20/11/2022 Capital-K 2022
3	15:24.00	L	O	Dian Venter	18	BLUO UGD	20/11/2022 Capital-K 2022
Men 1500 Free							
1	16:49.41	L	F	James Kewley	18	AGC TSH	12/04/2023 SA National Aquatic SNR-Champ 202
2	16:55.67	L	F	Sven Van der Linde	18	ASA HLD	16/12/2022 KZNA Premier Provincial Championsh
3	16:59.60	L	F	Thomas Forbes	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
4	17:07.01	L	F	Leshen Pillay	18	SGUL ETH	01/07/2022 Prestige Tournament 2022
5	17:09.60	L	F	Jaryd Holton	18	KZNA ETH	12/04/2023 SA National Aquatic SNR-Champ 202
6	17:16.61	L	F	Tyrone McCabe	18	AGB JHB	12/04/2023 SA National Aquatic SNR-Champ 202
7	18:13.49	L	F	Jayden Coetzer	18	CYBE CPT	04/11/2022 CTA A CHAMPS 2022

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

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	Time	P/F/S	Name	Age/Yr				
8	19:07.41 L	F	Matthew Fouché	18	ETTN EKU	01/07/2022	Prestige Tournament 2022	
9	20:53.85 L	F	Mathys Kruger	18	SS MPD	02/12/2022	Limpopo Champs	
10	20:54.52 L	F	Stephanus Van Zyl	18	UPSK	11/11/2022	UPINGTON CLUB GALA 2022	
11	27:02.92 L	F	Jacobus Du Plessis	18	UPSK	11/11/2022	UPINGTON CLUB GALA 2022	
Men 3000 Free								
1	38.58 L	F	Jaryd Holton	18	TOTIS ETH	14/01/2023	Baynesfiels #2 Open Water KZN	
2	41.03 L	F	Andro Louw	18	KOVS MAN	23/01/2023	Dischem Kovsie Aquatics Open Water	
3	45.44 L	F	Dian Venter	18	SGUL ETH	14/01/2023	Baynesfiels #2 Open Water KZN	
4	47.57 L	F	Josias Van Schalkwyk	18	PSCP UMD	12/11/2022	Baynesfield Open Water KZN	
5	37:33.00 L	O	Sven Van der Linde	18	ASA ILD	20/11/2022	Capital-K 2022	
6	38:39.00 L	F	Patrick Hepke	18	TUKS TSH	03/12/2022	Prime View Swim Challenge #3	
7	41:13.00 L	F	Dewald Hattingh	18	TUKS TSH	03/12/2022	Prime View Swim Challenge #3	
8	42:36.12 L	O	Rocco Gnudi	18	AGB JHB	10/03/2023	SA National OWS Championship 2023	
9	43:37.08 L	O	Kyle Stephens	18	AGA EKU	10/03/2023	SA National OWS Championship 2023	
10	44:15.11 L	O	Matthew Fouché	18	AGA EKU	10/03/2023	SA National OWS Championship 2023	
11	44:54.00 L	O	Juano De Villiers	18	UNI EZD	16/10/2022	OPEN WATER 1	
12	45:51.57 L	O	Janco Rademeyer	18	CSA EZD	06/11/2022	OPEN WATER 2	
13	46:05.00 L	F	Garryk Hitchings	18	CA EKU	19/11/2022	Prime View Swim Challenge #2	
14	47:40.00 L	O	Kaleb Bezuidenhout	18	BEST NMA	21/01/2023	NMBA OWS Championships 2023	
15	47:41.00 L	F	Joshua Winter	18	TUKS TSH	21/01/2023	Prime View Swim Challenge #4Jan 20	
16	52:06.80 L	O	Theuns Hattingh	18	NAE EZD	06/11/2022	OPEN WATER 2	
Men 5000 Free								
1	1:05.14 L	F	Jaryd Holton	18	BEAV ETH	14/01/2023	Baynesfiels #2 Open Water KZN	
2	1:12.07 L	F	Joshua Balfour	18	SEALI ILD	14/01/2023	Baynesfiels #2 Open Water KZN	
3	1:41.42 L	F	Sven Van der Linde	18	BEAV ETH	14/01/2023	Baynesfiels #2 Open Water KZN	
4	1:05:16.75 L	O	Gary Watchurst	18	ECA BUF	10/03/2023	SA National OWS Championship 2023	
5	1:09:56.62 L	O	Dewald Hattingh	18	AGC TSH	10/03/2023	SA National OWS Championship 2023	
6	1:12:38.00 L	O	Kyle Stephens	18	CA EKU	27/11/2022	EC Swim Series OWS 2 2022	
7	1:16:26.00 L	O	Juano De Villiers	18	UNI EZD	16/10/2022	OPEN WATER 1	
8	1:18:40.24 L	O	Janco Rademeyer	18	CSA EZD	06/11/2022	OPEN WATER 2	
9	1:24:34.00 L	O	Kaleb Bezuidenhout	18	BEST NMA	27/11/2022	EC Swim Series OWS 2 2022	
10	1:31:19.70 L	O	Theuns Hattingh	18	NAE EZD	06/11/2022	OPEN WATER 2	
Men 7500 Free								
1	1:41.08 L	F	Sven Van der Linde	18	WSTV ETH	14/01/2023	Baynesfiels #2 Open Water KZN	
2	1:42:56.00 L	O	Gary Watchurst	18	INFA NMA	27/11/2022	EC Swim Series OWS 2 2022	
Men 10000 Free								
1	2:11:52.10 L	O	Sven Van der Linde	18	KZNA ETH	10/03/2023	SA National OWS Championship 2023	
Men 50 Back								
1	24.36 L	F	Pieter Coetzé	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
2	26.54 L	P	Taylor Luck	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
3	26.63 L	F	Wikus Potgieter	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
4	26.92 L	F	Darno Vd Merwe	18	TUKS TSH	16/12/2022	KZNA Premier Provincial Championshi	
5	27.81 L	P	Francois Malherbe	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
6	28.38 L	P	Aiden Bornman	18	AGA EKU	12/04/2023	SA National Aquatic SNR-Champ 202	
7	28.41 L	F	Juan Boshoff	18	TYGE CPT	04/11/2022	CTA A CHAMPS 2022	
8	28.54 L	F	Connor Fuller	18	TUKS TSH	24/02/2023	NTS February Lev 3+ Age Group Gala	
9	28.69 L	P	Yussen Furtado	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
10	28.80 L	F	Jordan Denyer	18	EDEN EDD	28/01/2023	NMBA Intra-District Championship	
11	28.94 L	F	Antonie Pieterse	18	RFA TSH	28/10/2022	NTS October SARJ+ Age Group Gala	
12	29.01 L	F	Liam Le Gassick	18	BLSS MAN	03/10/2022	Sasolburg Swim Club Invitational Gala	
13*	29.35 L	F	Dandré Pretorius	18	ETTN EKU	31/03/2023	SA Level 3 Regional Age Group Chan	
13*	29.35 L	P	Matthew Beetge	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
15	29.36 L	F	Tambai Dutiro	18	BAS EKU	20/01/2023	EGA Last Chance Galal	
16	29.41 L	P	Josias Van Schalkwyk	18	ASA ILD	03/03/2023	2023 Grand Prix 2 Invitational Meet - I	
17	29.45 L	F	Julian Andrew	18	MSC NGD	02/12/2022	Mpumalanga Championships 2022	
18	29.51 L	F	Conrad Faber	18	FAAC FBD	25/06/2022	PEA Winter Gala 2022	
19	29.52 L	P	Eben De Jager	18	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202	

Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
20	29.69 L	F	Benny LIU	18	BLSS MAN	03/10/2022	Sasolburg Swim Club Invitational Gala
21	29.77 L	P	Keeno Swarts	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202
22	29.84 L	F	Jayden Coetzer	18	CYBE CPT	07/10/2022	41st Freda Barnard Invitational Gala
23	29.91 L	F	Jamie Allamby	18	CRSC JHB	01/12/2022	CGA LC Summer Championships Lev
24	29.98 L	F	Nathan Fildes	18	TUKS FSH	31/03/2023	SA Level 3 Regional Age Group Chan
25	30.04 L	P	Timothy Hopkins	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202
26	30.27 L	P	Ethan John	18	PEAS NMA	25/06/2022	PEA Winter Gala 2022
27	30.40 L	F	Joshua Witthuhn	18	INFA NMA	25/06/2022	PEA Winter Gala 2022
28	30.41 L	F	Janco Rademeyer	18	CSA EZD	31/03/2023	SA Level 3 Regional Age Group Chan
29	30.42 L	F	Heindru Moolman	18	MSC NGD	30/09/2022	MP AGE GROUP 1
30	30.44 L	F	Christoffel Nel	18	RBUR BPD	21/01/2023	NWS Sprint Gala 2023
31	30.55 L S	P	Chakota Cooks	18	SOUL EKU	08/12/2022	EGA Summer Champs 2022
32	30.67 L	F	Graham Kruger	18	MDOL EKU	11/06/2022	EGA Winter 1 2022
33	30.76 L	P	Kelvin Germs	18	WATR JHB	31/03/2023	SA Level 3 Regional Age Group Chan
34	30.80 L	F	Colby Van Rooyen	18	RFA FSH	31/03/2023	SA Level 3 Regional Age Group Chan
35	31.20 L	P	Jordan Myburgh	18	BLMA CPT	09/12/2022	Western Cape LC-A Championship 20
36	31.23 L	F	Mathys Kruger	18	HBV MPD	15/10/2022	Limpopo Top 10 - High Schools
37	31.26 L	P	Hanno Groenewald	18	MSC NGD	02/12/2022	Mpumalanga Championships 2022
38	31.38 L	F	Liam Coetzee	18	PLAY CED	07/10/2022	41st Freda Barnard Invitational Gala
39	31.39 L	F	Gavin Robberts	18	TUKS FSH	21/10/2022	NTS October Lev 3 Age Group Gala 21
40	31.46 L	F	Bryce Buret	18	USC BUF	02/12/2022	BCA Long Course Championships 202
41	31.55 L	F	Joshua Miller	18	TUKS FSH	03/02/2023	NTS January Lev 3+ Age Group Gala :
42	31.63 L	F	Mduduzi Zwane	18	TUKS FSH	03/10/2022	Sasolburg Swim Club Invitational Gala
43	31.86 L	F	Stephanus Van Zyl	18	UPSK	11/11/2022	UPINGTON CLUB GALA 2022
44	32.05 L	P	Mark Peceur	18	PAQU CED	09/12/2022	Western Cape LC-A Championship 20
45	32.13 L	F	Luniko Lugogwana	18	INFA NMA	13/08/2022	Madibaz Swim Meet
46	32.16 L	F	Joshua Winter	18	TUKS FSH	03/02/2023	NTS January Lev 3+ Age Group Gala :
47	32.34 L	F	Hermanus Steyn	18	TUKS FSH	27/01/2023	NTS Janaury Lev 1+2 Age Group Gala
48	32.37 L	F	Logan Croft	18	PEAS NMA	09/12/2022	NMBA Championships 2022
49	32.39 L	F	Mogamat Raubenheimer	18	MARL CPT	03/09/2022	CTA Qualifying Meet #4
50	32.40 L	F	Joshua Rossouw	18	KTS	11/11/2022	UPINGTON CLUB GALA 2022
51	32.63 L	F	Leshen Pillay	18	SGUL ETH	28/01/2023	EDA January Gala 2023
52	32.78 L	P	Josua Vorster	18	FISH EDD	25/06/2022	PEA Winter Gala 2022
53	32.95 L	F	Leslie Stevens	18	QUIC CPT	24/09/2022	CTA Qualifying Meet #5
54	32.98 L	P	Juano De Villiers	18	UNI EZD	02/12/2022	Mpumalanga Championships 2022
55	33.15 L	F	Ruard Nel	18	HPP BUF	15/10/2022	Limpopo Top 10 - High Schools
56	33.34 L	F	Alexander Leiar	18	KNYA EDD	18/02/2023	EDEN 5th A-League Gala 2023
57	33.57 L	F	Cobus Botes	18	BULS MAN	21/01/2023	PELICAN NEPTUNE GALA
58	33.64 L	F	Jeryn Naidoo	18	BEAV ETH	25/11/2022	WSC & Seals Summer LC Champs 20
59	33.95 L	F	Jordan Jafthas	18	TYGE CPT	03/03/2023	SA Level 2 Regional Age Group Cham
60	34.16 L	P	Tiaan Stoltz	18	PAC FSH	09/12/2022	NTS Championships 2022
61	34.17 L	F	Suhail Gamielidien	18	AQDO CPT	07/10/2022	41st Freda Barnard Invitational Gala
62	34.24 L	F	Damian Smith	18	FISH EDD	11/02/2023	WCA-B Champs - 2023
63	34.34 L	P	Ontlotile Makgale	18	ISSC NMD	31/03/2023	SA Level 3 Regional Age Group Chan
64	34.60 L	F	Chaden Eilers	18	KALA	07/12/2022	NCASA CHAMPS 2022
65	35.06 L	F	Graham Peacock	18	ESP EKU	10/09/2022	Adrian Grafe Gala 2022
66	35.09 L S	P	Matthew Fouché	18	ETTN EKU	08/12/2022	EGA Summer Champs 2022
67	35.26 L	P	Garick Rees	18	OLDE JHB	31/03/2023	SA Level 3 Regional Age Group Chan
68	35.44 L	F	Markus Theron	18	TASC MPD	22/10/2022	Limpopo Age Group 4
69	35.72 L	F	Isak Luther	18	HSK KKD	10/02/2023	NW School Championships 2023
70	35.96 L	F	Darryn Halfon	18	JVR CPT	24/09/2022	CTA Qualifying Meet #5
71	36.61 L	F	Kaleb Bezuidenhout	18	PEAR NMA	25/02/2023	Eastern Cape Schools Swimming Trial
72	36.65 L	P	Hendrik Van Der Merwe	18	KSC EZD	02/12/2022	Mpumalanga Championships 2022
73	36.88 L	F	Ettienne De Kock	18	NHS EZD	22/02/2023	EHLANZENI INTER HIGH GALA 22 FI
74	37.28 L	F	Marius Oosthuizen	18	PHS CCD	15/10/2022	Limpopo Top 10 - High Schools
75	39.94 L	F	Jacobus Du Plessis	18	UPSK	11/11/2022	UPINGTON CLUB GALA 2022
76	40.08 L	F	Matthew Myers	18	VINE CPT	03/09/2022	CTA Qualifying Meet #4
77	41.39 L	F	Vian Snyman	CR	ROB EZD	14/10/2022	MP AGE GROUP 2 GALA 14-15 OCTO
78	41.86 L	F	Njabulo Cumbane	18	MP EZ	21/04/2023	SA Schools Swimming Championship

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
79	41.88 L	F	Kyle Stephens	18	CA EKU	11/06/2022	EGA Winter 1 2022	
80	43.65 L	F	Atang Phooko	18	CURHK CCD	08/09/2022	Limpopo Interhoer (Capricorn Distrik)	
81	44.06 L	P	Marnus van Straaten	18	FSS FS	21/04/2023	SA Schools Swimming Championship	
82	46.77 L	F	Luke Breero	18	UPC EZD	22/02/2023	EHLANZENI INTER HIGH GALA 22 FI	
83	50.47 L	F	Kevin Van Rooyen	18	ESS EZD	02/12/2022	Mpumalanga Championships 2022	
84	55.54 L	F	Phillip Steyn	18	ESS EZD	17/09/2022	MP SPRINT GALA 17 SEPTEMBER 2	
85	1:01.20 L	F	Nicolas Pienaar	18	ESS EZD	02/12/2022	Mpumalanga Championships 2022	
Men 100 Back								
1	52.78 L	F	Pieter Coetzé	18	AGC FSH	12/04/2023	SA National Aquatic SNR-Champ 202	
2	57.31 L	F	Wikus Potgieter	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
3	57.82 L	P	Darno Vd Merwe	18	TUKS FSH	16/12/2022	KZNA Premier Provincial Championship	
4	57.88 L	P	Taylor Luck	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
5	59.83 L	F	Juan Boshoff	18	TYGE CPT	09/12/2022	Western Cape LC-A Championship 20	
6	1:00.88 L	P	Francois Malherbe	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
7	1:02.30 L	P	Johnathan Els	18	KZNA ETH	12/04/2023	SA National Aquatic SNR-Champ 202	
8	1:02.34 L	F	Connor Fuller	18	TUKS FSH	24/02/2023	NTS February Lev 3+ Age Group Gala	
9	1:02.48 L	F	Tambai Dutiro	18	BAS EKU	16/12/2022	KZNA Premier Provincial Championship	
10	1:03.32 L	P	Eben De Jager	18	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202	
11	1:03.39 L	P	Josias Van Schalkwyk	18	ASA ILD	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
12	1:03.54 L	F	Liam Le Gassick	18	BLSS MAN	06/12/2022	Free State Champs 2022	
13	1:03.58 L	P	Matthew Beetge	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
14	1:03.61 L	F	Jamie Allamby	18	CRSC JHB	01/12/2022	CGA LC Summer Championships Lev	
15	1:03.65 L	F	Jayden Coetzer	18	CYBE CPT	28/01/2023	Winelands SL Final	
16	1:03.68 L	P	Antonie Pieterse	18	AGC FSH	12/04/2023	SA National Aquatic SNR-Champ 202	
17	1:03.69 L	F	Matthew de Gouveia	18	PER JHB	31/03/2023	SA Level 3 Regional Age Group Chan	
18	1:03.70 L	P	Julian Andrew	18	LP CC	12/04/2023	SA National Aquatic SNR-Champ 202	
19	1:04.03 L	P	Jordan Denyer	18	INFA NMA	25/06/2022	PEA Winter Gala 2022	
20	1:04.14 L	F	Keeno Swarts	18	VINE CPT	24/09/2022	CTA Qualifying Meet #5	
21	1:05.15 L	F	Nicolaas Esterhuysen	18	POTC KKD	07/12/2022	NWS Championships 2022/2023	
22	1:05.22 L	P	Joshua Witthuhn	18	INFA NMA	25/06/2022	PEA Winter Gala 2022	
23	1:05.26 L	F	Heindru Moolman	18	MSC NGD	02/12/2022	Mpumalanga Championships 2022	
24	1:05.31 L	F	Nathan Fildes	18	TUKS FSH	31/03/2023	SA Level 3 Regional Age Group Chan	
25	1:05.55 L	P	Aiden Bornman	18	BAS EKU	08/12/2022	EGA Summer Champs 2022	
26	1:05.67 L	F	Benny LIU	18	BLSS MAN	03/10/2022	Sasolburg Swim Club Invitational Gala	
27	1:05.97 L	F	Sven Van der Linde	18	ASA ILD	25/11/2022	WSC & Seals Summer LC Champs 20	
28	1:06.90 L	F	Yusseni Furtado	18	VINE CPT	15/10/2022	CTA Qualifying Meet #6	
29	1:07.04 L	F	Mathys Kruger	18	HBV MPD	15/10/2022	Limpopo Top 10 - High Schools	
30	1:07.06 L	P	Dandré Pretorius	18	ETTN EKU	31/03/2023	SA Level 3 Regional Age Group Chan	
31	1:07.24 L	F	Conrad Faber	18	FISH EDD	22/10/2022	EDEN 2nd A-League Gala 2022	
32*	1:07.30 L	F	Chakota Cooks	18	SOUL EKU	31/03/2023	SA Level 3 Regional Age Group Chan	
32*	1:07.30 L	P	Jordan Myburgh	18	BLMA CPT	24/02/2023	Western Cape Elite Gala	
34	1:07.45 L	F	Mark Peceur	18	PAQU CED	24/09/2022	CTA Qualifying Meet #5	
35	1:07.63 L	F	Timothy Hopkins	18	TYGE CPT	24/02/2023	Western Cape Elite Gala	
36	1:07.81 L	F	Janco Rademeyer	18	CSA EZD	10/02/2023	MP SA SCHOOLS TRIALS AG 5 10-11	
37	1:07.88 L	P	Colby Van Rooyen	18	RFA FSH	31/03/2023	SA Level 3 Regional Age Group Chan	
38	1:07.97 L	P	Kelvin Germs	18	WATR JHB	31/03/2023	SA Level 3 Regional Age Group Chan	
39*	1:08.12 L	F	Reece Johnson	18	ELEC FSH	24/02/2023	NTS February Lev 3+ Age Group Gala	
39*	1:08.12 L	P	Ethan John	18	PEAS NMA	25/06/2022	PEA Winter Gala 2022	
41	1:08.58 L	F	Gavin Robberts	18	TUKS FSH	24/02/2023	NTS February Lev 3+ Age Group Gala	
42	1:09.04 L	P	Hanno Groenewald	18	MSC NGD	02/12/2022	Mpumalanga Championships 2022	
43	1:09.26 L	P	Landon Windvogel	18	MGSC UGD	31/03/2023	SA Level 3 Regional Age Group Chan	
44	1:09.49 L	P	Leshen Pillay	18	SGUL ETH	01/07/2022	Prestige Tournament 2022	
45	1:09.69 L	F	Leslie Stevens	18	QUIC CPT	04/11/2022	CTA A CHAMPS 2022	
46	1:09.85 L	F	Logan Croft	18	PEAS NMA	09/12/2022	NMBA Championships 2022	
47	1:10.25 L S	P	Gerhard Van der Linde	18	RFA FSH	09/12/2022	NTS Championships 2022	
48	1:10.82 L	F	Joshua Winter	18	TUKS FSH	03/02/2023	NTS January Lev 3+ Age Group Gala ;	
49	1:11.04 L	F	Stephanus Van Zyl	18	UPSK	03/02/2023	NCASA SPRINTS - 3 & 4 FEBRUARY	
50	1:11.74 L	F	Luniko Lugogwana	18	INFA NMA	19/11/2022	5th A League Gala	
51	1:12.28 L	F	Thomas Forbes	18	LALE CED	20/08/2022	Winelands SL 1	

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
52	1:12.44 L	F	Liam Coetzee	18	PLAY CED	07/10/2022	41st Freda Barnard Invitational Gala
53	1:12.90 L S	P	Hermanus Steyn	18	TUKS FSH	09/12/2022	NTS Championships 2022
54	1:12.97 L	F	Hendre Vd Bergh	18	RHS BPD	10/02/2023	NW School Championships 2023
55	1:13.01 L S	F	Tiaan Stoltz	18	PAC FSH	09/12/2022	NTS Championships 2022
56	1:13.16 L	P	Tyler Micklethwaite	18	SSISA CPT	09/12/2022	Western Cape LC-A Championship 20
57	1:13.38 L	F	Jeryn Naidoo	18	BEAV ETH	25/11/2022	WSC & Seals Summer LC Champs 20
58	1:13.39 L	F	Quintin Van Rensburg	18	SASOL FDD	03/10/2022	Sasolburg Swim Club Invitational Gala
59	1:14.20 L	F	Suhail Gamielidien	18	AQDO CPT	07/10/2022	41st Freda Barnard Invitational Gala
60	1:14.34 L	P	Matthew Fouché	18	ETTN ECU	31/03/2023	SA Level 3 Regional Age Group Chan
61	1:14.48 L	F	Darryn Halfon	18	JVR CPT	15/10/2022	CTA Qualifying Meet #6
62	1:14.90 L	F	Adam Gorton	18	SASE JHB	25/02/2023	CGA Level 3+ Last Chance gala
63	1:15.73 L	P	Garick Rees	18	OLDE JHB	31/03/2023	SA Level 3 Regional Age Group Chan
64	1:15.81 L	P	Juano De Villiers	18	UNI EZD	14/10/2022	MP AGE GROUP 2 GALA 14-15 OCTO
65	1:16.06 L	P	Ontloli Makgale	18	ISSC NMD	31/03/2023	SA Level 3 Regional Age Group Chan
66	1:17.45 L	F	Josua Vorster	18	FISH EDD	07/10/2022	41st Freda Barnard Invitational Gala
67	1:17.63 L	F	Damian Smith	18	FISH EDD	22/10/2022	EDEN 2nd A-League Gala 2022
68	1:18.25 L	F	Ruard Nel	18	HPP BUF	15/10/2022	Limpopo Top 10 - High Schools
69	1:18.77 L	F	Graham Peacock	18	ESP ECU	02/03/2023	SA Level 2 Regional Age Group Cham
70	1:20.22 L	F	Joshua Rossouw	18	KTS	07/12/2022	NCASA CHAMPS 2022
71	1:20.48 L	F	Jordan Jafthas	18	TYGE CPT	15/10/2022	CTA Qualifying Meet #6
72	1:21.09 L	F	Marius Oosthuizen	18	PHS CCD	15/10/2022	Limpopo Top 10 - High Schools
73	1:21.13 L	F	Markus Theron	18	HMER MPD	15/10/2022	Limpopo Top 10 - High Schools
74	1:22.46 L	F	Andries Van Wyk	18	EXP FSH	21/10/2022	NTS October Lev 3 Age Group Gala 21
75	1:32.23 L	F	Jacobus Du Plessis	18	UPSK	05/11/2022	AGE GROUP 2 UPINGTON 2022
76	1:36.67 L	F	Vian Snyman	CR	ROB EZD	10/02/2023	MP SA SCHOOLS TRIALS AG 5 10-11
77	1:48.42 L	F	Njabulo Cumbane	18	KWA NGD	24/02/2023	MP AGE GROUP 6 GALA
78	2:01.94 L	F	Kevin Van Rooyen	18	ESS EZD	02/12/2022	Mpumalanga Championships 2022
79	2:15.54 L	F	Nicolas Pienaar	18	ESS EZD	02/12/2022	Mpumalanga Championships 2022
80	2:21.98 L	F	Phillip Steyn	18	ESS EZD	17/09/2022	MP SPRINT GALA 17 SEPTEMBER 2
Men 200 Back							
1	1:56.05 L	F	Pieter Coetzé	18	RSA	30/08/2022	8th FINA JUNIOR WORLD SWIMMING
2	2:06.73 L S	F	Juan Boshoff	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202
3	2:08.04 L	F	Darno Vd Merwe	18	TUKS FSH	16/12/2022	KZNA Premier Provincial Championshi
4	2:10.16 L S	F	Wikus Potgieter	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202
5	2:15.25 L S	P	Taylor Luck	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202
6	2:15.40 L	F	Johnathan Els	18	KZNA ETH	21/04/2023	SA Schools Swimming Championship
7	2:17.40 L	F	Keeno Swarts	18	VINE CPT	25/06/2022	PEA Winter Gala 2022
8	2:18.99 L	F	Julian Andrew	18	MSC NGD	02/12/2022	Mpumalanga Championships 2022
9	2:19.55 L	P	Josias Van Schalkwyk	18	ASA ILD	16/12/2022	KZNA Premier Provincial Championshi
10	2:20.01 L	P	Antonie Pieterse	18	RFA FSH	09/12/2022	NTS Championships 2022
11	2:20.79 L S	P	Eben De Jager	18	AGB JHB	12/04/2023	SA National Aquatic SNR-Champ 202
12	2:20.96 L	P	Tambai Dutiro	18	BAS ECU	16/12/2022	KZNA Premier Provincial Championshi
13	2:21.52 L	F	Jayden Coetzer	18	CYBE CPT	24/09/2022	CTA Qualifying Meet #5
14	2:23.17 L	P	Nathan Fildes	18	TUKS FSH	09/12/2022	NTS Championships 2022
15	2:26.24 L	P	Jordan Myburgh	18	BLMA CPT	24/02/2023	Western Cape Elite Gala
16	2:27.12 L S	P	Timothy Hopkins	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202
17	2:27.23 L	F	Benny LIU	18	BLSS MAN	03/10/2022	Sasolburg Swim Club Invitational Gala
18	2:28.97 L	F	Janco Rademeyer	18	CSA EZD	30/09/2022	MP AGE GROUP 1
19	2:29.02 L	P	Kelvin Germs	18	WATR JHB	01/12/2022	CGA LC Summer Championships Lev
20	2:30.13 L	F	Landon Windvogel	18	MGSC UGD	31/03/2023	SA Level 3 Regional Age Group Chan
21	2:30.54 L	F	Chakota Cooks	18	SOUL ECU	31/03/2023	SA Level 3 Regional Age Group Chan
22	2:30.81 L	F	Dandré Pretorius	18	ETTN ECU	31/03/2023	SA Level 3 Regional Age Group Chan
23	2:31.02 L	P	Aiden Bornman	18	BAS ECU	08/12/2022	EGA Summer Champs 2022
24	2:31.97 L	F	Leslie Stevens	18	QUIC CPT	07/10/2022	41st Freda Barnard Invitational Gala
25	2:32.39 L	F	Logan Croft	18	PEAS NMA	09/12/2022	NMBA Championships 2022
26	2:34.20 L	F	Colby Van Rooyen	18	RFA FSH	31/03/2023	SA Level 3 Regional Age Group Chan
27	2:34.98 L	F	Emihl Rossouw	18	QUIC CPT	07/10/2022	41st Freda Barnard Invitational Gala
28	2:35.10 L	F	Tiaan Stoltz	18	PAC FSH	09/12/2022	NTS Championships 2022
29	2:36.23 L	P	Benyamin Stander	18	QUIC CPT	31/03/2023	SA Level 3 Regional Age Group Chan

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
30	2:37.84	L	F	Jeryn Naidoo	18	BEAV ETH	31/03/2023 SA Level 3 Regional Age Group Chan
31	2:38.67	L	F	Tyler Micklethwaite	18	SSISA CPT	24/09/2022 CTA Qualifying Meet #5
32	2:40.39	L	P	Matthew Fouché	18	ETTN ECU	03/10/2022 Sasolburg Swim Club Invitational Gala
33	2:41.48	L	F	Stephanus Van Zyl	18	UPSK	03/02/2023 NCASA SPRINTS - 3 & 4 FEBRUARY
34	2:42.48	L	F	Suhail Gamielidien	18	AQDO CPT	07/10/2022 41st Freda Barnard Invitational Gala
35	2:44.32	L	F	Joshua Winter	18	TUKS FSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
36	2:45.22	L	F	Quintin Van Rensburg	18	SASOL FDD	03/10/2022 Sasolburg Swim Club Invitational Gala
37	2:46.06	L	F	Darryn Halfon	18	JVR CPT	24/09/2022 CTA Qualifying Meet #5
38	2:53.73	L	F	Joshua Rossouw	18	KTS	07/10/2022 FLAMINGO GALA OCT 2022
39	2:54.72	L	F	Conrad Faber	18	FISH EDD	22/10/2022 EDEN 2nd A-League Gala 2022
40	2:57.81	L	F	Graham Peacock	18	ESP ECU	02/03/2023 SA Level 2 Regional Age Group Cham
41	3:01.57	L	F	Ontloliile Makgale	18	ISSC NMD	26/11/2022 NWS Age Group 3 2022/23
42	3:35.73	L	F	Jacobus Du Plessis	18	UPSK	11/11/2022 UPINGTON CLUB GALA 2022
Men 50 Breast							
1	28.95	L	F	Pieter Coetzé	18	TUKS FSH	01/07/2022 Prestige Tournament 2022
2	29.75	L	P	Shaun Thomas	18	AGB JHB	12/04/2023 SA National Aquatic SNR-Champ 202
3	29.82	L	P	Alexander Leiar	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
4	29.87	L S	F	Willem Roos	18	TUKS FSH	09/12/2022 NTS Championships 2022
5	29.95	L	F	Ryan Zesas	18	WATR JHB	31/03/2023 SA Level 3 Regional Age Group Chan
6	30.16	L S	F	Joshua Miller	18	TUKS FSH	09/12/2022 NTS Championships 2022
7	30.41	L	F	Sebastian Van Rensburg	18	TUKS FSH	24/02/2023 NTS February Lev 3+ Age Group Gala
8	30.47	L	F	Jordan Denyer	18	INFA NMA	10/02/2023 Infinity Gala 2023
9	30.62	L	F	Andro Louw	18	KOVS MAN	21/01/2023 PELICAN NEPTUNE GALA
10	30.73	L	P	Juan Boshoff	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
11	30.95	L	P	Luard Elstadt	18	TUKS FSH	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
12	30.97	L	F	Jordan Trumpeter	18	INFA NMA	13/01/2023 Eastern Cape Aquatics LC Champs 20
13	31.08	L	P	Clinton Eales	18	ECA BUF	12/04/2023 SA National Aquatic SNR-Champ 202
14	31.14	L	P	Mduduzi Zwane	18	TUKS FSH	03/10/2022 Sasolburg Swim Club Invitational Gala
15	31.22	L	F	Mathys Kruger	18	SS MPD	02/12/2022 Limpopo Champs
16	31.49	L	P	Declan Egger	18	AGB JHB	12/04/2023 SA National Aquatic SNR-Champ 202
17	31.56	L S	F	Antonie Pieterse	18	RFA FSH	09/12/2022 NTS Championships 2022
18	31.93	L	F	Cobus Botes	18	BULS MAN	06/12/2022 Free State Champs 2022
19	32.00	L	F	Adrian Le Roux	18	BAS ECU	08/12/2022 EGA Summer Champs 2022
20	32.09	L	P	Jordan Myburgh	18	BLMA CPT	24/02/2023 Western Cape Elite Gala
21	32.37	L S	F	Clayton Thompson	18	RFA FSH	09/12/2022 NTS Championships 2022
22	32.38	L	P	Scott Cloete	18	LINR JHB	31/03/2023 SA Level 3 Regional Age Group Chan
23	32.39	L	P	Mikhail Burger	18	NSA	01/07/2022 Prestige Tournament 2022
24	32.56	L	P	Liam Le Gassick	18	BLSS MAN	06/12/2022 Free State Champs 2022
25	32.57	L	F	Thapelo Ramoholi	18	ACSA ETH	01/07/2022 Prestige Tournament 2022
26	32.67	L	P	Jack Cameron	18	NWUC KKD	07/12/2022 NWS Championships 2022/2023
27*	32.73	L	P	Ontloliile Makgale	18	ISSC NMD	31/03/2023 SA Level 3 Regional Age Group Chan
27*	32.73	L	F	Pierce Kotze	18	WOAQ CED	28/01/2023 Winelands SL Final
29	32.78	L	F	Jethro Rolfe	18	SGUL ETH	16/12/2022 KZNA Premier Provincial Championshi
30	33.18	L	F	Mogamat Raubenheimer	18	MARL CPT	03/09/2022 CTA Qualifying Meet #4
31	33.24	L	F	Chaden Eilers	18	UWCA CPT	31/03/2023 SA Level 3 Regional Age Group Chan
32	33.35	L	F	Hanno Groenewald	18	MSC NGD	02/12/2022 Mpumalanga Championships 2022
33*	33.36	L	F	Liam Coetzee	18	PLAY CED	07/10/2022 41st Freda Barnard Invitational Gala
33*	33.36	L	F	Janco Rademeyer	18	CSA EZD	31/03/2023 SA Level 3 Regional Age Group Chan
35	33.40	L	F	Dian Venter	18	BLUO UGD	31/03/2023 SA Level 3 Regional Age Group Chan
36	33.61	L	P	Rocco Gnudi	18	OLDE JHB	31/03/2023 SA Level 3 Regional Age Group Chan
37	33.64	L	P	Aiden Bornman	18	BAS ECU	08/12/2022 EGA Summer Champs 2022
38	33.67	L	F	Reece Johnson	18	ELEC FSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
39	33.75	L S	F	Orestis Pavlou	18	TUKS FSH	09/12/2022 NTS Championships 2022
40	33.93	L	P	Wikus Potgieter	18	VINE CPT	25/06/2022 PEA Winter Gala 2022
41	34.01	L	F	Jaryd Holton	18	ASA ILD	28/01/2023 EDA January Gala 2023
42	34.04	L	P	Benny LIU	18	BLSS MAN	06/12/2022 Free State Champs 2022
43	34.20	L	F	Stephanus Van Zyl	18	UPSK	05/11/2022 AGE GROUP 2 UPINGTON 2022
44	34.26	L	F	John O'Reilly	18	PHS CCD	15/10/2022 Limpopo Top 10 - High Schools
45	34.30	L	F	Shawn Makhubu	18	SOWE JHB	02/10/2022 2022 AG Swim Stars 14&Over

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
46	34.49	L	F	Janco Uys	18	POTC KKD	07/12/2022 NWS Championships 2022/2023
47	34.52	L	F	Jayden Coetzer	18	CYBE CPT	15/10/2022 CTA Qualifying Meet #6
48	34.61	L	P	Ben Minnaar	18	TYGE CPT	09/12/2022 Western Cape LC-A Championship 20
49	34.91	L	F	Leslie Stevens	18	QUIC CPT	07/10/2022 41st Freda Barnard Invitational Gala
50	34.92	L	F	Timothy Hopkins	18	TYGE CPT	24/09/2022 CTA Qualifying Meet #5
51	35.00	L	P	Marius Oosthuizen	18	LP CC	21/04/2023 SA Schools Swimming Championship
52*	35.19	L	F	Juano De Villiers	18	UNI EZD	28/01/2023 CANA GRAND PRIX JAN 2023 MBON
52*	35.19	L	F	Damian Smith	18	FISH EDD	11/02/2023 WCA-B Champs - 2023
54	35.20	L	P	Tyler Micklethwaite	18	SSISA CPT	09/12/2022 Western Cape LC-A Championship 20
55	35.58	L	F	Njabulo Cumbane	18	KWA NGD	20/01/2023 MP AGE GROUP 4 GALA 21 - 22 JAN
56	35.72	L	P	Adam Gorton	18	SASE JHB	31/03/2023 SA Level 3 Regional Age Group Cham
57	35.73	L	F	Suhail Gamielidien	18	AQDO CPT	07/10/2022 41st Freda Barnard Invitational Gala
58	35.74	L	P	Diederick De Clercq	18	CLSC WCD	25/06/2022 PEA Winter Gala 2022
59	35.86	L	F	Hendre Vd Bergh	18	RHS BPD	10/02/2023 NW School Championships 2023
60	36.05	L	F	Andries Van Wyk	18	EXP FSH	27/01/2023 NTS Janaury Lev 1+2 Age Group Gala
61	36.07	L	F	Markus Theron	18	HMER MPD	15/10/2022 Limpopo Top 10 - High Schools
62	36.11	L	P	Dandré Pretorius	18	ETTN EKU	08/12/2022 EGA Summer Champs 2022
63	36.19	L	F	Thomas Forbes	18	LALE CED	20/08/2022 Winelands SL 1
64	36.22	L	F	Jordan Jafthas	18	TYGE CPT	03/03/2023 SA Level 2 Regional Age Group Cham
65	36.80	L	P	Finn De Villiers	18	SEAL UMD	01/07/2022 Prestige Tournament 2022
66	36.90	L	P	Chakota Cooks	18	SOUL EKU	08/12/2022 EGA Summer Champs 2022
67	36.91	L	F	Christoffel Nel	18	RBUR BPD	21/01/2023 NWS Sprint Gala 2023
68	36.93	L	F	Josua Vorster	18	FISH EDD	07/10/2022 41st Freda Barnard Invitational Gala
69	37.05	L	F	Mark Peceur	18	PAQU CED	20/08/2022 Winelands SL 1
70	37.58	L	F	Zubair Gasant	18	MANT CPT	07/10/2022 41st Freda Barnard Invitational Gala
71	37.63	L	P	Matthew Fouché	18	ETTN EKU	08/12/2022 EGA Summer Champs 2022
72	37.65	L	P	Joshua Gebhardt	18	ELEC FSH	31/03/2023 SA Level 3 Regional Age Group Cham
73	37.91	L	F	Angelo Smith	18	CLSC WCD	11/02/2023 WCA-B Champs - 2023
74	38.64	L	P	Jeryn Naidoo	18	BEAV ETH	31/03/2023 SA Level 3 Regional Age Group Cham
75	39.09	L	F	Graham Peacock	18	ESP EKU	02/03/2023 SA Level 2 Regional Age Group Cham
76	39.10	L	F	Pierre Lategan	18	WEST CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
77	39.14	L	F	Logan Croft	18	PEAS NMA	16/07/2022 1st A League Gala 2022 NMA
78	39.46	L	F	Matthew Myers	18	VINE CPT	11/02/2023 WCA-B Champs - 2023
79	39.87	L	F	Jacobus Du Plessis	18	UPSK	11/11/2022 UPINGTON CLUB GALA 2022
80	39.88	L	F	Ettienne De Kock	18	NHS EZD	22/02/2023 EHLANZENI INTER HIGH GALA 22 FI
81	40.24	L	F	John Elenis	18	HE WBD	15/10/2022 Limpopo Top 10 - High Schools
82	40.37	L	F	Nathan Linde	18	PAC FSH	24/02/2023 NTS February Lev 3+ Age Group Gala
83	40.53	L	P	Theuns Hattingh	18	NAE EZD	02/12/2022 Mpumalanga Championships 2022
84	40.65	L	F	Tinus Barnard	18	KTS	03/03/2023 SA Level 2 Regional Age Group Cham
85	41.62	L	F	Kyle Stephens	18	CA EKU	11/06/2022 EGA Winter 1 2022
86	41.75	L	F	Kamogelo Molefe	18	ATTE FSH	18/03/2023 Level 1 Intra-Provincial 2023
87	41.80	L	F	Kaleb Bezuidenhout	18	PEAR NMA	25/02/2023 Eastern Cape Schools Swimming Trial
88	43.35	L	F	Joshua Rossouw	18	KTS	07/12/2022 NCASA CHAMPS 2022
89	43.55	L	P	Hendrik Van Der Merwe	18	KSC EZD	02/12/2022 Mpumalanga Championships 2022
90	44.94	L	F	Owen Erasmus	18	HSH KKD	10/02/2023 NW School Championships 2023
91	46.34	L	P	Dion Grobler	18	HREF BPD	07/12/2022 NWS Championships 2022/2023
92	48.59	L	F	Richard Antia	18	EVO CPT	18/02/2023 Swartland Invitational Gala 2023
93	49.73	L	F	Marnus van Straaten	18	FSS FS	21/04/2023 SA Schools Swimming Championship
94	52.92	L	F	Nicolas Pienaar	18	ESS EZD	02/12/2022 Mpumalanga Championships 2022
95	1:00.89	L	F	Ahmed Pilodia	18	XSAQ CPT	29/10/2022 OR TAMBO Soncini 2022
96	1:02.30	L	F	Phillip Steyn	18	ESS EZD	17/09/2022 MP SPRINT GALA 17 SEPTEMBER 2
97	1:03.10	L	F	Kevin Van Rooyen	18	ESS EZD	02/12/2022 Mpumalanga Championships 2022

Men 100 Breast

1	1:05.21	L	F	Shaun Thomas	18	AGB JHB	12/04/2023 SA National Aquatic SNR-Champ 202
2	1:05.57	L	P	Willem Roos	18	AGC FSH	12/04/2023 SA National Aquatic SNR-Champ 202
3	1:05.87	L	F	Joshua Miller	18	TUKS FSH	09/12/2022 NTS Championships 2022
4	1:06.63	L	P	Ryan Zesas	18	WATR JHB	31/03/2023 SA Level 3 Regional Age Group Cham
5	1:06.99	L	P	Sebastian Van Rensburg	18	TUKS FSH	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
6	1:07.06	L	P	Luard Elstadt	18	TUKS FSH	03/03/2023 2023 Grand Prix 2 Invitational Meet - K

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
7	1:07.47	L	P	Alexander Leiar	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
8	1:07.81	L	F	Juan Boshoff	18	CTA CPT	28/01/2023 NMBA Intra-District Championship
9	1:07.84	L	F	Jordan Trumpeter	18	EDEN EDD	28/01/2023 NMBA Intra-District Championship
10	1:07.89	L	F	Andro Louw	18	KOV5 MAN	28/01/2023 Winelands SL Final
11	1:08.04	L	P	Clinton Eales	18	ECA BUF	12/04/2023 SA National Aquatic SNR-Champ 202
12	1:08.81	L	F	Jordan Denyer	18	INFA NMA	10/02/2023 Infinity Gala 2023
13*	1:11.46	L	F	Liam Le Gassick	18	BLSS MAN	06/12/2022 Free State Champs 2022
13*	1:11.46	L	F	Mathys Kruger	18	SS MPD	02/12/2022 Limpopo Champs
15	1:11.52	L	P	Jordan Myburgh	18	BLMA CPT	09/12/2022 Western Cape LC-A Championship 20
16	1:11.74	L S	P	Mduduzi Zwane	18	TUKS FSH	03/10/2022 Sasolburg Swim Club Invitational Gala
17	x1:11.74	L	P	Declan Egger	18	RIVO JHB	31/03/2023 SA Level 3 Regional Age Group Chan
18	1:11.84	L	P	Jethro Rolfe	18	RSA	21/07/2022 Solidarity Games Kazan July
19	1:12.27	L	F	Janco Rademeyer	18	CSA EZD	28/01/2023 CANA GRAND PRIX JAN 2023 MBOM
20	1:12.79	L	F	Thapelo Ramoholi	18	RSA	04/12/2022 AUSC-Region 5 Under 20 YTH Games
21	1:13.02	L	F	Aiden Bornman	18	BAS EKU	08/12/2022 EGA Summer Champs 2022
22	1:13.15	L	F	Scott Cloete	18	LINR JHB	31/03/2023 SA Level 3 Regional Age Group Chan
23	1:13.55	L	F	Cobus Botes	18	BUL5 MAN	04/02/2023 Heidedal Kovsie Gala
24	1:13.92	L	F	Dian Venter	18	BLUO UGD	31/03/2023 SA Level 3 Regional Age Group Chan
25	1:14.03	L	F	Antonie Pieterse	18	RFA FSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
26	1:14.12	L	F	Mikhail Burger	18	NSA	01/07/2022 Prestige Tournament 2022
27	1:14.30	L	P	Adrian Le Roux	18	BAS EKU	08/12/2022 EGA Summer Champs 2022
28	1:14.31	L	F	Gabriel West	18	TYGE CPT	28/01/2023 Winelands SL Final
29	1:14.48	L	F	Jack Cameron	18	NWUC KKD	07/12/2022 NWS Championships 2022/2023
30	1:14.73	L	P	Hanno Groenewald	18	MSC NGD	02/12/2022 Mpumalanga Championships 2022
31	1:14.80	L	F	Chaden Eilers	18	UWCA CPT	24/02/2023 Western Cape Elite Gala
32	1:14.84	L	F	Tyler Micklethwaite	18	SSISA CPT	09/12/2022 Western Cape LC-A Championship 20
33	1:14.97	L	F	Ontlotile Makgale	18	ISSC NMD	07/12/2022 NWS Championships 2022/2023
34	1:15.15	L	F	Pierce Kotze	18	WOAQ CED	28/01/2023 Winelands SL Final
35	1:15.83	L	F	Rocco Gnudi	18	OLDE JHB	31/03/2023 SA Level 3 Regional Age Group Chan
36	1:15.91	L	P	Clayton Thompson	18	RFA FSH	09/12/2022 NTS Championships 2022
37	1:16.15	L	F	Reece Johnson	18	ELEC FSH	24/02/2023 NTS February Lev 3+ Age Group Gala
38	1:16.38	L	F	Orestis Pavlou	18	TUKS FSH	09/12/2022 NTS Championships 2022
39	1:16.50	L	P	Jaryd Holton	18	ASA HLD	16/12/2022 KZNA Premier Provincial Championship
40	1:16.64	L	F	Liam Coetzee	18	PLAY CED	07/10/2022 41st Freda Barnard Invitational Gala
41	1:16.67	L S	F	Benny LIU	18	BLSS MAN	03/10/2022 Sasolburg Swim Club Invitational Gala
42	1:16.70	L	F	Mogamat Raubenheimer	18	MARL CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
43	1:16.71	L	F	Leslie Stevens	18	QUIC CPT	04/11/2022 CTA A CHAMPS 2022
44	1:16.77	L	F	Stephanus Van Zyl	18	UPSK	07/12/2022 NCASA CHAMPS 2022
45	1:16.83	L	P	Janco Uys	18	POTC KKD	07/12/2022 NWS Championships 2022/2023
46	1:17.23	L	P	Colby Van Rooyen	18	RFA FSH	31/03/2023 SA Level 3 Regional Age Group Chan
47	1:18.33	L	P	Matthew Beetge	18	LALE CED	09/12/2022 Western Cape LC-A Championship 20
48	1:18.60	L	F	Marius Oosthuizen	18	PHS CCD	04/02/2023 Limpopo School Champs
49	1:18.75	L	F	John O'Reilly	18	PHS CCD	15/10/2022 Limpopo Top 10 - High Schools
50	1:19.23	L	F	Juano De Villiers	18	UNI EZD	17/09/2022 MP SPRINT GALA 17 SEPTEMBER 2
51	1:19.34	L	F	Bongani Tshabalala	18	HWBAD WBD	04/02/2023 Limpopo School Champs
52	1:19.41	L	F	Markus Theron	18	TASC MPD	02/03/2023 SA Level 2 Regional Age Group Cham
53	1:19.81	L	F	Damian Smith	18	FISH EDD	18/02/2023 EDEN 5th A-League Gala 2023
54	1:20.34	L	P	Dandr� Pretorius	18	ETTN EKU	31/03/2023 SA Level 3 Regional Age Group Chan
55	1:20.36	L	P	Adam Gorton	18	SASE JHB	31/03/2023 SA Level 3 Regional Age Group Chan
56	1:20.52	L	F	Andries Van Wyk	18	EXP FSH	02/03/2023 SA Level 2 Regional Age Group Cham
57	1:22.30	L	F	Josua Vorster	18	FISH EDD	07/10/2022 41st Freda Barnard Invitational Gala
58	1:23.06	L	F	Tiaan Stoltz	18	PAC FSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
59	1:23.15	L	P	Landon Windvogel	18	MGSC UGD	31/03/2023 SA Level 3 Regional Age Group Chan
60	1:23.66	L	P	Ben Minnaar	18	TYGE CPT	09/12/2022 Western Cape LC-A Championship 20
61	1:23.73	L	P	Garick Rees	18	OLDE JHB	31/03/2023 SA Level 3 Regional Age Group Chan
62	1:24.82	L	F	Nathan Linde	18	PAC FSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
63	1:24.95	L	F	Shawn Makhubu	18	SOWE JHB	02/10/2022 2022 AG Swim Stars 14&Over
64	1:25.34	L	F	Jordan Jaffthas	18	TYGE CPT	03/03/2023 SA Level 2 Regional Age Group Cham
65	1:26.84	L	F	Diederick De Clercq	18	CLSC WCD	11/11/2022 Swartland Prestige Gala 2022

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
66	1:26.88	L	P	Matthew Fouché	18	ETTN	EKU	08/12/2022 EGA Summer Champs 2022
67	1:27.23	L	F	Kyle Stephens	18	CA	EKU	11/06/2022 EGA Winter 1 2022
68	1:27.67	L	F	Zubair Gasant	18	MANT	CPT	07/10/2022 41st Freda Barnard Invitational Gala
69	1:29.03	L	F	Angelo Smith	18	CLSC	WCD	11/02/2023 WCA-B Champs - 2023
70	1:29.54	L	F	Njabulo Cumbane	18	MP	EZ	21/04/2023 SA Schools Swimming Championship
71	1:30.36	L	F	Jacobus Du Plessis	18	UPSK		11/11/2022 UPINGTON CLUB GALA 2022
72	1:31.64	L	F	Logan Croft	18	PEAS	NMA	16/07/2022 1st A League Gala 2022 NMA
73	1:31.79	L	F	Tinus Barnard	18	KTS		14/01/2023 GROUP 5 - KTHU 2023
74	1:32.46	L	F	Matthew Myers	18	VINE	CPT	15/10/2022 CTA Qualifying Meet #6
75	1:33.07	L	F	Theuns Hattingh	18	NAE	EZD	17/09/2022 MP SPRINT GALA 17 SEPTEMBER 2
76	1:33.37	L	P	Graham Peacock	18	ESP	EKU	08/12/2022 EGA Summer Champs 2022
77	1:34.44	L	F	Ruben Beytell	18	HPP	BUF	15/10/2022 Limpopo Top 10 - High Schools
78	1:35.17	L	F	Kamogelo Molefe	18	ATTE	FSH	18/03/2023 Level 1 Intra-Provincial 2023
79	1:39.54	L	F	John Elenis	18	HE	WBD	15/10/2022 Limpopo Top 10 - High Schools
80	1:41.89	L	F	Dion Grobler	18	HREF	BPD	26/11/2022 NWS Age Group 3 2022/23
81	2:06.28	L	F	Nicolas Pienaar	18	ESS	EZD	02/12/2022 Mpumalanga Championships 2022
82	2:18.36	L	F	Phillip Steyn	18	ESS	EZD	04/11/2022 MP AGE GROUP 3 GALA 4-5 NOVEM
83	2:21.13	L	P	Ahmed Pilodia	18	ATLA	JHB	02/03/2023 SA Level 2 Regional Age Group Cham
84	2:26.79	L	F	Kevin Van Rooyen	18	ESS	EZD	02/12/2022 Mpumalanga Championships 2022
Men 200 Breast								
1	2:21.55	L	F	Shaun Thomas	18	AGB	JHB	12/04/2023 SA National Aquatic SNR-Champ 202
2	2:26.41	L	F	Joshua Miller	18	AGC	FSH	12/04/2023 SA National Aquatic SNR-Champ 202
3	2:26.99	L	F	Sebastian Van Rensburg	18	TUKS	FSH	09/12/2022 NTS Championships 2022
4	2:29.52	L	P	Clinton Eales	18	ECA	BUF	12/04/2023 SA National Aquatic SNR-Champ 202
5	2:31.42	L	F	Juan Boshoff	18	TYGE	CPT	09/12/2022 Western Cape LC-A Championship 20
6	2:32.78	L	F	Andro Louw	18	KOVS	MAN	28/01/2023 Winelands SL Final
7	2:37.48	L	P	Alexander Leiar	18	WCA	CPT	12/04/2023 SA National Aquatic SNR-Champ 202
8	2:37.90	L	P	Jordan Trumpeter	18	ECA	BUF	12/04/2023 SA National Aquatic SNR-Champ 202
9	2:40.71	L	F	Jethro Rolfe	18	SGUL	ETH	16/12/2022 KZNA Premier Provincial Championshi
10	2:40.83	L	F	Dian Venter	18	BLUO	UGD	31/03/2023 SA Level 3 Regional Age Group Chan
11	2:41.42	L	F	Tyler Micklethwaite	18	SSISA	CPT	24/09/2022 CTA Qualifying Meet #5
12	2:42.11	L	F	Jordan Myburgh	18	BLMA	CPT	09/12/2022 Western Cape LC-A Championship 20
13	2:43.62	L	F	Janco Rademeyer	18	CSA	EZD	10/02/2023 MP SA SCHOOLS TRIALS AG 5 10-11
14	2:43.78	L	F	Leslie Stevens	18	QUIC	CPT	04/11/2022 CTA A CHAMPS 2022
15	2:46.09	L	F	Ontlotile Makgale	18	NCASA		28/01/2023 4 + 1 Inter Provincial Gala 2023
16	2:46.56	L	F	Scott Cloete	18	LINR	JHB	31/03/2023 SA Level 3 Regional Age Group Chan
17	2:46.71	L	F	Chaden Eilers	18	NCASA		28/01/2023 4 + 1 Inter Provincial Gala 2023
18	2:47.16	L	F	Pierce Kotze	18	WOAQ	GED	28/01/2023 Winelands SL Final
19	2:47.79	L	F	Ryan Zesas	18	WATR	JHB	25/02/2023 CGA Level 3+ Last Chance gala
20	2:49.05	L	F	Bongani Tshabalala	18	HWBAD	WBD	04/02/2023 Limpopo School Champs
21	2:51.06	L	P	Mduuzi Zwane	18	TUKS	FSH	03/10/2022 Sasolburg Swim Club Invitational Gala
22	2:51.75	L	F	Orestis Pavlou	18	TUKS	FSH	09/12/2022 NTS Championships 2022
23	2:51.76	L	F	Stephanus Van Zyl	18	UPSK		11/11/2022 UPINGTON CLUB GALA 2022
24	2:53.13	L	F	Rocco Gnudi	18	OLDE	JHB	31/03/2023 SA Level 3 Regional Age Group Chan
25	2:53.37	L	F	Juano De Villiers	18	UNI	EZD	10/02/2023 MP SA SCHOOLS TRIALS AG 5 10-11
26	2:54.55	L S	F	Janco Uys	18	POTC	KKD	07/12/2022 NWS Championships 2022/2023
27	2:55.13	L	F	Cobus Botes	18	BULS	MAN	29/10/2022 Neptune Gala
28	2:55.47	L	F	Benny LIU	18	BLSS	MAN	03/10/2022 Sasolburg Swim Club Invitational Gala
29	3:03.83	L	F	Adam Gorton	18	SASE	JHB	31/03/2023 SA Level 3 Regional Age Group Chan
30	3:04.20	L	F	Mogamat Raubenheimer	18	MARL	CPT	24/09/2022 CTA Qualifying Meet #5
31	3:04.25	L	F	Andries Van Wyk	18	EXP	FSH	02/03/2023 SA Level 2 Regional Age Group Cham
32	3:04.91	L	F	Damian Smith	18	FISH	EDD	18/02/2023 EDEN 5th A-League Gala 2023
33	3:09.65	L S	P	Dandré Pretorius	18	ETTN	EKU	08/12/2022 EGA Summer Champs 2022
34	3:09.69	L	F	Emihl Rossouw	18	QUIC	CPT	07/10/2022 41st Freda Barnard Invitational Gala
35	3:14.40	L	F	Angelo Smith	18	CLSC	WCD	11/02/2023 WCA-B Champs - 2023
36	3:18.91	L	F	Jacobus Du Plessis	18	UPSK		11/11/2022 UPINGTON CLUB GALA 2022
37	3:19.85	L	P	Jordan Jaffhas	18	TYGE	CPT	03/03/2023 SA Level 2 Regional Age Group Cham
38	3:23.05	L	F	Tinus Barnard	18	KTS		07/12/2022 NCASA CHAMPS 2022
39	3:29.06	L	P	Graham Peacock	18	ESP	EKU	02/03/2023 SA Level 2 Regional Age Group Cham

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
40	3:35.05 L	F	Njabulo Cumbane	18	KWA NGD	20/01/2023	MP AGE GROUP 4 GALA 21 - 22 JAN	
41	3:42.43 L	F	Kamogelo Molefe	18	XSAQ CPT	29/10/2022	OR TAMBO Soncini 2022	
42	3:46.31 L S	P	Dion Grobler	18	HREF BPD	07/12/2022	NWS Championships 2022/2023	
43	4:15.78 L	F	Richard Antia	18	EVO CPT	18/02/2023	Swartland Invitational Gala 2023	
Men 50 Fly								
1	24.28 L S	P	Pieter Coetzé	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
2	25.46 L	P	Wikus Potgieter	18	VINE CPT	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
3	25.53 L S	P	Gabriel West	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
4	x25.90 L	P	Declan Egger	18	RIVO JHB	31/03/2023	SA Level 3 Regional Age Group Chan	
5	25.98 L	F	Antonie Pieterse	18	RFA TSH	09/12/2022	NTS Championships 2022	
6	26.03 L	F	Juan Boshoff	18	CTA CPT	28/01/2023	NMBA Intra-District Championship	
7	26.08 L	F	Owethu Mahan	18	TUKS TSH	24/02/2023	NTS February Lev 3+ Age Group Gala	
8	26.10 L S	P	Bryce Buret	18	ECA BUF	12/04/2023	SA National Aquatic SNR-Champ 202	
9	26.17 L	F	Liam Coetzee	18	PLAY CED	07/10/2022	41st Freda Barnard Invitational Gala	
10	26.18 L	P	Liam Le Gassick	18	BLSS MAN	03/10/2022	Sasolburg Swim Club Invitational Gala	
11	26.32 L	P	Luard Elstadt	18	TUKS TSH	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
12	26.35 L	F	Jordan Denyer	18	EDEN EDD	28/01/2023	NMBA Intra-District Championship	
13	26.63 L S	P	Dean De Clerck	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
14	26.64 L S	P	Chad Moutzouris	18	FSA FS	12/04/2023	SA National Aquatic SNR-Champ 202	
15	26.66 L S	P	Yussen Furtado	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
16	26.67 L	F	Francois Malherbe	18	LALE CED	24/02/2023	Western Cape Elite Gala	
17*	26.68 L	P	Nicolaas Esterhuysen	18	POTC KKD	07/12/2022	NWS Championships 2022/2023	
17*	26.68 L S	P	Joss Hempel	18	PEAS NMA	25/06/2022	PEA Winter Gala 2022	
19	26.91 L	F	Willem Roos	18	TUKS TSH	03/02/2023	NTS January Lev 3+ Age Group Gala :	
20	27.01 L	F	Stephanus Van Zyl	18	UPSK	05/11/2022	AGE GROUP 2 UPINGTON 2022	
21	27.02 L S	P	Alexander Leiar	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
22	27.09 L S	P	Aiden Bornman	18	AGA EKU	12/04/2023	SA National Aquatic SNR-Champ 202	
23	27.11 L S	P	Jayden Coetzer	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
24*	27.18 L	F	Cobus Botes	18	BULS MAN	06/12/2022	Free State Champs 2022	
24*	27.18 L	P	Thapelo Ramoholi	18	ACSA ETH	01/07/2022	Prestige Tournament 2022	
26	27.27 L	F	Tambai Dutiro	18	BAS EKU	16/12/2022	KZNA Premier Provincial Championshi	
27	27.30 L	P	Mduduzi Zwane	18	TUKS TSH	03/10/2022	Sasolburg Swim Club Invitational Gala	
28	27.31 L S	P	Joshua Miller	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
29	27.38 L	F	Andro Louw	18	KOVs MAN	21/01/2023	PELICAN NEPTUNE GALA	
30	27.55 L	P	Benny LIU	18	BLSS MAN	03/10/2022	Sasolburg Swim Club Invitational Gala	
31	27.57 L	F	Heindru Moolman	18	MSC NGD	02/12/2022	Mpumalanga Championships 2022	
32	27.59 L	P	Scott Cloete	18	LINR JHB	31/03/2023	SA Level 3 Regional Age Group Chan	
33	27.61 L	F	Kai Binsbergen	18	TUKS TSH	24/02/2023	NTS February Lev 3+ Age Group Gala	
34	27.66 L	P	Dandré Pretorius	18	ETTN EKU	31/03/2023	SA Level 3 Regional Age Group Chan	
35	27.71 L	P	Finn De Villiers	18	SEAL UMD	16/12/2022	KZNA Premier Provincial Championshi	
36	27.78 L	F	Mogamat Raubenheimer	18	MARL CPT	24/09/2022	CTA Qualifying Meet #5	
37	27.80 L S	P	Clinton Eales	18	ECA BUF	12/04/2023	SA National Aquatic SNR-Champ 202	
38	27.82 L	F	Jack Cameron	18	NCASA	28/01/2023	4 + 1 Inter Provincial Gala 2023	
39	27.87 L S	P	Conrad Faber	18	FAAC FBD	25/06/2022	PEA Winter Gala 2022	
40	27.96 L	F	Nathan Fildes	18	TUKS TSH	31/03/2023	SA Level 3 Regional Age Group Chan	
41	28.16 L	F	Nikita Zoloev	18	SAAW CPT	04/11/2022	CTA A CHAMPS 2022	
42	28.28 L	F	Marcus Lichtblau	18	ONYX EKU	10/09/2022	Adrian Grafe Gala 2022	
43*	28.30 L	F	Mathys Kruger	18	HBV MPD	15/10/2022	Limpopo Top 10 - High Schools	
43*	28.30 L	F	Mark Peceur	18	PAQU CED	24/09/2022	CTA Qualifying Meet #5	
45	28.31 L	F	Suhail Gamielidien	18	AQDO CPT	07/10/2022	41st Freda Barnard Invitational Gala	
46	28.36 L	P	Hanno Groenewald	18	MSC NGD	02/12/2022	Mpumalanga Championships 2022	
47	28.39 L	P	Jordan Myburgh	18	BLMA CPT	09/12/2022	Western Cape LC-A Championship 20	
48	28.48 L	P	Gerhard Van der Linde	18	RFA TSH	09/12/2022	NTS Championships 2022	
49	28.51 L	F	Clayton Thompson	18	RFA TSH	21/10/2022	NTS October Lev 3 Age Group Gala 21	
50	28.53 L S	P	Keeno Swarts	18	VINE CPT	25/06/2022	PEA Winter Gala 2022	
51	28.58 L	P	Jamie Allamby	18	CRSC JHB	01/12/2022	CGA LC Summer Championships Leve	
52	28.60 L	P	Joshua Gebhardt	18	ELEC TSH	09/12/2022	NTS Championships 2022	
53	28.64 L	P	Shaun Thomas	18	CRSC JHB	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
54	28.70 L S	P	Patrick Hepke	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
55	28.73	L S	P	Tyrone McCabe	18	WATR	JHB	25/06/2022 PEA Winter Gala 2022
56	28.81	L	F	Christoffel Nel	18	RBUR	BPD	21/01/2023 NWS Sprint Gala 2023
57	28.85	L	P	Chakota Cooks	18	SOUL	EKU	08/12/2022 EGA Summer Champs 2022
58*	28.91	L	F	Gary Watchurst	18	INFA	NMA	10/02/2023 Infinity Gala 2023
58*	28.91	L S	P	Reece Johnson	18	AGC	FSH	12/04/2023 SA National Aquatic SNR-Champ 202
60	28.93	L	P	Timothy Hopkins	18	TYGE	CPT	09/12/2022 Western Cape LC-A Championship 20
61*	29.00	L	F	Janco Uys	18	POTC	KKD	07/12/2022 NWS Championships 2022/2023
61*	29.00	L S	P	Jordan Trumpeter	18	ECA	BUF	12/04/2023 SA National Aquatic SNR-Champ 202
63	29.06	L S	P	Joshua Witthuhn	18	INFA	NMA	25/06/2022 PEA Winter Gala 2022
64	29.08	L	F	Benyamin Stander	18	QUIC	CPT	07/10/2022 41st Freda Barnard Invitational Gala
65	29.10	L	F	Logan Croft	18	PEAS	NMA	10/02/2023 Infinity Gala 2023
66	29.28	L S	P	Diederick De Clercq	18	CLSC	WCD	25/06/2022 PEA Winter Gala 2022
67	29.29	L	P	Ontlotile Makgale	18	ISSC	NMD	31/03/2023 SA Level 3 Regional Age Group Chan
68	29.36	L	F	Leslie Stevens	18	QUIC	CPT	07/10/2022 41st Freda Barnard Invitational Gala
69	29.38	L	F	Juano De Villiers	18	UNI	EZD	10/02/2023 MP SA SCHOOLS TRIALS AG 5 10-11
70	29.39	L	P	Eben De Jager	18	CRSC	JHB	01/12/2022 CGA LC Summer Championships Lev
71	29.41	L	P	Colby Van Rooyen	18	RFA	FSH	31/03/2023 SA Level 3 Regional Age Group Chan
72	29.49	L	F	Aiden Ungerer	18	USH	UHD	28/01/2023 Ushaka Champs 2023
73	29.50	L	P	Nathan Linde	18	PAC	FSH	09/12/2022 NTS Championships 2022
74	29.61	L	P	Jethro Rolfe	18	SGUL	ETH	01/07/2022 Prestige Tournament 2022
75	29.63	L	F	Jaryd Holton	18	ASA	ILD	25/11/2022 WSC & Seals Summer LC Champs 20
76	29.67	L	F	Connor Davies	18	WSTV	ETH	25/11/2022 WSC & Seals Summer LC Champs 20
77	29.90	L	F	Gavin Robberts	18	TUKS	FSH	02/12/2022 2022 The Tshwane Mayoral Gala
78	29.93	L	F	Joshua Rossouw	18	KTS		28/10/2022 KALAHARI CLASSIC CLUB GALA
79*	30.09	L	P	Adam Gorton	18	SASE	JHB	31/03/2023 SA Level 3 Regional Age Group Chan
79*	30.09	L	F	Josua Vorster	18	FISH	EDD	07/10/2022 41st Freda Barnard Invitational Gala
79*	30.09	L	P	Janco Rademeyer	18	CSA	EZD	02/12/2022 Mpumalanga Championships 2022
82	30.12	L	F	Theuns Hattingh	18	NAE	EZD	24/02/2023 MP AGE GROUP 6 GALA
83	30.49	L	F	Ruard Nel	18	HPP	BUF	15/10/2022 Limpopo Top 10 - High Schools
84	30.62	L	F	Jordan Jafthas	18	TYGE	CPT	03/03/2023 SA Level 2 Regional Age Group Cham
85	30.69	L	P	Rocco Gnudi	18	OLDE	JHB	01/12/2022 CGA LC Summer Championships Lev
86	30.71	L	P	Matthew Fouché	18	ETTN	EKU	31/03/2023 SA Level 3 Regional Age Group Chan
87*	31.15	L	F	Bongani Tshabalala	18	HWBAD	WBD	04/02/2023 Limpopo School Champs
87*	31.15	L	F	Marius Oosthuizen	18	PHS	CCD	04/02/2023 Limpopo School Champs
89	31.32	L	F	Hendre Vd Bergh	18	RHS	BPD	10/02/2023 NW School Championships 2023
90	31.33	L	F	Damian Smith	18	FISH	EDD	19/11/2022 Eden LC Champs 2022
91	31.37	L	F	Luniko Lugogwana	18	INFA	NMA	13/08/2022 Madibaz Swim Meet
92	31.42	L	P	Ben Minnaar	18	TYGE	CPT	09/12/2022 Western Cape LC-A Championship 20
93	31.45	L	P	Dian Venter	18	BLUO	UGD	16/12/2022 KZNA Premier Provincial Championsh
94	31.47	L	P	Graham Peacock	18	ESP	EKU	08/12/2022 EGA Summer Champs 2022
95	31.54	L	F	Tiaan Stoltz	18	PAC	FSH	24/02/2023 NTS February Lev 3+ Age Group Gala
96	31.71	L	F	Kaleb Bezuidenhout	18	PEAR	NMA	25/02/2023 Eastern Cape Schools Swimming Trial
97	31.78	L	P	Jeryn Naidoo	18	BEAV	ETH	31/03/2023 SA Level 3 Regional Age Group Chan
98	32.31	L	F	John O'Reilly	18	PHS	CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
99	32.34	L	F	Chaden Eilers	18	KALA		07/12/2022 NCASA CHAMPS 2022
100	32.39	L	F	Zubair Gasant	18	MANT	CPT	07/10/2022 41st Freda Barnard Invitational Gala
101	32.49	L	F	Matthew Myers	18	VINE	CPT	11/02/2023 WCA-B Champs - 2023
102	32.66	L	P	Kelvin Germs	18	WATR	JHB	01/12/2022 CGA LC Summer Championships Lev
103	32.75	L	F	Angelo Smith	18	CLSC	WCD	11/02/2023 WCA-B Champs - 2023
104	32.96	L	F	Shawn Makhubu	18	SOWE	JHB	02/10/2022 2022 AG Swim Stars 14&Over
105	33.50	L	F	Markus Theron	18	HMER	MPD	15/10/2022 Limpopo Top 10 - High Schools
106	34.20	L	F	Owen Erasmus	18	HSH	KKD	10/02/2023 NW School Championships 2023
107	34.45	L	P	Hendrik Van Der Merwe	18	KSC	EZD	02/12/2022 Mpumalanga Championships 2022
108	35.13	L	F	Pierre Lategan	18	WEST	CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
109	35.95	L	F	Jacobus Du Plessis	18	UPSK		11/11/2022 UPINGTON CLUB GALA 2022
110	39.21	L	F	Tinus Barnard	18	KTS		03/03/2023 SA Level 2 Regional Age Group Cham
111	42.38	L	F	Marnus van Straaten	18	BULS	MAN	29/10/2022 Neptune Gala
112	46.88	L	F	Njabulo Cumbane	18	KWA	NGD	10/02/2023 MP SA SCHOOLS TRIALS AG 5 10-11
113	53.54	L	P	Cebolesizwe Shandu	18	KZNA	ETH	21/04/2023 SA Schools Swimming Championship

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
114	1:03.79 L	F	Kevin Van Rooyen	18	ESS EZD	02/12/2022	Mpumalanga Championships 2022	
115	1:13.49 L	F	Nicolas Pienaar	18	ESS EZD	02/12/2022	Mpumalanga Championships 2022	
Men 100 Fly								
1	55.73 L	F	Wikus Potgieter	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
2	56.91 L	P	Johnathan Els	18	KZNA ETH	12/04/2023	SA National Aquatic SNR-Champ 202	
3	57.07 L	F	Liam Coetzee	18	PLAY CED	07/10/2022	41st Freda Barnard Invitational Gala	
4	57.93 L	P	Owethu Mahan	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
5	58.04 L S	F	Gabriel West	18	TYGE CPT	09/12/2022	Western Cape LC-A Championship 20	
6	58.05 L	P	Bryce Buret	18	USC BUF	03/03/2023	2023 Grand Prix 2 Invitational Meet - K	
7	58.15 L	P	Juan Boshoff	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
8	58.18 L S	F	Liam Le Gassick	18	BLSS MAN	06/12/2022	Free State Champs 2022	
9	58.39 L	P	Antonie Pieterse	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
10	58.44 L	F	Willem Roos	18	TUKS TSH	09/12/2022	NTS Championships 2022	
11	58.50 L	P	Chad Moutzouris	AR	BLOT MAN	16/12/2022	KZNA Premier Provincial Championshi	
12	58.60 L	P	Francois Malherbe	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
13	58.85 L S	F	Nicolaas Esterhuysen	18	POTC KKD	03/10/2022	Sasolburg Swim Club Invitational Gala	
14	58.98 L	P	Jayden Coetzer	18	WCA CPT	12/04/2023	SA National Aquatic SNR-Champ 202	
15	59.40 L	P	Dean De Clerck	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
16	59.67 L	F	Jordan Denyer	18	INFA NMA	10/02/2023	Infinity Gala 2023	
17	59.70 L	P	Aiden Bornman	18	AGA EKU	12/04/2023	SA National Aquatic SNR-Champ 202	
18	59.82 L	F	Yussen Furtado	18	VINE CPT	04/11/2022	CTA A CHAMPS 2022	
19	59.85 L	F	Andro Louw	18	KOVs MAN	21/01/2023	PELICAN NEPTUNE GALA	
20	1:00.72 L	F	Thapelo Ramoholi	18	RSA	04/12/2022	AUSC-Region 5 Under 20 YTH Games	
21	1:00.81 L	F	James Kewley	18	KLOO ETH	01/07/2022	Prestige Tournament 2022	
22	1:01.17 L S	F	Conrad Faber	18	FAAC FBD	25/06/2022	PEA Winter Gala 2022	
23	1:01.18 L	F	Tambai Dutiro	18	BAS EKU	16/12/2022	KZNA Premier Provincial Championshi	
24	1:01.24 L	F	Mikhail Burger	18	NSA	01/07/2022	Prestige Tournament 2022	
25	1:01.39 L	F	Matthew de Gouveia	18	PER JHB	31/03/2023	SA Level 3 Regional Age Group Chan	
26	1:01.72 L	F	Scott Cloete	18	LINR JHB	25/02/2023	CGA Level 3+ Last Chance gala	
27	1:01.98 L S	P	Joss Hempel	18	PEAS NMA	25/06/2022	PEA Winter Gala 2022	
28	1:02.04 L	P	Mark Peceur	18	PAQU CED	24/02/2023	Western Cape Elite Gala	
29	1:02.09 L	F	Suhail Gamielidien	18	AQDO CPT	03/09/2022	CTA Qualifying Meet #4	
30	1:02.30 L	P	Reece Johnson	18	AGC TSH	12/04/2023	SA National Aquatic SNR-Champ 202	
31	1:02.54 L	P	Finn De Villiers	18	SEAL UMD	01/07/2022	Prestige Tournament 2022	
32	1:02.80 L S	F	Benny LIU	18	BLSS MAN	06/12/2022	Free State Champs 2022	
33	1:02.98 L	F	Stephanus Van Zyl	18	UPSK	11/11/2022	UPINGTON CLUB GALA 2022	
34	1:03.22 L	F	Gary Watchurst	18	INFA NMA	10/02/2023	Infinity Gala 2023	
35	1:03.58 L S	F	Jack Cameron	18	NWUC KKD	07/12/2022	NWS Championships 2022/2023	
36	1:03.72 L S	F	Tyrone McCabe	18	WATR JHB	25/06/2022	PEA Winter Gala 2022	
37	1:03.86 L	F	Mogamat Raubenheimer	18	MARL CPT	04/02/2023	CTA BRIAN BUTTON Qualifying Meet	
38	1:03.91 L S	P	Clinton Eales	18	INFA NMA	25/06/2022	PEA Winter Gala 2022	
39	1:03.94 L	P	Gerhard Van der Linde	18	RFA TSH	09/12/2022	NTS Championships 2022	
40	1:04.33 L	P	Benyamin Stander	18	QUIC CPT	31/03/2023	SA Level 3 Regional Age Group Chan	
41	1:04.36 L S	F	Mduduzi Zwane	18	TUKS TSH	03/10/2022	Sasolburg Swim Club Invitational Gala	
42	1:04.53 L S	P	Keeno Swarts	18	VINE CPT	25/06/2022	PEA Winter Gala 2022	
43	1:04.71 L	P	Nathan Linde	18	PAC TSH	09/12/2022	NTS Championships 2022	
44	1:04.86 L	F	Shaun Thomas	18	CRSC JHB	01/12/2022	CGA LC Summer Championships Lev	
45	1:05.02 L	P	Chakota Cooks	18	SOUL EKU	31/03/2023	SA Level 3 Regional Age Group Chan	
46	1:05.07 L	F	Declan Egger	18	RIVO JHB	01/12/2022	CGA LC Summer Championships Lev	
47	1:05.26 L	P	Patrick Hepke	18	TUKS TSH	09/12/2022	NTS Championships 2022	
48	1:05.79 L	P	Joshua Gebhardt	18	ELEC TSH	09/12/2022	NTS Championships 2022	
49	1:06.06 L	F	Logan Croft	18	PEAS NMA	10/02/2023	Infinity Gala 2023	
50	1:06.74 L	F	Jordan Trumpeter	18	INFA NMA	10/02/2023	Infinity Gala 2023	
51	1:06.76 L	P	Dandré Pretorius	18	ETTN EKU	31/03/2023	SA Level 3 Regional Age Group Chan	
52	1:07.09 L	P	Adam Gorton	18	SASE JHB	31/03/2023	SA Level 3 Regional Age Group Chan	
53	1:07.23 L	P	Nathan Fildes	18	TUKS TSH	31/03/2023	SA Level 3 Regional Age Group Chan	
54	1:07.27 L	P	Colby Van Rooyen	18	RFA TSH	09/12/2022	NTS Championships 2022	
55	1:07.57 L	F	Mathys Kruger	18	HBV MPD	15/10/2022	Limpopo Top 10 - High Schools	
56	1:08.28 L	F	Jaryd Holton	18	ASA ILD	25/11/2022	WSC & Seals Summer LC Champs 20	

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
57	1:08.30	L	P	Matthew Fouché	18	ETTN	EKU	31/03/2023 SA Level 3 Regional Age Group Chan	
58	1:08.60	L	F	Leslie Stevens	18	QUIC	CPT	07/10/2022 41st Freda Barnard Invitational Gala	
59	1:08.66	L	F	Joshua Winter	18	TUKS	TSH	03/02/2023 NTS January Lev 3+ Age Group Gala :	
60	1:08.93	L	P	Rocco Gnudi	18	OLDE	JHB	31/03/2023 SA Level 3 Regional Age Group Chan	
61	1:10.03	L	P	Ontlotlile Makgale	18	ISSC	NMD	31/03/2023 SA Level 3 Regional Age Group Chan	
62	1:10.37	L	F	Marius Oosthuizen	18	PHS	CCD	04/02/2023 Limpopo School Champs	
63	1:10.93	L	F	Aiden Ungerer	18	USH	UHD	28/01/2023 Ushaka Champs 2023	
64	1:11.57	L	F	Kyle Stephens	18	CA	EKU	11/06/2022 EGA Winter 1 2022	
65	1:13.62	L	P	Jordan Jaffhas	18	TYGE	CPT	03/03/2023 SA Level 2 Regional Age Group Cham	
66	1:13.69	L	F	Theuns Hattingh	18	NAE	EZD	02/12/2022 Mpumalanga Championships 2022	
67	1:14.81	L	P	Jeryn Naidoo	18	BEAV	ETH	16/12/2022 KZNA Premier Provincial Championship	
68	1:15.03	L S	P	Graham Peacock	18	ESP	EKU	08/12/2022 EGA Summer Champs 2022	
69	1:16.22	L	F	Ruard Nel	18	HPP	BUF	15/10/2022 Limpopo Top 10 - High Schools	
70	1:18.06	L S	P	Josua Vorster	18	FISH	EDD	25/06/2022 PEA Winter Gala 2022	
71	1:19.56	L S	P	Ben Minnaar	18	TYGE	CPT	09/12/2022 Western Cape LC-A Championship 20	
72	1:20.83	L	F	Zubair Gasant	18	MANT	CPT	07/10/2022 41st Freda Barnard Invitational Gala	
73	1:22.22	L	F	Matthew Myers	18	VINE	CPT	03/09/2022 CTA Qualifying Meet #4	
74	1:24.73	L	F	Hendrik Van Der Merwe	18	KSC	EZD	02/12/2022 Mpumalanga Championships 2022	
75	1:34.57	L	F	Richard Antia	18	EVO	CPT	18/02/2023 Swartland Invitational Gala 2023	
Men 200 Fly									
1	2:09.77	L	P	Juan Boshoff	18	WCA	CPT	12/04/2023 SA National Aquatic SNR-Champ 202	
2	2:11.20	L	F	Chad Moutzouris	18	FSA	FS	12/04/2023 SA National Aquatic SNR-Champ 202	
3	2:11.57	L	P	Johnathan Els	18	KZNA	ETH	12/04/2023 SA National Aquatic SNR-Champ 202	
4	2:14.92	L	F	Liam Coetzee	18	PLAY	GED	07/10/2022 41st Freda Barnard Invitational Gala	
5	2:16.12	L	P	Gabriel West	18	WCA	CPT	12/04/2023 SA National Aquatic SNR-Champ 202	
6	2:16.81	L	F	Jayden Coetzer	18	CYBE	CPT	03/09/2022 CTA Qualifying Meet #4	
7	2:19.19	L	F	Wikus Potgieter	18	RSA		04/12/2022 AUSC-Region 5 Under 20 YTH Games	
8	2:21.70	L	F	Liam Le Gassick	18	BLSS	MAN	03/10/2022 Sasolburg Swim Club Invitational Gala	
9	2:21.89	L	F	Mark Peceur	18	PAQU	GED	24/02/2023 Western Cape Elite Gala	
10	2:22.21	L	F	Patrick Hepke	18	TUKS	TSH	24/02/2023 NTS February Lev 3+ Age Group Gala	
11	2:22.34	L	F	Mikhail Burger	18	NSA		01/07/2022 Prestige Tournament 2022	
12	2:24.80	L	P	Finn De Villiers	18	SEAL	UMD	01/07/2022 Prestige Tournament 2022	
13	2:27.14	L	F	Suhail Gamielidien	18	AQDO	CPT	03/09/2022 CTA Qualifying Meet #4	
14	2:27.80	L	F	Benyamin Stander	18	QUIC	CPT	07/10/2022 41st Freda Barnard Invitational Gala	
15	2:43.86	L	F	Matthew Fouché	18	ETTN	EKU	03/10/2022 Sasolburg Swim Club Invitational Gala	
16	2:46.57	L	F	Stephanus Van Zyl	18	UPSK		03/02/2023 NCASA SPRINTS - 3 & 4 FEBRUARY	
Men 200 IM									
1	2:08.31	L	F	Juan Boshoff	18	WCA	CPT	12/04/2023 SA National Aquatic SNR-Champ 202	
2	2:10.31	L	F	Willem Roos	18	TUKS	TSH	09/12/2022 NTS Championships 2022	
3	2:14.16	L	P	Jayden Coetzer	18	WCA	CPT	12/04/2023 SA National Aquatic SNR-Champ 202	
4	2:14.45	L	F	Andro Louw	18	KOVS	MAN	28/01/2023 Winelands SL Final	
5	2:14.59	L	P	Francois Malherbe	18	WCA	CPT	12/04/2023 SA National Aquatic SNR-Champ 202	
6	2:15.68	L	P	Johnathan Els	18	KZNA	ETH	12/04/2023 SA National Aquatic SNR-Champ 202	
7	2:15.89	L	F	Chad Moutzouris	18	AR	BLOT	MAN	16/12/2022 KZNA Premier Provincial Championshi
8	2:15.94	L	F	Liam Le Gassick	18	BLSS	MAN	01/07/2022 Prestige Tournament 2022	
9	2:16.45	L	P	Owethu Mahan	18	TUKS	TSH	09/12/2022 NTS Championships 2022	
10	2:16.64	L	P	Joshua Miller	18	AGC	TSH	12/04/2023 SA National Aquatic SNR-Champ 202	
11	2:16.71	L	P	Shaun Thomas	18	AGB	JHB	12/04/2023 SA National Aquatic SNR-Champ 202	
12	2:17.76	L	F	Sebastian Van Rensburg	18	GAUT		21/04/2023 SA Schools Swimming Championship	
13	2:18.21	L S	F	Wikus Potgieter	18	VINE	CPT	25/06/2022 PEA Winter Gala 2022	
14	2:18.90	L	F	Gabriel West	18	TYGE	CPT	09/12/2022 Western Cape LC-A Championship 20	
15	2:19.85	L	P	Kai Binsbergen	18	AGC	TSH	12/04/2023 SA National Aquatic SNR-Champ 202	
16	2:20.16	L	F	Nicolaas Esterhuysen	18	POTC	KKD	07/12/2022 NWS Championships 2022/2023	
17	2:20.50	L	P	Reece Johnson	18	AGC	TSH	12/04/2023 SA National Aquatic SNR-Champ 202	
18	2:20.59	L	F	Thapelo Ramoholi	18	RSA		04/12/2022 AUSC-Region 5 Under 20 YTH Games	
19	2:20.75	L	F	Ryan Zesas	18	WATR	JHB	31/03/2023 SA Level 3 Regional Age Group Chan	
20	2:21.64	L	F	Janco Rademeyer	18	CSA	EZD	31/03/2023 SA Level 3 Regional Age Group Chan	
21	2:22.18	L	F	Keeno Swarts	18	VINE	CPT	04/11/2022 CTA A CHAMPS 2022	

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
22	2:22.66	L	P	James Kewley	18	TUKS FSH	03/03/2023 2023 Grand Prix 2 Invitational Meet - K
23	2:23.45	L	F	Matthew de Gouveia	18	PER JHB	31/03/2023 SA Level 3 Regional Age Group Chan
24	2:23.95	L	P	Tambai Dutiro	18	BAS ECU	16/12/2022 KZNA Premier Provincial Championsh
25	2:24.18	L	P	Jamie Allamby	18	CRSC JHB	01/12/2022 CGA LC Summer Championships Lev
26	2:24.32	L	P	Scott Cloete	18	LINR JHB	31/03/2023 SA Level 3 Regional Age Group Chan
27	2:24.41	L	F	Liam Coetzee	18	PLAY CED	07/10/2022 41st Freda Barnard Invitational Gala
28	2:24.46	L	F	Jordan Myburgh	18	BLMA CPT	09/12/2022 Western Cape LC-A Championship 20
29	2:25.88	L	F	Benny LIU	18	BLSS MAN	03/10/2022 Sasolburg Swim Club Invitational Gala
30	2:25.91	L	F	Josias Van Schalkwyk	18	ASA ILD	25/11/2022 WSC & Seals Summer LC Champs 20
31	2:27.34	L	P	Nathan Fildes	18	TUKS FSH	09/12/2022 NTS Championships 2022
32	2:28.24	L	F	Mathys Kruger	18	HBV MPD	15/10/2022 Limpopo Top 10 - High Schools
33	2:29.63	L	P	Eben De Jager	18	CRSC JHB	01/12/2022 CGA LC Summer Championships Lev
34	2:29.85	L	F	Jordan Trumpeter	18	INFA NMA	09/12/2022 NMBA Championships 2022
35	2:30.50	L	P	Benyamin Stander	18	QUIC CPT	31/03/2023 SA Level 3 Regional Age Group Chan
36	2:31.04	L	F	Julian Andrew	18	MSC NGD	02/12/2022 Mpumalanga Championships 2022
37	2:31.14	L	F	Leslie Stevens	18	QUIC CPT	24/09/2022 CTA Qualifying Meet #5
38	2:31.15	L	F	Tyler Micklethwaite	18	SSISA CPT	04/02/2023 CTA BRIAN BUTTON Qualifying Meet
39	2:31.21	L	P	Ontloliile Makgale	18	ISSC NMD	31/03/2023 SA Level 3 Regional Age Group Chan
40	2:31.22	L	F	Pierce Kotze	18	WOAQ CED	13/11/2022 Winelands Summer League 4
41	2:31.45	L	P	Jethro Rolfe	18	RSA	21/07/2022 Solidarity Games Kazan July
42	2:31.49	L	P	Joshua Gebhardt	18	ELEC FSH	09/12/2022 NTS Championships 2022
43	2:31.71	L	P	Timothy Hopkins	18	TYGE CPT	09/12/2022 Western Cape LC-A Championship 20
44	2:31.78	L	F	Suhail Gamielidien	18	AQDO CPT	07/10/2022 41st Freda Barnard Invitational Gala
45	2:31.92	L	F	Bryce Buret	18	USC BUF	02/12/2022 BCA Long Course Championships 202
46	2:32.33	L	P	Rocco Gnudi	18	OLDE JHB	01/12/2022 CGA LC Summer Championships Lev
47	2:32.58	L	P	Dandré Pretorius	18	ETTN ECU	31/03/2023 SA Level 3 Regional Age Group Chan
48	2:33.15	L	P	Tiaan Stoltz	18	PAC FSH	09/12/2022 NTS Championships 2022
49	2:33.20	L	F	Logan Croft	18	PEAS NMA	13/08/2022 Madibaz Swim Meet
50	2:33.36	L	P	Adam Gorton	18	SASE JHB	31/03/2023 SA Level 3 Regional Age Group Chan
51	2:33.47	L	F	Juano De Villiers	18	UNI EZD	02/12/2022 Mpumalanga Championships 2022
52	2:33.48	L	P	Stephanus Van Zyl	18	UPSK	31/03/2023 SA Level 3 Regional Age Group Chan
53	2:33.58	L	P	Chakota Cooks	18	SOUL ECU	08/12/2022 EGA Summer Champs 2022
54	2:33.62	L	P	Patrick Hepke	18	TUKS FSH	09/12/2022 NTS Championships 2022
55	2:33.73	L	F	Ethan John	18	PEAS NMA	13/08/2022 Madibaz Swim Meet
56	2:34.10	L	F	Dian Venter	18	BLUO UGD	31/03/2023 SA Level 3 Regional Age Group Chan
57	2:34.39	L	P	Kelvin Germs	18	WATR JHB	31/03/2023 SA Level 3 Regional Age Group Chan
58	2:34.44	L	P	Landon Windvogel	18	MGSC UGD	31/03/2023 SA Level 3 Regional Age Group Chan
59	2:34.99	L	P	Bongani Tshabalala	18	LP CC	21/04/2023 SA Schools Swimming Championship
60	2:35.45	L	F	Jordan Denyer	18	INFA NMA	10/02/2023 Infinity Gala 2023
61	2:35.56	L	P	Matthew Fouché	18	ETTN ECU	31/03/2023 SA Level 3 Regional Age Group Chan
62	2:35.89	L	P	Jeryn Naidoo	18	BEAV ETH	31/03/2023 SA Level 3 Regional Age Group Chan
63	2:36.13	L	F	Mogamat Raubenheimer	18	MARL CPT	24/09/2022 CTA Qualifying Meet #5
64	2:36.63	L	F	Mduduzi Zwane	18	TUKS FSH	10/09/2022 Adrian Grafe Gala 2022
65	2:36.94	L	F	Christoffel Nel	18	RBUR BPD	21/01/2023 NWS Sprint Gala 2023
66	2:37.15	L	F	Emihl Rossouw	18	QUIC CPT	07/10/2022 41st Freda Barnard Invitational Gala
67	2:37.83	L	F	Aiden Ungerer	18	USH UJD	28/01/2023 Ushaka Champs 2023
68	2:38.65	L	P	Nathan Linde	18	PAC FSH	09/12/2022 NTS Championships 2022
69	2:38.80	L	F	Jack Cameron	18	NCASA	28/01/2023 4 + 1 Inter Provincial Gala 2023
70	2:39.76	L	F	Cobus Botes	18	BULS MAN	05/11/2022 Seals Heidedal Gala
71	2:40.52	L S	P	Diederick De Clercq	18	CLSC WCD	25/06/2022 PEA Winter Gala 2022
72	2:41.69	L	F	Graham Kruger	18	MDOL ECU	11/06/2022 EGA Winter 1 2022
73	2:41.96	L	P	Josua Vorster	18	FISH EDD	09/12/2022 Western Cape LC-A Championship 20
74	2:42.06	L	F	Alexander Leiar	18	KNYA EDD	18/02/2023 EDEN 5th A-League Gala 2023
75	2:42.54	L	P	Adrian Le Roux	18	BAS ECU	08/12/2022 EGA Summer Champs 2022
76	2:42.77	L	F	Luniko Lugogwana	18	INFA NMA	13/08/2022 Madibaz Swim Meet
77	2:42.78	L S	P	Gary Watchurst	18	INFA NMA	25/06/2022 PEA Winter Gala 2022
78	2:42.90	L	F	Marius Oosthuizen	18	PHS CCD	08/09/2022 Limpopo Interhoer (Capricorn Distrik)
79	2:43.44	L	F	Kyle Stephens	18	CA ECU	11/06/2022 EGA Winter 1 2022
80	2:43.54	L	F	Theuns Hattingh	18	NAE EZD	02/12/2022 Mpumalanga Championships 2022

Individual Top Times

Times since: 01-May-22 Times until: 30-Apr-23

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
81	2:44.07	L	F	Chaden Eilers	18	KALA	03/12/2022 AGE GROUP 4 KATHU 2022
82*	2:44.32	L	F	Conrad Faber	18	FISH EDD	22/10/2022 EDEN 2nd A-League Gala 2022
82*	2:44.32	L	F	Hermanus Steyn	18	TUKS FSH	02/03/2023 SA Level 2 Regional Age Group Cham
84	2:44.88	L	F	Garick Rees	18	OLDE JHB	25/02/2023 CGA Level 3+ Last Chance gala
85	2:45.05	L	F	Joss Hempel	18	PEAS NMA	17/09/2022 3rd A League Gala-Newton Park Pool
86	2:46.35	L	P	Ben Minnaar	18	TYGE CPT	09/12/2022 Western Cape LC-A Championship 20
87	2:48.48	L	P	Colby Van Rooyen	18	RFA FSH	31/03/2023 SA Level 3 Regional Age Group Chan
88	2:50.35	L	P	Graham Peacock	18	ESP EKU	02/03/2023 SA Level 2 Regional Age Group Cham
89	2:50.48	L	F	Joshua Rossouw	18	KTS	07/10/2022 FLAMINGO GALA OCT 2022
90	2:50.54	L	F	Joshua Winter	18	TUKS FSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
91	2:51.48	L	F	Markus Theron	18	HMER MPD	15/10/2022 Limpopo Top 10 - High Schools
92	2:54.02	L	F	Damian Smith	18	FISH EDD	22/10/2022 EDEN 2nd A-League Gala 2022
93	2:59.16	L	F	Orestis Pavlou	18	TUKS FSH	24/02/2023 NTS February Lev 3+ Age Group Gala
94	3:01.46	L	F	Shawn Makhubu	18	SOWE JHB	2022 AG Swim Stars 14&Over
95	3:10.21	L	F	Pierre Lategan	18	WEST CPT	15/10/2022 CTA Qualifying Meet #6
96	3:13.83	L	F	Hendrik Van Der Merwe	18	KSC EZD	02/12/2022 Mpumalanga Championships 2022
97	3:15.04	L	F	Tinus Barnard	18	KTS	11/11/2022 UPINGTON CLUB GALA 2022
98	3:18.61	L	F	Zubair Gasant	18	MANT CPT	07/10/2022 41st Freda Barnard Invitational Gala
99	3:21.01	L	F	Jacobus Du Plessis	18	UPSK	11/11/2022 UPINGTON CLUB GALA 2022
100	3:36.39	L	F	Njabulo Cumbane	18	MP EZ	21/04/2023 SA Schools Swimming Championship
101	4:59.35	L	F	Kevin Van Rooyen	18	ESS EZD	02/12/2022 Mpumalanga Championships 2022
Men 400 IM							
1	4:40.49	L	F	Juan Boshoff	18	WCA CPT	12/04/2023 SA National Aquatic SNR-Champ 202
2	4:49.73	L	F	Johnathan Els	18	KZNA ETH	21/04/2023 SA Schools Swimming Championship
3	4:50.24	L	F	Sven Van der Linde	18	ASA ILD	25/11/2022 WSC & Seals Summer LC Champs 20
4	4:58.06	L	F	James Kewley	18	KLOO ETH	01/07/2022 Prestige Tournament 2022
5	5:04.62	L	F	Patrick Hepke	18	TUKS FSH	03/02/2023 NTS January Lev 3+ Age Group Gala :
6	5:08.08	L	F	Liam Le Gassick	18	BLSS MAN	03/10/2022 Sasolburg Swim Club Invitational Gala
7	5:12.89	L	F	Keeno Swarts	18	VINE CPT	25/06/2022 PEA Winter Gala 2022
8	5:16.21	L	F	Thomas Forbes	18	LALE CED	28/01/2023 Winelands SL Final
9	5:16.81	L	F	Shaun Thomas	18	CRSC JHB	01/12/2022 CGA LC Summer Championships Lev
10	5:19.40	L	F	Finn De Villiers	18	SEAL UMD	01/07/2022 Prestige Tournament 2022
11	5:24.13	L	F	Leslie Stevens	18	QUIC CPT	07/10/2022 41st Freda Barnard Invitational Gala
12	5:24.28	L	F	Antonie Pieterse	18	RFA FSH	28/10/2022 NTS October SARJ+ Age Group Gala
13	5:24.99	L	F	Suhail Gamielidien	18	AQDO CPT	24/09/2022 CTA Qualifying Meet #5
14	5:33.00	L	F	Benny LIU	18	BLSS MAN	03/10/2022 Sasolburg Swim Club Invitational Gala
15	5:33.46	L	F	Matthew Fouché	18	ETTN EKU	03/10/2022 Sasolburg Swim Club Invitational Gala
16	5:37.71	L	F	Benyamin Stander	18	QUIC CPT	24/09/2022 CTA Qualifying Meet #5
17	5:42.29	L	F	Emihl Rossouw	18	QUIC CPT	07/10/2022 41st Freda Barnard Invitational Gala
18	5:58.25	L	F	Rocco Gnudi	18	OLDE JHB	25/02/2023 CGA Level 3+ Last Chance gala
19	6:05.79	L	F	Stephanus Van Zyl	18	UPSK	07/12/2022 NCASA CHAMPS 2022